

# Mangalore

Organ of the Catholic Association of South Kanara

Pio Mall, Third Floor, Jail Road, Bejai, Mangalore 575 004 Ph: 0824-2491733

RNI No. - 3699/57

Regn No / MNG /130/ 2024-2026

Vol LXXXVIII No. 03

March 2024

Rs. 50



Mother Mary's unconditional YES epitomized womanhood at its best.....

The Mother of the son of God accompanied Him on his pilgrimage on earth and in His passion, death and resurrection!

# Sacred Treasures, Spiritual Delights



## JEROSA COMPANY

Opposite Milagres Church, Hampankatta, Mangaluru 575 001

☎ : 0824 2423870 / 2423871    ☎ : 97416 94527



# CATHOLIC ASSOCIATION OF SOUTH KANARA

Founded in 1914

(Regn. No. MNG/130/2024-2026)

## CATHOLIC ASSOCIATION OF SOUTH KANARA

Pio Mall, 3<sup>rd</sup> Floor,  
Jail Road, Bejai,  
Mangalore - 575 004  
Ph: 2491733, 4271733

### OFFICE BEARERS

#### *President*

**Capt. Vincent P. F. Pais**  
*vincent.pais@gmail.com*  
9343569302

#### *Vice Presidents*

**Dr Rohan Monis**  
**Archibald Menezes**

#### *Secretary*

**Dr Anand Pereira**

#### *Joint Secretary*

**Gulobi Fernandes**

#### *Treasurer*

**Norbert Shenoy**

### GOVERNING COUNCIL MEMBERS

Richard Rodrigues,  
Nayana Fernandes, Joan Lobo,  
Dr Libert Anil Gomes,  
Louis Pinto, Jeevan Saldanha,  
Ratna Pinto, Sharlet Pinto,  
Olivia Pereira, Vincent D'Souza,  
Eric Lobo, Dr Caren D'Souza,  
Trisha D'Souza, Marjorie Texeira,  
Stephen Mascarenhas,  
Ullhas Rasquinha,  
Mario Saldanha, Dr Derek Lobo

#### *Editor*

**Patricia Lobo**, 9986268404  
*derpatlobo@hotmail.com*

#### *Editorial Team*

Joan Lobo, Trisha D'Souza,  
Dr Anand Pereira,  
Stephen Mascarenhas

#### *Email*

*caskmangalore@yahoo.com*  
*caskmangaluru@gmail.com*

#### *Website*

*www.caskmangalore.org*

## INSIDE....

PAGE

### MARCH 2024

1. Editorial .....	4
2. President Speaks .....	5
3. He Hung on that tree tor me .....	7
4. New Life ... New Hope .....	10
5. IT's NO SACRIFICE AT ALL!! .....	13
6. Circular Agriculture .....	15
7. IS AGE JUST A NUMBER ?? .....	19
8. Vantara Animal Rescue & Rehabilitation Project .....	22
11. Special Attraction of Mangalore Fishing Harbour .....	25
12. Eulogy to Noreen Mendonca .....	26
14. Special Attraction of Mangalore Fishing Harbour .....	28
15. Fifty years in Mangaluru .....	29
16. 'Gandhi's Vital Pertinence in 21st Century .....	33
17. Points to Ponder, March 2024 .....	42
18. News & Notes .....	46
20. Obituaries .....	49

**"Mangalore" Published by Patricia F. Lobo for and on behalf of The Catholic Association of South Kanara from 3<sup>rd</sup> Floor, Pio Mall, Jail Road, Bejai, Mangalore - 575 004 and Printed by Fr. Maxim D'Silva at Assisi Press, Assisi Complex, Jail Road, Bejai, Mangalore - 575 004**  
**Editor : Patricia F. Lobo**

RNI No - 3699/57; Regn. No. MNG/130/2024-2026;  
Posted at Mangalore RMS on 11-03-2024



## EDITORIAL

We are well into the season of Lent. WE reproduce the poem titled "HE hung on that tree for me" by Kimberly D'Souza so that we can contemplate and reflect on the journey of Jesus to Mount Calvery part by part and prepare to welcome the Risen Lord.

IN addition, Veronica Shearer, and Trisha D'souza provide insights into this season of sacrifices, penance and prayers as we prepare to celebrate EASTER and welcome the Risen Lord.

We are pleased to publish the article by Prof.Sunney Tharappan in praise of our beloved "Mangalore". The sentiments expressed by Sunney are common to all persons from outside who have adopted Mangalore as their city.

3rd March is observed as World Wildlife Day. With several species of animals and birds extinguished each year, wildlife preservation becomes a goal for all of us. In this connection, the project "VANTARA" by the Reliance Industries & Reliance TRUST aimed at rescuing and rehabilitating wild animals over a 3,000 acre forest land in Jamnagar in Gujarat deserves our appreciation and gratitude. WE have a write-up on this project.

Dr Anand & Geeta Pereira enlighten us on the concept of 'Circular Agriculture' which should be adopted by all agriculturists to face climate change challenges.

We are pleased to reproduce the eloquent address of Retired Ambassador Allan Nazareth about the 'Vital Pertinence'of Mahatma Gandhi in this 21st century'. It is time the world and particularly India adopt the principles of Gandhiji in our governance.

8th December is International Women's Day. This year CASK has decided to celebrate the day with the inmates and care-takers of "Dev Kripa" the home for Women senior citizens - to boost their morale as women. I am sure they will remember this gesture by CASK.

**Until next time.....Patsy Lobo**



## THE PRESIDENT SPEAKS...

We are well into the Lenten Season, by the time this Magazine reaches you, you would have already decided which direction you want to go during this season.

Pope Francis says, do things in lent, which by observing will help your fellow human beings.

1. Fast from hurting words and say kind words
2. Fast from sadness and be filled with gratitude
3. Fast from anger and be filled with patience
4. Fast from pessimism and be filled with hope
5. Fast from worries and have trust in God
6. Fast from Complaints; contemplate on simplicity
7. Fast from pressure and be prayerful
8. Fast from bitterness; fill your hearts with joy
9. Fast from selfishness and be compassionate
10. Fast from grudges and be reconciled
11. Fast from words; be silent and listen

No matter how much time you spend fasting, sleeping on the hard floor etc., if it does no good to others, you are doing nothing great. “Our Pope is really very down to earth in his thinking and preaching. Whatever he preaches is easy to follow; with a little bit of sacrifice from our side we should be able to follow our faith according to the church’s teachings.

The War in Ukraine is still continuing even after two years. The destruction and loss of human life on both sides is mounting. In Gaza Strip the story is also pathetic. Let us earnestly during this Lenten season pray that the misery and suffering of the people in these countries comes to an end soon. Let us direct our penance and supplications towards these intentions.

International women's day will be celebrated all over the world on the 8<sup>th</sup> of March. It is important to remember the women in our life and the sacrifices they make for the sake of family and society. God in all his wisdom made woman as man's companion. There are still some elements in society who detest having a girl child.

Summer vacation for the children has started. Our children these days are subjected so much pressure and strain, the teachers and students really look forward to these breaks.

Although we have had good rains this past year, shortage of water is predicted during the peak summer months. With the world paying scant attention to the effects of Global warming, extreme weather conditions will prevail hereafter.

Bye for now till we meet again  
God bless you all

**God Bless.....Capt.Vincent Pais**

**PLEASE NOTE THE CASK UPDATED WEBSITE**  
**[www.caskmangalore.org](http://www.caskmangalore.org)**

## HE HUNG ON THAT TREE FOR ME

*Kimberly D'Souza*

There was a man who walked the earth,  
They say he was chosen,  
Since His birth.....Born of a virgin,  
He came from a carpenter's kin

At the age of 12 while on a pilgrimage,  
His earthly parents were distressed, for when they got home they  
realised, The one who God entrusted to them was misplaced!  
They ran helter-skelter to see where he got lost

Only to arrive at the temple  
Seeing Him teaching those who taught  
HE spoke with authority and performed many miracles,  
He claimed to be God's son

How many were there who made such mighty claims?  
I think there were none  
He claimed to be the 'Truth',  
Which brought Him scorn among the authorities

The thugs and brutes.  
He said He was the Way,  
The Way to heaven,  
To them he seemed blasphemous

And so they began to threaten  
He said he was the 'Life', But his Life was strife  
He knew His purpose  
It would, our understanding surpass

He was betrayed....Betrayed by his very own,  
The One's He called  
The Ones for whom he prepared a Home  
Betrayed with a kiss....The symbol of love,

Manipulated by evil,  
Led to the shedding of blood  
For 30 pieces of silver!  
A friend thought it was a treat  
Only to realise his greed and guilt and later

Throw it back at their feet  
The friend ran out of the city and hung himself on a tree  
The same kind of death, The man was soon to see  
Another said he loved him

For Him he'd lay down his life  
But he was the one who betrayed Him  
He realised when the cock crowed thrice  
He was stripped, beaten and held captive....As if he'd try to flee

But if He'd try to run away, well then what would become of me?  
He could commend the angels to lift Him up  
So that He would not hurt his foot against the stone  
But what would the world be without Him except broken, worn and torn.

He was made to carry the wood...Up to the hilltop  
Just like Isaac did as Abraham said  
But God told Abraham to stop  
Oh Yes, he was a king! And so they gave Him a crown

Not one of gold as He deserved but a crown of thorns  
One was forced to help Him carry the cross  
He looked into His eyes and realised that he himself was lost  
There was something about this man he thought

But he knew not what  
And so he decided to stay  
And watch what would happen any way  
There were some who came to help him up when he fell



One who wiped his face  
And his mother who stood by Him throughout... Who told Him, His place  
H was nailed to the tree, His hands stretched apart  
Something was about to happen for the sky was turning dark.

King of the Jews they wrote,  
On a piece of wood above His head  
And the very cross on which he died,  
Is the one now hanging on our walls

He was tired and in pain, He cried out in thirst  
The innocent for us was slain  
He knew He had to carry the curse  
AT the 6<sup>th</sup> hour HE cried out and gave up his spirit

He sky was dark, the veil torn  
The price was paid for free!  
What would become of merit?  
They wrapped up his body and placed it in a tomb

A tomb that was borrowed and rightfully so  
For not long would last the sorrow  
On the third day he rose  
And brought with him the key

Some believed when they were told  
Others demanded to see  
He paid the price... the price for my sin and  
brought me back to the father

He gave me my salvation  
For the God of the heavens stooped so low to save!  
For me his life he freely gave  
The God of the universe

**His name is jesus**

## NEW LIFE ... NEW HOPE

*Veronica Shearer*

*You will be like a watered garden, like a flowering spring whose waters never run dry." Isaiah 58:11*

May all our little crosses become little Easters – so said our parish priest and how right he was. But our crosses will turn into Easters only if we allow ourselves to be changed. In the UK there used to be four distinct seasons: summer, autumn, winter and spring but with the effects of climate change we can see flowers bloom even after a heavy snowfall. This Easter we too can be like the garden, flowering even in the deepest, darkest winter of life. I used to watch my husband digging the dry soil and turning it over to make it easier for the spring flowers to blossom. We too are dry earth. We want to stick to our way of life and not turn ourselves over for the better. Let us make a concerted effort this Easter in 2024 to change because if we don't transform, we will transmit our misery to others.

The Easter story is about **change** and **transformation**. It is about openness to receiving the seeds of grace which God is trying to plant in us. He is trying to water and nourish our dry souls but if we don't want to open up to change, His grace will fall on rocky soil. Resistance to change is the source of the negative thoughts that beset our minds. We so easily criticize others, find fault and feel angry and misunderstood instead of being open to changing our old beliefs, forgiving and moving on. Like a rose bud which opens as the light of the warm sun touches it, we too open up when the warmth and love of our neighbour touches our hearts. We too can be this ray of sunlight to refresh another and allow the spring of our love and kindness, our generosity and understanding, to rejuvenate all those whom we meet. A difficult task no doubt but worth it. The next time we see an open door, an empty cup waiting to receive a warm brew, books open for learning, open doors and windows let us stop and think how open was our inner life that day....how open was I to receive another's cry for

help or forgiveness....how open was I to change my old self. How open was I to swallow my pride, how open was I to be generous and charitable in my views about others, how open was I to forget my own problems and stop pitying myself but be a Simon of Cyrene for another?

Going back over the story of my life, I can very easily slip into self-pity. I am sure this will resonate with most of us. The times I didn't get to do what I wanted. The times I was challenged by people who quite rightly, disagreed with me. The times I was let down by a good friend or the times I was not included in get togethers or not chosen to take the main role in a play or didn't win a competition that I was certain I would. The bitterness I felt when I was ill-treated by those who I thought loved me, the phone calls I waited for but never came, the list is endless. Easter is the time for forgiveness. In the UK there have been many instances of 'restorative justice'. Restorative Justice offers an opportunity to talk about what happened, who has been affected (including you) and what should happen next. Many people who have committed crimes have things that they want to explain to the people who were hurt, and to try to make amends for their actions. Restorative Justice can help you to move forward with your life, and seek to put offending behaviour behind you. Forgiveness is therapeutic.

### **I would like to end with Joyce Rupp's poem:**

God of little buds just now wearing green sleeves,  
God of lilac limbs all full with signs of flowering,  
God of fields ploughed and black with turned-over earth,  
God of screeching baby bird mouths widely awaiting food,

God of openness, of life and of resurrection,  
Come into this Easter season and bless me.  
Look around the tight, dead spaces of my heart  
That still refuse to give you an entrance.

Bring your gentle but firm love.  
Begin to lift the layers of resistance  
That hang on tightly deep inside of me.

Open, one by one, those places in my life  
Where I refuse to be overcome by surprise,  
Open, one by one, those parts of my heart  
Where I fight the entrance of real growth.  
Open one by one, those aspects of my spirit  
Where my security struggles with the truth.

Keep me open to the different and the strange;  
Help me to accept the unusual and also the ordinary;  
Never allow me to tread on another's dreams  
by shutting them out, closing them up,  
By turning them off or pushing them away.

God of the resurrection, God of the living,  
Untomb and uncover all that needs to live in me.  
Take me to people, events, and situations  
And stretch me into much greater openness.

Open me. Open me. Open me.  
For it is only then that I will grow and change.  
For it is only then that I will be transformed.  
For it is only then that I will know how it is  
To be in the moment of rising from the dead.

May I take this opportunity to wish you a Happy Easter. May the  
Risen Lord help you to rise above all the hurt in your lives and make  
you a wonderful new YOU.

\*\*\*\*\*

## IT'S NO SACRIFICE AT ALL!!

*Trisha Lara D'souza*

The secret no one tells you is that there are numerous ways to make a sacrifice in the season of Lent.

The accepted sacrifice for Lent has mostly been abstinence that refrains from non-vegetarian food and alcoholic beverages. Over the years, life has evolved and with that so have our beliefs and notions. But why is it that most people give up with the thought that this is all that sacrifice is worth.

In my opinion, sacrifice is worth so much more. It can be giving up chocolate that you otherwise cannot resist, a television show that you cannot go a day without watching or even the action of giving up online shopping or unnecessary purchases.

I myself have chosen to abstain from online shopping for myself and it looks like I'll have to find an outfit for Easter the old fashioned way!

It is true that over time the number of persons who abstain has significantly decreased. But what is more relevant is the number of those who question any sacrifice at all. It's almost as if the traditional Lenten sacrifice has become somewhat of a means to show superiority over the other and show dominance over the religion.

It is said that sacrifice is a celebration of life. It surely can be as it provides a means of gratitude for all that we speak of and a surefire way to understand what life would be without.

I met a friend who emphatically said, 'Vegetarian for Lent? I'll definitely eat more chicken', while another said, 'A Priest himself told me that there is no need to be vegetarian.'

Well of course there isn't this sacrifice like a lot in life is choice. We choose to share in the divinity of this time; we choose to understand what it means to abstain. It all comes down to our minds, our health, our circumstances and most of all, our own mind,

There is no harm in abstaining from sacrifice itself if it feels like it serves no purpose but there definitely is harm in questioning another's sacrifice. In belittling a choice that is made by the goodness of your heart.

But those who make a sacrifice and choose to continue to practice hurting themselves and others after this Lenten period surely need not bother at all. This period in its spiritual design calls to question ill habits and mindless thoughts. It is a reminder of who we are without the superficial aspects of our lives.

**This Lent or the next, choose to make the odd sacrifice. To add a feather in your cap by gaining through the act of giving up. One that pulls out a better version of you, for yourself and for others.**

\*\*\*\*\*

## **GENTLE REMINDER**

**To all subscribers of 'Mangalore' in India and Abroad. Please renew your subscription to 'Mangalore'. The validity of your subscription is indicated on the postal slip on the back cover.**

***Cheque in favour of Catholic Association of South Kanara.  
NEFT transfer to Catholic Association of South Kanara Account  
No: 0046053000043007; IFSC: SIBL0000046  
South Indian Bank Ltd, Hampankatta, Mangalore.***

**After executing NEFT, please send an email to  
caskmangalore@yahoo.com giving details**

\*\*\*\*\*

**Donation to 'CASK Centenary Trust' can be made by Cheque favoring 'CASK Centenary Trust', or NEFT to A/C No – 0046073000061495, South Indian Bank, Hampankatta-Mangalore; IFSC-SIBL0000046.**

**We are grateful to all members who responded to our appeal to settle pending dues and further renew their subscriptions to the Mangalore Magazine.**

# INDIAN SHADE COFFEE AND SUSTAINABLE CIRCULAR AGRICULTURE

*Dr Anand & Dr Geeta Pereira*

Indian coffee plantations grow some of the world's finest quality Arabica and Robusta Coffee. In recent years a vast majority of coffee gardens are subjected to various stress factors due to the impact of climate change, global warming, and indiscriminate use of synthetic fertilizers, pesticides, and herbicides. Coffee cultivation has become a challenge, not only due to weather related issues, but also due to the unavailability of skilled labour, and on the other hand customers are demanding both socially and environmentally sustainable coffee's right at their door step. The humble coffee bean as well as 96% of small coffee farmer holdings in India are facing unprecedented challenges. This change is no ordinary. It is in fact ground breaking. The area of major concern is regarding Sustainability, especially when coffee growers world-wide face tough regulations in terms of chemical and chemical residue of many banned substances. The growth of agriculture has also been driven by more intensive use of chemical fertilizers and synthetic pesticides, which over time has eroded the quality of land for cultivation. Compounding this problem is the belief of the Coffee Planters that the resources inside the coffee ecosystem are infinite and can regenerate in the shortest possible time. This thinking is obsolete. We need a new awakening, a paradigm shift in leaving behind the linear economy and quickly adopting the circular economy, especially, with the world having breached five of nine "planetary boundaries" that measure environmental health. The way we live now is using 60% more resources than the earth can provide and creating too much waste. The way forward is Switching to a new concept called **sustainable circular agriculture** model. Regenerative agriculture helps to create a more holistic, sustainable, and productive farming system that benefits both the land and coffee farmers.

## **Circular economy principles**

- The first principle of the circular economy is to eliminate waste and pollution.
- The second principle of the circular economy is to circulate products and materials at their highest value.
- The third principle of the circular economy is to regenerate nature.

## **What is circular agriculture?**

The key to circular agriculture is related to the 3Rs (reduce, recycle, reuse).

Circular agriculture means that we keep the biological resources within the coffee ecosystem such as residuals of agricultural biomass (Coffee Pulp, Husk, Wood shavings, leaf litter, cattle dung, other wastes within the food system as renewable resources. Instead of continuously degrading nature, we build natural capital. Thereby we allow nature to rebuild soils and increase biodiversity, and return biological materials to the earth. By being much more conscious to the finite resources and recycling them into nutrient rich compounds through composting, a major part of the nutrients is met in house. This practice reduces the complete dependency on chemical-based fertilizers and helps maintain the ecological integrity of the farm. In short, circular agriculture focuses on using minimal amounts of external inputs, closing nutrients loops, regenerating soils, and minimizing the impact on the environment. In the circular economy model, materials are divided into two categories: technical and biological materials. Biological materials, like paddy straw residues, coffee husk, leaf-litter, poultry-cattle-sheep manure, can be returned to the biosphere and biodegrade over time to return energy rich nutrients to the environment. Biogas plants/Biodigesters can convert pulper waste into electricity and nutrient rich compost. The farm can achieve self-sufficiency through in-house resources or by pooling resources.

Technical materials must be designed to be durable and reusable or easily upgradeable. The idea is to repeatedly use it through the economy,



continually creating further value. To support this, technical products can be rented or leased through cooperatives or big firms, rather than owned, encouraging maintenance and repair, and discouraging disposal. For products where this is not possible, incentives can be created to ensure the return and reuse of the product at the end of its use life.

### **Different Types of Circular Agriculture Models**

Multi cropping in coffee through Agroforestry

Recycling of coffee wastes through Composting

Symbiosis through Crop Rotation

### **Achieving Sustainable Circular Agriculture**

Each Coffee Plantation is unique and different from the other in terms of location, topography, availability of water, type of soil, localised climate, livestock, visions and strategies. Understanding the context of Individual coffee plantations, means Sustainable Circular Agriculture can be implemented in line with individual farm operations.

Use of precision agriculture technologies through satellites, drones, sensors.

Use of Artificial Intelligence (AI), Big Data to help coffee Planters understand market dynamics, to get intelligence reports on demand and supply, Number of bags each country is producing, new areas of cultivation, expansion and models for future growth and production. and how much each country is producing.

Conversion of wastes into energy rich nutrients.eg. Coffee Husk to mushrooms. Piggery waste for aquaculture, molasses for ethanol production, etc.

### **Challenges**

Policy decisions that are not in tune with current trends.

Impact of climate change (Global warming)

Acute shortage of labour (Both skilled and unskilled)

Limits to Mechanization because of the forest factor

Access to resources

Expensive cost of certification

High Borrowing costs

Intellectual Property rights

Technical knowledge to implement technology

## **Conclusion**

Circularity is not a maiden concept in India. Our forefathers practiced it in letter and in spirit. In-fact it is intrinsic to the fabric of Indian Agriculture. However, with the winds of liberalisation, and high economic growth, the challenges of increasing yields at the cost of nature has escalated. The resources inside shade coffee are fast dwindling and the fertility status of the soil is rapidly declining due to a multitude of factors, some beyond the understanding of the farming community. In certain pockets the destruction of the ecology is irreparable and irreversible. At times we see negative environmental impacts. For many coffee planters, however, this is a question of need – rather than choice.

Another important aspect that needs to be addressed is that with the fourth wave of coffee, consuming countries in Europe and North America have benefited the most from the explosive economic growth of the coffee industry. However, the profits have not trickled down to the coffee Planters in third world countries. We ask all stake holders in the coffee Industry, particularly, the Roasters and Grinders, for a level playing field so that the enormous profits are shared with the coffee planters who painstakingly nurture their plantations in tune with nature.

## **References**

Anand T Pereira and Geeta N Pereira. 2009. Shade Grown Ecofriendly Indian Coffee. Volume-1.

\*\*\*\*\*

## IS AGE JUST A NUMBER ??

*Joan Lobo*

At a Womens Day outing recently, I found myself in the company of ladies I truly consider beautiful inside out. But while I expressed my admiration for them, they were actually dispirited about their aging looks as I was met with wry smiles and disbelieving eyes. Some were reluctant to even pose for a picture because they believed they were not photogenic anymore. Others feared they looked too old and grey. These women were only in their late fifties and I wondered if psychologically they had aged faster. One lady even voiced how important it was to bolster self-esteem as you age while another had already spent a fortune getting her teeth fixed, but a dentist's unthinking comment about her 'gummy' smile, had deterred her from flashing her beautiful pearly whites ever again. However, I firmly believe that true beauty is ageless and reflects substantially from within.

As women age they get concerned about their looks. And our youth obsessed culture often doesn't acknowledge the beauty of older women. We are sold anti-ageing products, encouraged to dye our hair and persuaded to invest in cosmetic surgery, to hide the fact that we are getting older. When I meet elderly ladies I often see them as charming and grace personified, the beauty in their crinkles as laughter lines, Dark spots that hint at a life lived in the sun, Grey and white hair shining bright that highlight the older skin tones, Inner beauty that make their eyes sparkle but every mark however tells a story that only they know.

Age is just a number is a statement that has been proven by people that radiate inner beauty time and again. Some people are old at 18 and some are young at 90. Time is a concept that humans create for themselves. When I turned 50, I entered a new age group that marketers love: "The Ageless. Almost overnight, people start calling you Aunty

and ‘Ma’am’ making assumptions about you , your tastes , and even looks. Welcome to the world of stereotypes I realised.

Society has some interesting double standards when it comes to women, age, and looks. If you look at women who have actually tried to be ‘ageless’ and fight the laws of gravity — think of 65-year-old Madonna — the media vilify them for their inappropriate looks and obsessive compulsion with Botox and plastic surgery. I want us to start celebrating the beauty that comes with age as we celebrate the beauty of youth. A tree is no less attractive in autumn than in spring, it’s just an evolved form of beauty. We don’t dismiss the coppery leaves of autumn in favour of spring blossom. Both are beautiful, just different.

And as I love every line on my face each telling a story, I wouldn’t be who I am without them. If we enjoyed doing something as a child but stopped somewhere, a time will come when we may fall in love with it again. So irrespective of time, we will have our own reasons to do it, love it, embrace it, no matter what people say. In fact, I think I’m happier in front of the mirror now than when I was in my 20’s when I would find more flaws. That’s the beauty of entering the ageless category.

We are fed with a narrative all our lives that youth is paramount and that we lose our looks and relevance as we age. Youth is not the only phase of life that matters, despite what we are encouraged to believe. And beauty is not reserved for the young. Championing ‘anti-ageing’ isn’t going to get us very far either. It happens, regardless of what we do, so why waste time, energy and money trying to hold back the inevitable? Probably its better to embrace it cos’ though I personally wouldn’t want to look younger, I still want to look good irrespective of my age .

In many cultures, the stories of our elders are the seeds of wisdom that help future generations blossom. Older adults are often willing to tell their stories but many of these tales are at risk of being forgotten. Its

time we started challenging the assumption that we get less beautiful as we age. Our beauty, like the rest of us, continues to evolve. Beauty lies in the eyes of the beholder and behold we see it each time we look in the mirror. The one thing that we can do though is age gracefully.

People who are getting older can always say that they are getting wiser too. By having the right attitude, you can either look at the downside of life or switch up the way you look at things and think of how much life is a gift that we are meant to enjoy and live to its fullest. When I look in the mirror, I still see someone young and there is no greater blessing than feeling and being young at heart. Though age is just a number, the experience is priceless.

I remember when I turned forty, I thought I was old. But now, I think forty is really young. I look at fifty or sixty and don't think it's old anymore either. It's all about how we look at things and our mindset moving forward. No matter your age, if you are still capable of doing the things you love to do and spending time with those you love you are forever young.

In my friends circle, when the first of us turned 60, there were plenty of jokes cracked at our expense. That's just how society is when someone hits that next big decade number. There are a lot of hilarious quotes about getting older. It's funny how just the idea of that number really messes with our heads.

By any chance are you permitting your age to hold you back? Do you allow a number to stop you from exploring? Have you started to feel invisible and irrelevant? It becomes a vicious cycle if you let it. Walk tall as an older, wiser, wonderful woman, and feel exuberant, lively and excited about your life. Don't let a number hold you back. We are definitely not women etched in stone. Live your life and forget your age. In the end, it's not the years in your life that count. It's life in your years".

\*\*\*\*\*

## VANTARA – WORLD’S LARGEST ANIMAL RESCUE & REHABILITATION PROJECT

Reliance Industries and Reliance Foundation recently announced the launch of their ‘**Vantara**’ (**Star of the Forest**) programme, an umbrella initiative to focus on rescue, treatment, care and rehabilitation of injured, abused and threatened animals, both in India and abroad.

Spread over 3,000 acres within the Green Belt of Reliance’s Jamnagar Refinery Complex in Gujarat, Vantara aims to be one of the leading contributors to conservation efforts globally. By working with leading experts in animal care and welfare, Vantara has converted a sprawling 3,000-acre space into a jungle-like environment that mimics the natural, enriching, lush and verdant habitat for the rescued species to thrive in.

The Vantara initiative, the first-of-its-kind in India, has been conceptualised and birthed under the passionate leadership of Anant Ambani, Director on the boards of RIL and Reliance Foundation. Ambani is also spearheading Reliance’s ambitious renewable energy business in Jamnagar, and, in that capacity, is responsible for leading Reliance’s journey to become a ‘Net Carbon Zero’ company by 2035.

Vantara is focused on creating best-in-class animal conservation and care practices, including state-of-the-art healthcare, hospitals, research and academic centres. Within its programmes, Vantara also focuses on integrating advanced research and collaboration with reputed international universities and organisations such as the International Union for Conservation of Nature (IUCN) and the World Wildlife Fund for Nature (WWF).

Over the last few years, the programme has rescued more than 200 elephants, and thousands of other animals, reptiles and birds from unsafe situations. It has undertaken initiatives in key species, including rhino, leopard and crocodile rehabilitation.

Of late, Vantara has also taken part in foreign rescue missions in countries such as Mexico, Venezuela, etc. It recently brought in several big animals answering a call from Central American zoo authorities.

All such rescue and rehabilitation missions are undertaken under strict legal and regulatory frameworks in India and internationally.

Speaking on the occasion, Anant Ambani said, “What started as a passion for me at a very young age has become a mission now with Vantara and our brilliant and committed team. We are focused on protecting critically endangered species native to India. We also want to restore vital habitats and address urgent threats to species and establish Vantara as a leading-edge conservation programme. We are delighted that our efforts have been recognised in India and internationally. Some of India’s and the world’s top zoological and medical experts have joined our mission and we have been blessed to receive active collaborations and guidance of government bodies, research and educational institutions. Vantara aims to partner with the Zoo Authority of India and other relevant government organisations in improving all the 150-plus zoos in India in terms of training, capacity building and animal care infrastructure. We hope Vantara becomes a beacon of hope globally and can showcase how a forward-thinking institution can help the global biodiversity conservation initiatives.”

Explaining the philosophy that inspired him to establish Vantara, Anant Ambani said: “Vantara is a combination of the age-old ethical value of compassion with the excellence of modern scientific and technological professionalism. I see Jeev Seva (animal care) as a seva towards the Almighty as well as humanity.”

Vantara has a centre for elephants and facilities for several other large and small species, including lions and tigers, crocodiles, leopards, etc. The Centre for Elephants at Vantara is spread over a large part of the 3,000 acre premises with state-of-the-art shelters, scientifically designed day-and-night enclosures, hydrotherapy pools, water bodies and a large elephant jacuzzi for treating arthritis in elephants. It is home to over 200 elephants who are cared for round-the-clock by a specialised and trained staff of over 500 people, including vets, biologists, pathologists, nutritionists and naturalists. The Elephant hospital, one of the largest in the world, fully equipped with portable

x-ray machines, laser machines for diverse treatments, a fully equipped pharmacy, a pathology for all diagnostic tests, an imported elephant restraining device for diagnosis, hydraulic pulleys and cranes, hydraulic surgical table and a hyperbaric oxygen chamber for the elephants. The hospital carries out cataract and endoscopic guided surgeries (with a first-of-its-kind specially designed endoscopy equipment) and is capable of executing any surgery necessary.

The Centre has a special kitchen of over 14,000-sqft dedicated to preparing a curated diet for each elephant, keeping in mind their most necessary physical needs, including their oral health.

The Centre also applies ayurveda techniques to care for the elephants, from application of hot oil massages to multani mitti, ayurveda practitioners also work round-the-clock for the elephants.

With a staff strength of about **2,100+**, the rescue and rehabilitation centre has rescued about **200 leopards** from all over India, which have suffered injuries in road accidents or man-wild conflicts. It has rescued over **1,000 crocodiles** from a severely overcrowded and congested facility in Tamil Nadu. It has rescued animals from hunting lodges in Africa, animals under threat of euthanasia in Slovakia, severely distressed animals from facilities in Mexico.

**Over 2,000+ animals across 43 species are under the care of the Rescue & Rehabilitation Centre.** For about 7 endangered species of Indian as well as foreign animals, the Centre has started conservation breeding programs with the objective of having a viable reserve population to repopulate the populations of endangered species in their native habitats to save them from extinction.

Today, the Vantara ecosystem has provided a new lease of life and hope to over 200 elephants, over 300 large felines such as leopards, tigers, lions, jaguars etc., over 300 herbivores such as deer and over 1,200 reptiles such as crocodiles, snakes and turtles.

\*\*\*\*\*



# Special Attraction of Mangalore Bunder Fishing Harbour



## FISHING PORT MANGALORE



# EULOGY TO NOREEN MENDONCA

Delivered by her husband Ronald Mendonca

My Dear Sisters and Brothers,

It's a JOYOUS day for ME today - no SADNESS, no DARKNESS, no REGRETS - just NATURAL TEARS for a truly joyful day BECAUSE it is a day to CELEBRATE NOREEN, my dearly BELOVED wife's 73 years, One month and 15 days of EARTHLY life.

49 years and 10 months and 17 days ago, NOREEN and I walked down the AISLE to the ALTAR of THIS St. Theresa's Church on Republic Day 1974 to make our MARRIAGE VOWS in the presence of God Almighty.



And that TIME, we knew for CERTAIN that our MARRIAGE would last UNTIL DEATH do us APART; but the QUESTION always WAS, WHO first?.

TODAY I know, GOD calls the BETTER one. She was GOD'S precious GIFT to me.

WE envisaged that Our Marriage Contract came with an extended and GUARANTEED Warranty, that if we passed the test on EARTH, A Mansion in GOD'S Kingdom was assured!.

NEVERTHELESS, considering our PRICELESS marriage BONDING, I'm sure, Noreen will find a way for me, someday to join HER in Heaven!

Noreen was SIMPLE, CARING, CHARITABLE with HUMILITY at her best. She considered RELATIVES, FRIENDS and OTHERS all, above her OWN SELF.

A very PRIVATE SPIRITUAL person with a STRONG FAITH and a HEART of UNMATCHED Gold. Her LOVE for CHURCH and RELIGIOUS was ADORABLE.

Her ROLE MODEL is JESUS and now she is HAPPY in her ETERNAL Abode with her Master JESUS. Mother Mary was also DEAREST to her.

Noreen did SUFFER during her TREATMENT but she ACCEPTED her suffering WITHOUT complaining and for the GREATER GLORY OF GOD.

She was COLOURFUL indeed and DISPLAYED loving qualities like the SPECTRUM of the RAINBOW. To me she is that colorful FLOWER, whose PETALS impart a lasting FRAGRANCE that will LINGER in our hearts FOREVER.

Often, I WONDER, how Noreen LOVED and TOLERATED me all through our wedded life in the SILENCE of her heart. Her DEVOTION to our Mariage was INCOMPREHENSIBLE, UNPRECEDENTED and NOBEL.

Surely, I'll MISS her around but will FIND her in EVERYTHING I do henceforth.

Noreen LEAVES a lot of SPECIAL memories for me to CHEER myself up till we REUNITE in CHRIST.

Noreen wanted me to TELL you that she has FORGIVEN EVERYONE and EXPECTS YOU to FORGIVE her too.

She JOINS me, to THANK each one of you present here and the CELEBRANTS around the ALTAR for all the GOODWILL you have shown her on EARTH; and she has DEPARTED with an ASSURANCE of her INTERCESSION for all of you.

CONDOLENCES are certainly NOT, repeat NOT welcome today at this MASS of THANKSGIVING and CELEBRATIONS of Noreen's LIFE.

I BELIEVE that her residence has PERMANENTLY moved to a better place in HEAVEN, AND it's no TURNING back!

HEARTY Congratulations NOREEN, you fulfilled GOD'S PLAN in YOU - you made it BEAUTIFULLY - and, that's the way I LIKE it!

FAREWELL my BELOVED Noreen, I'll CATCH up with you someday, for I KNOW I'll NEVER FIND ANOTHER YOU.

TODAY, I strongly BELIEVE that John Chapter 11, Verses 25 & 26 is FULFILLED in NOREEN.

MAY God BLESS US ALL.

### **RONNIE**

You will be like a watered garden, like a flowering spring whose waters never run dry." Isaiah 58:11



# Special Attraction of Mangalore Bunder Fishing Harbour



Photographs by : Arhantika Rebello

## FIFTY YEARS IN MANGALURU

*Professor Sunney Tharappan*

On July 6, 1970, I had a tryst with Mangaluru, it was Mangalore then, a place unknown to me till then. I came for a short stay of one year, Mangalore conquered me and I stayed back for the last fifty years - to sharpen my intelligence, to develop my personality, to socialise my moorings with others, to school my mind, to self-regulate my emotions and above all, to promote my concern for other beings. I applied for the post of faculty in the Department of English of St Aloysius College, the pioneering institution then, among the eight colleges that existed in Mangalore in those days. Keralite in origin, post-graduation from Vikram University, Bhopal, a failure in Civil Service Examinations, I carried with me a set of certificates from different institutions which satisfied the principal.

### **Tagore Park**



To introduce Mangalore, the best is to quote from what I wrote a quarter of a century earlier. For some publication of the Department of Tourism, Dakshina Kannada, Shalini Goel, IAS, the then Chief Secretary of the Zilla Panchayat, sent me a couple of pages for correction.

I phoned her and mentioned that what she had sent me was beyond correction. It was then that, rather reluctantly, she asked me whether I could write a piece as she had just a day to send the matter for printing. I wrote a piece on the city, which was included in the publication. I quote below a portion of what I wrote then which gives any reader a glimpse of this dear place Mangaluru.

Situated in the plains within the secure embrace of the Nethravathi and Gurpur rivers, built on several hills like Bavutagudda and Kadrigudda, godly bejewelled by traditional temples like Mangaladevi at Bolar, Sharavu Mahaganapathi at Hampankatta and



**Kadri Manjunatheshwara Temple**

Manjunatheshwara at Kadri, made divine, sharp in contrast in styles of structure, with several other places of worship like the Chapel of St. Aloysius at Light House Hill, the Church of the Lady of Miracles, Milagres at Hampankatta or the Juma Masjid at

Bunder, Mangaluru offers her guests many a resplendent charm.

From the hills one watches with serene pleasure the white foam layers of the waves that precede the friendship of the clouds and the spray at the farther skyline on the one side and on the other, layers of hillocks that tower one above the other. The tile-roofed houses that are shaded by the pliant arches of the coconut palms tell all about the exotic fragrance of curing cashews and coffee beans as they get mixed with the mundane smell of baking tiles. The tender coconuts arranged beside the footpath beam their smiles at every passer-by, the packed cashews in the shop racks and the dried arecanuts in bags at the markets are spectacles of local products that can compete only with the green openness of the paddy fields from where the local songs are heard and to which the Kambalas belong for their authentic and unique sporting.

The pleasant and peace-loving people of Mangaluru, the courage of Moghaveeras, who battle dare-devil with the sea, the firm resolve that is integrated into the Bunts, the skilled business deals of the Muslims, the



**Milagres Church**

legacy of craftsmanship of the Koragas, the charitable nature of the Christians, the simplicity of the Poojaris, the entrepreneurship of the Konkans, the intelligence of the Brahmins, the Tulu, the Konkani, the Mapila Malayalam, the Urdu, the Bovi and the Kannada; are all intertwined into the culture, lifestyles and heritage of the people of Mangaluru.

The city is so peaceful that a feminine charm securely passes through the streets even at night, without any fear of male disrespect; there is an atmosphere that does not resound the war cries with drawn daggers of the criminals, the hallmarks of developing cities; the Baank, the Bells and the Bhajans arouse the mood of brotherhood towards acceptance, the Byla and the Yakshagana synchronise with the Waltz and the Fox-trot towards a blend of the east and the west and it is a heaven where one enjoys the aroma of Kai Holige, Kane Masala, Ari Pather Erchi Curry, Dhali Thovai, Kori Roti or Sanna Sorpotel as Mangalorean hospitality rules supreme.

Now, after fifty years of stay in Mangaluru, I asked myself what attracted me most to stay back in and lay my life in the middle of it. The foremost that came to my mind is the qualities of the people of the place. Despite their hailing from different communities, they lived peacefully together. They interacted with each other with mutual respect and Mangaluru rarely saw communal riots. The cultural bonds were the symbol of promotion of each other's community. The quarter century of teaching that I did at my institution, till I left to become the Honorary Director of College for Leadership and HRD gave me different perspectives of the qualities of the youth which represented the culture of their parents.

There are manifold reasons for me to get connected to the people of Mangaluru and learn plenty from them. Establishment of Olavina Halli Rehabilitation Project in the mid seventies or a Snake Park at Kadri in the mid-eighties, work as secretary of South Canara College Teachers' Association, organising activities under the Youth Hostels' Association, membership of the Senate of Mangalore University by getting elected from the Graduates Constituency, membership of various committees formed by the district administration and membership of Karnataka Knowledge Commission for two terms, I have had manifold opportunities to get connected to the lives of the people of Mangaluru and enrich myself towards greater humane and human attitudes by mixing with the currents and crosscurrents of life and living that encircle us from time to time.

If someone asks me, where would I like to live if I have a rebirth and what would I like to do, I have no doubt about my answer. Undoubtedly, I don't believe in rebirth; all the same, if I am born again, I would like to live in Mangaluru and be with the people of Mangaluru. I don't want to be born in Mangaluru because I would not then be in a situation to be introduced to the qualities and values of the place, be surprised and delighted. Hence, I want to be born elsewhere and come to stay in Mangaluru and discover its greatness. As far as answering what I would do in my next birth, the answer is honestly simple. I would like to be a teacher again, may be, with a difference that it should be at a primary school in Mangaluru.



**Zeenath Baksh Masjid, Bunder**

Half a century is plenty of time to know something new and let me wish I will have plenty more to discover and make them coalesce with what I already have collected. After all, life is interesting when one is interested.

.....

*Prof Sunney Tharappan, is Director of College for Leadership and HRD, Mangaluru. He trains and writes and lives in Mangaluru. Email: tharappan@clhrd.ac.in*

\*\*\*\*\*

## THANK YOU

### DONATIONS TO CASK CENTENARY TRUST

1. Dr. Anand Titus Pereira- ₹.50,000/-Family Support project
2. Mrs. Geeta Pereira - ₹.50,000/-Family Support project
3. Mr. Ulhas Rasquinha - ₹.40,000/- Family Support project
4. Name withheld on request by the donor - ₹.10,000/- for Charitable Projects
5. Name withheld on request by the donor - ₹.10,000/- for Charitable Projects

### DONATIONS TO CASK

1. Mrs. Adeline D'Mello, Chennai - ₹. 3,800/- for Charitable Projects
2. Mrs. Cecilia Sreshta, ₹. 450/- for Charitable Projects



## **‘GANDHI’S VITAL PERTINENCE TO INDIA AND THE WORLD AT PRESENT’**

*Ambassador (Retd) P.A.Nazareth*

*(Valedictory address - the Second International Online Fellowship Program organized by Sevagram Ashram Pratishthan, MGM University, Gandhi International, France Academic University College for Non-violence & Human Rights-Lebanon on January 30, 2024).*

I am greatly honoured to be invited to deliver this valedictory address to this distinguished gathering. The title I have selected for it is : **GANDHI’S VITAL PERTINENCE TO INDIA AND THE WORLD AT PRESENT.**

Gandhi was born in the the 19<sup>th</sup> century. Most of his life and work was in the 20<sup>th</sup> century. So why is he of vital pertinence to India and the world at present ? The answer to this question lies in the history of the last 150 years.

The second half of the 19<sup>th</sup> century, with European powers dividing Africa & Asia among themselves, witnessed the subjugation, oppression and impoverishment of the peoples of these two ancient continents. Millions of them died, initially in battles of resistance and thereafter from famines & imported diseases.

The 20<sup>th</sup> century was the most blood stained in human history, with almost a 100 million people killed in two world wars, Hitler’s gas chambers, India’s partition, Korean, Arab –Israel, Iraq – Iran, US – Vietnam, Soviet – Afghan wars and national liberation struggles in Asia & Africa

The 20<sup>th</sup> century was also history’s most racist and revolutionary one. Racism was widespread in all European countries & empires as also in the USA. Fascist and Marxist revolutions occurred in Italy, Germany, Spain, Russia and China. The last two were particularly replete with violence in keeping with Lenin’s maxim that “Violence is the midwife of all old societies pregnant with new life”

Soon after the atom bomb drops on Hiroshima and Nagasaki Albert Einstein had ruefully observed : *“The unleashed power of the atom*

*has changed everything but our thinking; thus we are drifting toward a catastrophe beyond comparison. We shall require a new manner of thinking if mankind is to survive”.*

Gandhi’s great pertinence to India and the world is because in History’s bloodiest century, he enunciated this “*new manner of thinking*” and an effective praxis for arresting humanity’s drift to the “*catastrophe beyond comparison*” Einstein had spoken about.

What was this “*new manner of thinking*” ? Gandhi described it as follows : “*There is an indefinable mysterious power that pervades everything.....a living power that is changeless, that holds all together, that creates, dissolves and recreates. That Power is God... He who denies the existence of this Power denies to himself the use of inexhaustible power. Satyagraha is Soul Force pure and simple. It connotes the living Law of Life. This law will work, just as the law of gravitation will work, whether we accept it or not. In politics, its use is based on the immutable maxim that government of the people is possible only so long as they consent either consciously or unconsciously to be governed”.*

Gandhi’s praxis for the use of this “*inexhaustible power*” was to “*put one’s whole soul against the will of the tyrant*” and be assured that working under the law of our being, it is possible even for a single individual to defy the whole might of an unjust empire and lay the foundation for its fall or regeneration”

This amazing assertion of Gandhi was vindicated by developments in South Africa 1893 to 1915, in India 1917 to 1948, and in the world thereafter. The “Soul Force” struggles he conceptualized and fearlessly led ameliorated the political and social status of South African Indians and liberated India, the “*brightest jewel* in the British Crown” as Winston Churchill described it, from colonial bondage. He and his disciples then steered this highly feudal, deeply caste ridden, women suppressed, minimally enfranchised former colony into a secular democracy with universal adult franchise. This polity elected a woman prime minister and an “untouchable” president in the 19th & 50th year of its Independence. Since then it has also had two women Presidents, and a Sikh prime minister.

During the 1947 – 2000 period over 100 former European colonies in Asia & Africa attained independence; all Eastern European communist

dictatorships, and military regimes in the Phillipines, Argentina and Chile were overthrown and racial discrimination in the US, and Apartheid in South Africa were ended with “Soul Force” uprisings. Vaclav Havel, who had led Czechoslovakia’s successful Dec. 1989 uprising described it as the “*Power of the Powerless*”. It is now widely referred to as the “Velvet Revolution”. It is notable that all these “revolutions” took place after India’s independence, in the second half of the 20<sup>th</sup> century. Roger Markwick has written a book titled ‘From Violence to Velvet : A Century of Revolutions 1917 – 2017’

These velvet revolutions gave the US and South Africa their first Black presidents; Sri Lanka, Philippines and Chile their first women presidents and Bolivia its first indigenous Aymara president. brought down the Berlin Wall, reunified Germany, dissolved the Soviet Union and established democracies in most of its former states, many of which joined the European Union. These radical changes are the most sweeping democratization of national politics and international political geography in history.

Professor Johan Galtung of Uppsala University, has written “Gandhi was certainly a revolutionary, much more revolutionary than the piecemeal revolutionaries of Western civilization who triggered the Bourgeois, Socialist & Feminist revolutions. Gandhi revolutionized revolution itself.”

These spectacular changes which ‘Soul Force’ revolutions brought about in the second half of the 20<sup>th</sup> century, aroused high hopes worldwide that the 21<sup>st</sup> century would be blessed with peace, non violent conflict resolution & progress. The United Nations General Assembly fueled these hopes by declaring 2000 as the ‘International Year for the Culture of Peace’ and the 2001 – 2010 period as the International Decade for a Culture of Peace and Non-Violence’, and calling upon all UN Member States, Organizations and NGOs “to disseminate the message of non-violence by all possible means.”

Sadly these fond hopes have been grossly betrayed. both in India and the world, in the 21<sup>st</sup> century. In India, the Gandhi inspired 4-decades long nuclear disarmament policy “blew to smithereens”, with four nuclear bomb explosions. This peremptorily made South Asia, with its two nuclear armed neighbours in “eye ball to eye ball confrontation” with each other, the “most dangerous place on earth”.

The present government in India has been strenuously promoting 'Hindutva' ideology and the proposal of a 'Hindu Rashtra' in India. Both are contrary to India's secular, equal rights for all citizens, Constitution and also to Gandhi's following assertions :

*“Independent India as conceived by me will have all Indians belonging to different religions, living in perfect friendship” ;*

*“It would spell the ruin of both the Hindu religion and the majority community if the latter, in the intoxication of power, entertains the belief that it can crush the minority community and establish a purely Hindu Rashtra”.*

Gandhi's 'Talisman' of recalling “the face of the poorest and weakest man/woman and asking oneself whether the contemplated step will be of any use to him/her” has also been jettisoned. This New India has the highest number of unemployed in four decades and largest disparity between rich & poor.

All those Indians who have participated in this online webinar and other dedicated Gandhians need to make strenuous efforts to revive & promote Gandian ideals & strategies so as to stem India's steady movement towards fascism.

On the global stage also, humanity's fond hopes for a new century of peace, non violent conflict resolution & progress have been grossly betrayed by the cataclysmic “9/11” terrorist attack on the World Trade Centre in New York and the Pentagon in Washington in 2001 & USA's retaliatory wars against Afghanistan & Iraq in 2003. Equally cataclysmic is 9/11 ushering the ominous new era of “*asymmetric warfare*” in which the enemy is not a foreign army, navy or airforce but a handful of fearless & determined “non state” warriors with innovative strategies..

The 8 Saudi and 6 Egyptians who embarked on the 9 /11 terrorist attack are a good case study of “assymetric warriors” operate. They used US flying schools to learn how to fly, US aircraft, US gasoline and US airports to destroy two of its most iconic national assets in just one hour of a sunny September morning! None of USA's ultra hi-tech surveillance systems could detect or forestall this devastating attack.

In the two decades since 9/11, there have been terror attacks in London, Madrid, Bali, New Delhi, Mumbai, Moscow, Istanbul, Tel Aviv, Tokyo, Karachi, Lahore, Colombo, Kabul and Be'eri, Kfar Aza Kibbutz & the Re'im music festival in Southern Israel on October 7, 2023.

Israel has described this terrorist attack, in which 1139 of its civilians & soldiers were killed and about 250 civilians & soldiers & foreign nationals were taken hostage, as its 9/11. It has rightly done so for it has many similarities to the 2001 one both in its astounding surprise as also in its causes.

The underlying causes for the US 9/11 have been revealed by Samuel Huntington in his book 'The Clash of Civilizations – Remaking of the World Order'. *During the fifteen years between 1980 and 1995, the US engaged in 17 military operations in the Middle East, all of them directed against Muslim states. No comparable pattern of US military operations occurred against the people of any other civilization.*”

Since 1995, US and its allies, have devastated seven more Muslim countries – Afghanistan, Iraq, Libya, Yemen, Syria Lebanon and Palestine.

The underlying causes for Israel's Oct. 7 terrorist attack are diverse. The proximate causes have been meticulously documented by South Africa & submitted to International Court of Justice on December 27, 2024. They are primarily extreme oppression, deprivation of water, food & medicine & brutal, decimation of Palestinians by Israeli ultra-rightist wing Govt. in the last three years.

The long term causes go back to when Gandhi first articulated his concerns about Palestine being partitioned to create Israel, in 1938. He had then declared “*My sympathy for the Jews does not blind me to the requirements of Justice. It is wrong and inhuman to impose the Jews on the Arabs. The nobler course would be to insist on a just treatment of the Jews wherever they are born and bred. Every country is their home, including Palestine, not by aggression but by loving service...*”

Despite this, not only was Palestinian partitioned & Israel created, but soon thereafter the latter's leaders massacred many Palestinians and drove out almost 700,000 of them. They then began to populate the emptied lands with Jewish immigrants from all over the world but mainly from Eastern Europe & Russia. In order to safeguard its security it made preemptive strikes against Egypt and Syria in 1967, destroyed Iraq's Osirak Nuclear reactor in 1981, invaded and occupied southern Lebanon for 18 years and clandestinely armed itself with nuclear weapons, as was revealed in 1986 by its nuclear scientist Mordechai Vanunu.

Amnon Rubinstein has critiqued the *'God given land'* claim as *"a creation of the post independence period"* and urged humane treatment of the Palestinians in keeping with traditional Jewish values, and argued that since Jews today can *"flourish in non-Jewish countries without having to relinquish their Judaism"*, Israel should not deny to non-Jews similar rights and opportunities.

Prime Minister Yitzhak Rabin, initially a strong proponent of the *"Iron Wall"* approach, in his second term as Prime minister saw, as a pragmatic, former military general that Israel's security could only be ensured with a *"land for peace"* agreement with the Palestinians. He therefore negotiated secretly with Yasser Arafat, through intermediaries, at Oslo. The Norwegian government provided hospitality and ensured secrecy. These negotiations resulted in an Accord which was signed in Washington on 13 September 1993, by Mahmoud Abbas for PLO Foreign Minister Shimon Peres for Israel. Secretary of State Warren Christopher for USA and Foreign Minister Andrei Kozyrev for Russia, in the presence of PLO chairman Yasser Arafat, Israeli Prime Minister Yitzhak Rabin and US President Bill Clinton.

Along with this Accord both parties also signed Letters of Mutual Recognition – Israel recognizing the PLO as legitimate representative of the Palestinian people and the PLO recognizing Israel's right to exist and renouncing terrorism and other forms of violence against it.

The Accord was to lead within five years to a permanent settlement, based on UNSC Resolutions 242 and 338, with Israel and Palestine, living side by side in peace and mutual respect.

Sadly, on November 4, 1995, at a mass rally in Tel Aviv celebrating the Oslo Accord, Prime Minister was assassinated by a Zionist youth for “agreeing to give up God given land”. This was a great tragedy for Israel, Palestine, West Asia and the world.

Hard Line Likud Leader Benyamin Netanyahu, who had derided the Oslo Accord, won the 1996 election and derided it even more in subsequent three years. His successor. Labour leader Ehud Barak, resumed negotiations with Yasser Arafat, with President Clinton’s good offices at Camp David in July 2000 & at Taba, in January 2001. The joint statement issued thereafter stated that progress was made but more negotiations were needed. Sadly, Ariel Sharon who took over as Israel’s Prime Minister thereafter rejected all contact with Arafat, who ailing and isolated, died on November 11, 2004.

In March 2009 Prime Minister Benyamin Netanyahu became PM again and continued in that post for the next 14 years with only a brief 18 month break during the 2021- 2022 period. Each of his cabinets was more right wing than before.

Meanwhile, Hamas’ had won an impressive victory in Gaza in 2006 and broken away from Fatah, the Palestinian party which governed the West Bank. To further weaken Fatah, Netanyahu began to clandestinely assist Hamas on the one hand. and on the other resumed building the 700 kilometre (450 Mile) fifteen foot high (twice the height of the ‘Berlin Wall’ !) “security barrier”, which Ariel Sharon had commenced in 2002.

2015 onwards Netanyahu also installed “Iron Dome’ cyber security protection over Israel’s principal cities and proudly declared that he had not only made Israel impregnable secure but was also the only Israeli Prime Minister who could prevent a Palestinian state from being established. In an effort to ensure this he also presented an attractive mega development plan to Saudi Arabia and Gulf Arab countries which included the construction of a new canal through the Gulf of Eilat and bringing on stream new gas fields in the eastern Mediterranean despite these being within Gaza’s territorial waters. The USA supported him in all of this.

The stunning October 7 Hamas attack on three of Israel's southern communities which killed 1132 of its civilians & soldiers and took about 250 of them hostage, reduced all these grandiose plans to rubble almost as promptly as the World Trade Towers had collapsed 22 years earlier.

There have also been other stunning blows.

Despite its ceaseless bombing of the Gaza strip for over 100 days, in which most of its residential buildings, refugee camps, hospitals and even mosques & churches have destroyed, IDF has neither been able to destroy nor disarm Hamas. Early on New Year's day 2024 it fired 35 missiles at Tel Aviv !

By early January 2024 Israel was battling Hamas & Al Quds Brigade in Gaza, Hezbollah in Lebanon, Kataib Hezbollah in Iraq, & Houthis in Yemen. Because of all these attacks Israel has had to call up over 50,000 of its reservists from hi-tech jobs, and evacuate almost 100,000 civilians from border towns.

On January 4, 2024 the International Court of Justice ruled that the charge of genocide which South Africa had made against Israel was "prima facie plausible" and called upon Israel to report to it within 30 days on the corrective action taken by it.

Notwithstanding all the above adverse developments, and Israel's invasion of the Gaza strip despite its advice not to do so, the US continued to provide support. The vital question is why.

Israel having destroyed nearly all of Gaza's residential buildings refugee camps, hospitals, mosques & churches and killed over 25,000 Gazans millions of people worldwide and 153 countries at the UN General Assembly have called for an immediate ceasefire but US has continued to veto all ceasefire resolutions introduced in the UN Security Council.

In geology, tectonic plates move when great pressures build up on them. This also happens in geopolitics and appears to be happening now. Nearly all countries of the Global South have supported South



Africa's genocide charge against Israel. Its killing of over 25,000 civilians, two thirds of them women and children, has triggered a global outpouring of anger and revulsion against it and the countries supporting it. Mega pro-Palestine rallies have been held in US, European, Canadian & Australian cities of these countries. Also significant is that NATO is now openly split with US, UK, France & Germany on the one side & Turkey, Spain & Italy on the other. Nonetheless, even the former are declaring their support for the 'Two State Solution'. As Russia & China have been urging for the last many weeks, all the P5 are now agreed on this. Hopefully therefore this long awaited solution to this long festering imbroglio will soon be made a reality. The big question is what the relationship between the these two states will take. In breaking its Apartheid shackles South Africa has shown the way for this. Rather than setting out to settle scores with South Africa's whites for the many years on brutal oppression meted out to them they, in truly Gandhian spirit, stretched out their hand of friendship to them and created what Nelson Mandela described as a "Rainbow Nation". By doing so he converted what was the "Pariah country of the world" into the 'Conscience of Mankind'. Palestinians & Israelis have far better potential for doing this as Moslems & Jews lived & worked, harmoniously & fruitfully, for almost 800 years in Spain 710 – 1498 & for 400 years thereafter in the Ottoman Empire 1500 – 1920.

In the 'Force More Powerful' movie titled 'Freedom in our Life Time', the great brutalities of Apartheid South Africa and their determined struggle of its blacks for freedom led by Nelson Mandela, Desmond Tutu & others, are impactfully recorded. The link to this 30 minute film is : <https://www.youtube.com/watch?v=O4dDVeAU3u4>

**I shall conclude, keeping in focus the much brutalized Palestinians, with Mahatma Gandhi's inspiring words,:** "Whenever I despair, I recall that all through history, there have been tyrants and murderers; for a time, they seem invincible, but in the end, they always fall and truth and love prevails. Always."

\*\*\*\*\*

## POINTS TO PONDER, MARCH 2024

*Norbert Shenoy*

### **Budget 2024-25 – Prospects & Pockets of Anxiety**

Given that the general elections were round the corner, it was expected to be a Vote On Account, but eventually it turned out to be more than an interim budget. Budget 2024 -25 is distinguished by the following features:

1. Fiscal Prudence
2. Absence of Populist Flourishes Even in an Election Year
3. Quality of Expenditure
4. Walking the Talk on Environment (at least to some extent)

**Fiscal Prudence:** While the fiscal deficit in the revised budget estimates for FY24 came in at 5.8% of the GDP against the projected 5.9%, for FY 25 it is pegged at 5.1% and FY 26 at 4.5%. This will be quite an achievement. The question is how credible is this claim. The underlying assumptions, however, lend credence to the 5.1% deficit figure. A tax growth of 12% is assumed based on a nominal GDP growth of 10.5% and a tax buoyancy of 1.2. The CSO, RBI and the IMF are in agreement on the real GDP growth for India being in the vicinity of 7% for FY 25. Hence a GDP deflator (implicit inflation) of 3.5% looks quite conservative and going by the past, tax buoyancy of 1.2% appears very much achievable. Coupled with limiting the growth in revenue expenditure to 6% (it was 11% during 2020 – 24) and eschewing populist sops, deficit of 5.1% of GDP does appear realistic.

And this achievement hasn't come any time soon. In June this year JP Morgan and Bloomberg Emerging Market indices are scheduled to include specified Indian government bonds. This development, while promoting foreign participation in Indian debt market, comes with the

prospect of increased scrutiny by foreign investors of the deficit levels of the Indian government. Unbridled fiscal deficits can certainly tempt bond vigilantes to have a run on the bond markets, undermining both fiscal and monetary policies of the country. The government choosing to tread the path of fiscal rectitude makes this possibility less likely.

No wonder the bond markets celebrated the budget day with a fall in yield of 10 year G-Sec by 10 basis points. Experts estimate that the inclusion of Indian bonds in the above indices is likely to result in an inflow of US \$30 to 40 billion. This is estimated to further depress yields by 20 to 30 basis points. As of mid January 2024, scheduled commercial banks were holding government securities worth around Rs 61.5 thousand crores. A fall of 35 basis points would result in treasury profits of around Rs 3000 crores for the banks, without adjusting for the duration of their debt portfolio or HTM (Held to Maturity) and AFS (Available for Sale) portions. Since bulk of these profits are expected to accrue to the PSU banks, one can appreciate why SBI along with other PSU banks is having a good run in the stock markets since the budget.

**Quality of Expenditure:** So are our public finances in fine fettle? Far from it. Granular analysis points out to pockets of anxiety. On the face of it the quality of expenditure seems to be improving with capital outlay increasing by 17% to over Rs 11 lac crores accounting for 22% of the total budget of about Rs 48 lac crores. Outlay on infrastructure helps accelerate GDP growth over long term and contain both fiscal and current account deficits if there is no leakage of such outlays. But at the prevailing state of our fisc, government spending on infrastructure has already run into fiscal wall. Despite salutary decline in deficits, the absolute level of debt pile is steadily increasing with interest payments on accumulated debt taking nearly 25% of the budget,

preempting fiscal space for further spending on infrastructure. Even at the current elevated level of capital outlay, public sector (including outlay by States), accounts for only about 17% of the total investment in the economy, with corporate and household sectors accounting for 87%. It is in this context, Finance Secretary Mr. Somanathan's statement that government investment is no substitute for investment by private sector, acquires significance. Over the last few years aggregate level of investment in the economy as a percentage of GDP has come down and at present is at 30% of GDP. If we aspire to shift from current GDP growth of around 6% to 7% plus, we need to increase investment level from 30 to 35% given that the incremental capital output ratio is 5. This certainly is a tall task given the twin challenges posed by prevailing interest burden and the demand constraint that the household sector is facing. The investment by the household sector is estimated on a residual basis after accounting for gross fixed capital formation in the public and corporate sectors. Investment by household sector in 2013-14 which was at 42.6% of the total was down to 39.5% in 2021-22. It is important to note that household sector comprises informal sector covering unregistered small and micro enterprises(SMEs) and proprietary firms. So even as officials keep claiming uptick in investment activity in the listed corporate space, there is pain, albeit hidden, in the informal sector because of loss of employment and income accentuated by inflation. This has adversely affected demand for goods and services of mass consumption which has slowed down capacity expansion in the corporate sector. The affluent sections of the society are able and willing to spend on domestic and imported luxury goods. This can be seen in the spike in demand for luxury houses while that for affordable housing remaining sluggish despite government incentives, or in sale of luxury cars taking off, even as demand for entry level two wheelers remaining flat or declining. So it appears that demand constraint will emerge as a major challenge in budget management going forward.

**Environment:** Budget 24 has quite a few measures to mitigate climate crisis, like viability gap funding for harnessing offshore wind energy, “gasification” of the economy, rooftop solarisation, among others. The proposal to cover one crore households under rooftop solarisation programme with an outlay of Rs 75000 crores spread over the next five years deserves special mention. The solarisation route to providing 300 units of free electricity is an innovative and superior approach as compared to offering populist sops like free power. This is in keeping with the government attempt to shift more and more people from what is called “dependency nexus” driven by patronage politics to empowerment of those who are relatively disadvantaged. This is seen in its focus on creating entrepreneurs through skilling initiatives, direct benefit transfers, credit guarantee schemes, facilitating time bound settlement SME dues, setting up a fund of Rs 1 lac crores to provide long term soft loans to start-ups in IT and other sectors, etc. This seems to be the government’s unstated approach to the unacknowledged problem of unemployment. This subtle but paradigm shift deserves appreciation. The results may be slow in coming, but when they do, they are likely to be more effective and longer lasting.

But the walk on environment is far from complete. The push for solar and wind energy, gasification of the economy, EV ecosystem along with other technological solutions to cope with climate crisis are positive initiatives. But the record of the government in protecting forests, preserving biodiversity, conserving energy and incentivizing life style changes is dismal if not deeply disturbing. In fact, an urgent and radical shift is required from development centric to environment centric budget making before development is rendered meaningless in the face of environmental collapse.

\*\*\*\*\*

## NEWS & NOTES

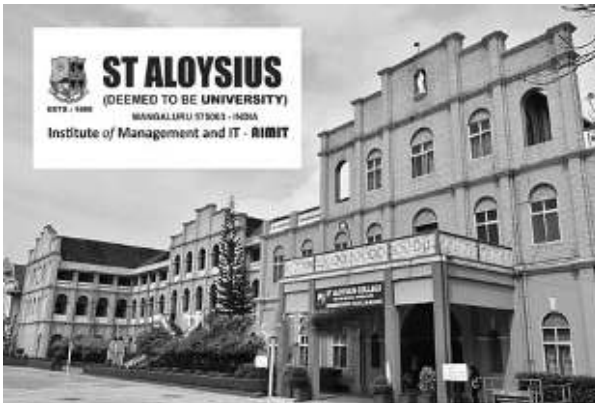
### KARNATAKA GOVT ALLOTS RS.200 CRORES TO CHRISTIAN DEVELOPMENT CORPORATION

Karnataka Chief Minister Siddaramaiah has announced an allocation of **Rs 200 crore** for the development of the Christian community in the 2024-2025 budget he presented in the Karnataka Assembly recently.

WE hope this amount will be utilised for the development of the community in general – housing for the poor, scholarships for higher education etc and not for infra-structure in Churches as in the past.

\*\*\*\*\*

### ST ALOYSIUS DEEMED TO BE UNIVERSITY DEDICATED



A thanksgiving mass in honour of St Aloysius College-Mangalore being accorded the ‘Deemed to be University status was held on 28th February 2024 in

the grounds in front of the main college building. The Bishop of Mangalore Most Rev Peter Paul Saldanha officiated as the main celebrant at the mass along with Rev Fr Dionysius Vas sj, Chancellor of the University and Rev Dr Praveen Martis sj, Vice-Chancellor Incharge.

\*\*\*\*\*

## **ANIL JOHN SEQUEIRA BECOMES YOUNGEST CIVIL JUDGE IN KARNATAKA AT AGE OF 25**

In a spectacular achievement, Anil John Sequeira, from Borimar in Bantwal taluk, has successfully cleared the Karnataka Civil Judge Examination 2023, having passed the Prelims, Mains, and the interview at the young age of 25. This makes him the youngest Civil Judge (Judicial Magistrate) in the state of Karnataka.



Anil, a BBA, LLB graduate from SDM Law College, Mangaluru, has consistently demonstrated academic excellence throughout his educational journey. He began his education at St Joseph Higher Primary School in Borimar, followed by Karnataka High School in Mani for his high school studies. His pre-university education was completed at St Philomena P. U College, Puttur.

The young achiever has been an active member of the Mangalore Bar Association, where he has been practicing as a civil lawyer alongside legal professionals Deepak D'Souza and Naveen S Pais.

Anil's journey to success reflects not only his academic prowess but also his active involvement in various leadership roles. He was the School Leader during his high school years, showcasing early leadership qualities. .

In his college years at SDM Law College, Anil continued his leadership roles, serving as the class representative for two consecutive years. He also played a crucial role as the coordinator of the Library Advisory Committee during his time at the law college.

Apart from his academic and professional achievements, Anil Sequeira served as the President of ICYM (Indian Catholic Youth Movement) of Mangalore Diocese in the year 2022.

Anil's success in clearing the Karnataka Civil Judge Examination in his second attempt at the age of 25 is a testament to his dedication, perseverance, and passion for the legal profession. His journey serves as an inspiration for aspiring legal professionals, especially in the Mangaluru region.

***CASK Congratulates Anil Sequeira on his achievement and Wishes him a bright future***

# CANADA HALTON REGION APPOINTS NEW HEALTH COMMISSIONER MANGALOREAN DR DEEPIKA LOBO



There's a new face at the helm of Halton Public Health, Dr Deepika Lobo from our very own coastal city of Mangalore. Halton Regional Council has announced the appointment of Dr Deepika Lobo as Halton Region's next Commissioner of Health and Medical Officer of Health (MOH). The position puts Dr Deepika Lobo in charge of public health and paramedic services in the

region, overseeing a budget of more than \$100 million.

Dr Deepika has served as an associate medical officer of health since joining Halton Region in 2019 and has been acting commissioner of health since September 2023. Dr Deepika completed her residency in public health and preventive medicine through the DeGroote School of Medicine at McMaster University and is a fellow with the Royal College of Physicians and Surgeons of Canada. After completing initial schooling at St Mary's School, Marjil, Mangalore, Deepika obtained her doctor of medicine from Kasturba Medical College, Manipal University of India. She has master's degrees in public health and business administration from McMaster.

Dr Deepika won the prestigious Allan J Greve gold medal award in 2013 for achieving the highest academic standing during the MBA in health services management at DeGroote School of Business, McMaster University in Canada.

Dr Deepika's passion and dedication is what makes her to this exemplary accomplishment in reaching such a high level in her professional career in Canada. A proud daughter of Denis and Dorothy Rodrigues Mangalore, sibling to Dilraj and Dikshith, spouse to Ravi Kiran Lobo and has two sons, Raygan and Rohan Lobo.

***CASK Congratulates Dr Deepika on her prestigious appointment and Wishes her further success. Congratulations also to her parents Denis and Dora Rodrigues - CASK Members***

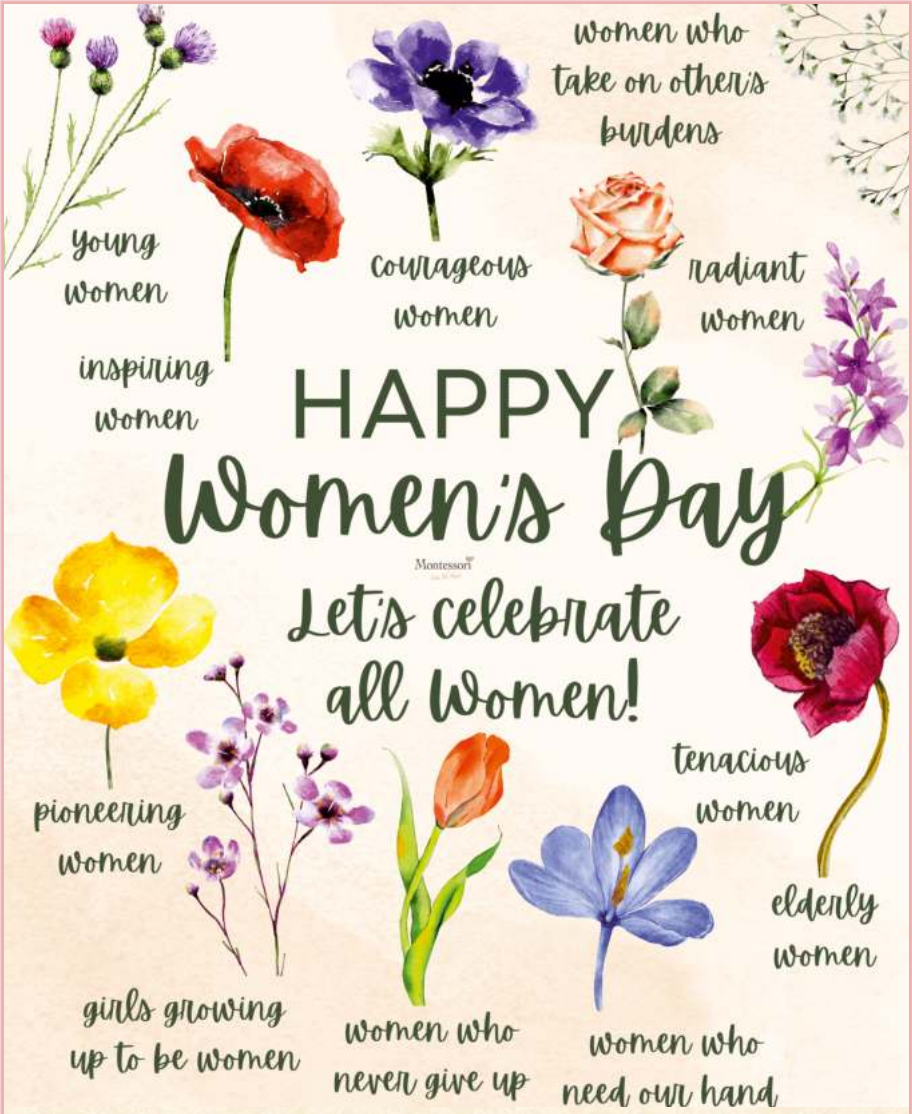


## OBITUARIES - JANUARY -FEBRUARY 2024

**CASK offers its sincere condolences to the families of the following members of our community, who passed away recently:**

- ❖ Cecilia D’Cunha(95), Ajelore, wife of the late Cyprian D’Cunha, mother of the late Robert/Hazel; the late Philomena/the late Wilfred Monteiro; Nelly/Leo D’Souza; the late Joslin; Raphael/Leena and Norbert/Sujatha; on January 23, 2024.
- ❖ Clifford William Carvalho (84), Bangalore, husband of the late Nancy Carvalho, father of Alan/Manila, Doris and Brian/Karen, on January 24, 2024.
- ❖ Melwyn Rasquinha (66), Vamanjoor, son of the late Thomas Rasquinha and the late Carmine Rasquinha, brother of Franky, Olwyn, the late Walter, the late Richard, Ronald, Ivan and Elveera, on January 28, 2024.
- ❖ Lucy Saldanha (92), Bejai, wife of the late Gratian Joseph Saldanha, mother of Prescy/Olvin Dsouza, Jessy/Late Paul Fernandes, Gracy/Sachidananda Shetty, Nancy/Gilbert Vas, Mercy/Denzil Concesso, Daisy/William Dsouza, Oswald/Janet Saldanha, Maxim/Gretta Saldanha (Udupi), Patcy/Suresh Lasrado on January 29, 2024.
- ❖ Winston Xavier Noronha (74), Mumbai, (Ex. Bank of Baroda,), husband of Flora Noronha Picardo–Barkur, brother of Leena, Polycarp and Susan, father of Sherna/Dilip, Aaron/Anju, on January 28, 2024.
- ❖ Steevan Claudy S D’Souza (63), Bendore, son of the late Joseph D’Souza and the late Marceline D’Souza, husband of Mabel D’Souza (nee Mascarenhas), father of Dillon D’Souza and Sharon D’Souza, on January 30, 2024.
- ❖ Vincent D’Souza (54), Omzoor, son of the late Jerome D’Souza & the late Cecil D’Souza, husband of Prithi D’Souza, father of Prathvi Vikyath D’Souza, on January 28, 2024.
- ❖ Agnes Rodrigues (77) Lower Bendore (retired Headmistress, Govt School), wife of the late Lawrence Rodrigues, mother of Enita/Noel Rodrigues, Brian/Oddette Rodrigues and Lonet/Rovan D’Souza, on January 30, 2024.
- ❖ Sr M Patrina BS nee Jessie D’Mello (75) of Bethany Congregation, Mangalore, on January 30, 2024

- ❖ Salvador Nazareth (79), Udupi, husband of Helen Nazareth, father of Maxim/Clara, Babitha/Edward Misquith, Sabitha/Vincent Pereira and Saritha/Francis Rodrigues, on January 29, 2024.
- ❖ Sr M Leonilla D'Souza SRA (79), Vamanjoor, Sacred Heart Church, Kolalgiri, on January 31, 2024.
- ❖ Vincent Thomas Pinto (70), Ashoknagar, Mangalore, husband of the late Lilly pinto, father of Laveena D'Souza, father-in-law of Varun D'Souza, on February 1, 2024.
- ❖ Maria Philomena Menezes (81), Morgans Gate, daughter of the late Peter D'Mello and the late Isabella D'Mello, wife of the late George Peter Menezes, mother of Dr Savio Mario Menezes, on February 2, 2024.
- ❖ Thomas D'Souza (70), Bajjodi, husband of Alice D'Souza, father of Ashley D'Souza and Sweety D'Souza, father-in-law of Sushma Sequeira and Canute D'Souza, on February 3, 2024.
- ❖ Vivian Mascarenhas (46), Bajal, son of Valerian Mascarenhas and Christina Clotilda Mascarenhas, on February 2, 2024.
- ❖ Gregory Valerine Lobo (87), Valencia, husband of Doreen Lobo, father of Vanitha/Charles D'Souza, Michael/Vilintina Lobo, Vidya/Oliver Sequeira and Vinil/ the late Geetika Lobo, on February 3, 2024.
- ❖ Cyril D'Souza (92), Kinnigoli, husband of Asha D'Souza, father of Pascal/Gretta D'Souza, Maria/Valerian Tauro, Irene/Silvan Sequeira, Gracy/the late John D'Mello, Ida/Ronald Pais, Anil/Sherin D'Souza and Ullas/Roshni D'Souza, on February 3, 2024.
- ❖ Albert Piedade Lobo (Bertie) (83), Kulshekar, Mangalore, husband of Joyce Sequeira, Puttur, father of Sonia/Vijay D'Souza and Alan Lobo/ Anita Patrao, on February 4, 2024.
- ❖ Sr Letitia Fernandes UFS (83), Deralakatte on Tuesday, February 6, 2024
- ❖ Sr Vincenza Lewis (84) Jeppu, Sisters of Charity (SCCG) Mangalore Province, sister of Sr Bartholomea Lewis, passed away on February 6, 2024.
- ❖ Ladislaus (Ladi) Rasquinha (74) USA, Originally Cordel Mangalore, husband of Leena Rasquinha, father of Ladlene/Christopher and Luella/Cary, brother of the late Emilia /the late Francis D'Souza, the late Isaac/Rosie, Celine /the late Lawrence D'Silva, Monica/Albert Cornelio, Gracy (Sr Nazarene), the late Harry/Cindyann, Vida/the late Mathew Miranda, and Avil /Mariett, on February 5, 2024.
- ❖ Lynette D'Souza (81), Milagres, wife of the late Archibald D'Souza, mother of Arun/Pratibha, Anil and Zeeta/Ludger, on February 28, 2024.



women who  
take on other's  
burdens

young  
women

courageous  
women

radiant  
women

inspiring  
women

# HAPPY Women's Day

Montessori

Let's celebrate  
all women!

pioneering  
women

tenacious  
women

elderly  
women

girls growing  
up to be women

women who  
never give up

women who  
need our hand





# **WORLD WILDLIFE DAY**

## **3 MARCH**



The Secretariat of the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES) has announced the theme of the United Nations World Wildlife Day 2024 (#WWD2024): “Connecting People and Planet: Exploring Digital Innovation in Wildlife Conservation.”

**If not delivered, please return to: Catholic Association of South Kanara,  
Pio Mall, Third Floor, Jail Road, Bejai, Mangalore 575 004**

**“Mangalore” Published by Patricia Lobo for CASK  
from 3rd floor, Pio Mall, Bejai, Mangalore 575 004 & printed by Fr Maxim D'Silva  
at Assisi Press, Assisi Complex, Jail Road, Bejai, Mangalore 575 004  
Editor : Patricia F. Lobo, Posted at Mangalore RMS on 11-03-2024  
RNI No.-3699/57;Regn No / MNG /130/ 2024-2026**