

Mangalore

Organ of the Catholic Association of South Kanara

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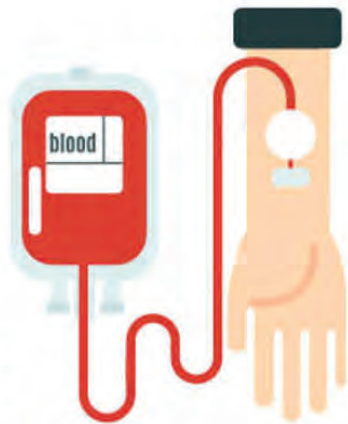
June 14

World Blood Donor Day

Blood donation costs you nothing, but it can mean a lot to someone in need. Donate blood today so that no one ever has to suffer from a lack of blood.



**INDIA
NEEDS
MORE
BLOOD
DONORS**



**INDIA FACES SHORTAGE OF
1.95 MILLION UNITS OF BLOOD PER YEAR**

12

JUNE
2023

World day against
Child Labour



STOP
CHILD
LABOUR

SMALL HANDS CAN HANDLE
A PEN BETTER. LEND YOUR SUPPORT
TO ABOLISH CHILD LABOR &
PROVIDE EDUCATION TO ALL CHILDREN.



CATHOLIC ASSOCIATION OF SOUTH KANARA

Founded in 1914

(Regn. No. MNG/130/2021-2023)

CATHOLIC ASSOCIATION OF SOUTH KANARA

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EDITORIAL

5 June is observed as ‘World Day Against Child Labour’. According to a Campaign Against Child Labour (CAC) study, India has **1,26,66,377** child labourers of which Uttar Pradesh has 19,27,997 child labourers. It is most unfortunate that the problem of Child Labour continues in India even in this 21st century. I hope the Central and State Governments evolve policies and strategies to end this menace and ensure that these children get the benefit of schooling.

14 June is observed as World Blood Donor Day. In spite of having the largest ‘Young’ population in the world, India has a shortfall of blood. As of 2022, the annual shortage of blood is estimated at one million units. Promotion of Blood Donation is one of the prominent programmes of CASK, along with organ and whole body cadaveric donations. All young and healthy people—please donate blood at least once a year.

During the month of May, two valuable facilities established by members of the Catholic community were inaugurated in our DK district. The Susheg Neuro-care Centre at Ganjimut under the Susheg Trust of Dr Lavina Noronha for care of those suffering from Alzheimer’s Disease was inaugurated on 13th May. The Rehabilitation facility for the victims of substance abuse under Ian Cares Foundation established by Hemacharya (Stephen Mascarenhas) at Kinnigoly was inaugurated on 28th May along with a workshop on “Freedom from drinks, drugs and depression”. We congratulate Dr Lavina Noronha and Hemacharya and wish them every success.

On the CASK front, we had a very successful Teacher Enrichment Programme at St Aloysius Gonzaga School on 26th May for 65 teachers and at Milagres Central School on 29th May for 20 teachers. The feedback of the teachers of both schools was heartwarming. We thank all the resource persons for their time and valuable contributions. Let’s try and get more schools involved.

Many of the readers of “Mangalore” would have received a reminder letter from the CASK President, requesting you to settle

pending subscription dues and further renew your subscription. We request you to respond positively and thereby support the magazine which has a record of 97 years of uninterrupted publication.

We have many interesting articles including a highly enlightening article on Artificial Intelligence (AI) by Norbert Shenoy... Happy reading.

Until next time.....Patsy Lobo

WELCOME TO NEW LIFE MEMBERS OF CASK	
Goa	16 Mr. Wilfred Noronha
1 Mrs. Vinita Maria Gama	17 Ms. Shanthi Pereira
Rose Mathias	18 Mr. Sunil Rufus John Gonsalves
	19 Mr. Gaver Savio Lobo
Mumbai	20 Mr. Praveen Leonard Pinto
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	29 Mrs. Supriya Pinto
Mangalore	30 Mrs. Evita Mendonca
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7 Mrs. Lyra Philomena Pinto	(Moodbidri)
8 Mr. Neil Goveas	
9 Mr. Melvyn Eugene Rodrigues	Udupi
10 Mr. Daniel Marsh Pereira	32 Mr. Gerald Peter Cabral
11 Mr. Gerald Thomnas Pais	33 Dr. Eugene Dsouza
12 Mr. Godwin Dsouza	34 Mr. Rajesh Coelho (Karkala)
13 Mr. Vincent Cutinha	35 Mr. Rafael Praveen Coelho
14 Mrs. Asha Anitha Dsouza	(Karkala)
15 Mr. Bradley Kiran Noronha	



THE PRESIDENT SPEAKS...

The month of June is here and we are halfway through the year. When we talk about June, it spells rains. But this year the monsoon is delayed; schools have re-opened after a long summer holiday. But the heat is unbearable and water needs are enormous. Metrological department predicts, that the monsoon may be delayed but maybe normal this year.

At CASK, we are getting ready to distribute scholarships to the needy students which is our annual exercise. Applications are being accepted from the students of various institutions, schools and colleges and the response is good. We offer two types of scholarships: (1) COVID support scholarship and (2) Annual Financial situation based scholarship. The criteria required are clearly mentioned in the application form.

The month of June is also dedicated to the Sacred Heart of Jesus. The church calendar mentions many solemn celebrations this month - Feast of the Holy Trinity-4 June; Feast of Corpus Christi-11 June; Feast of the Sacred Heart of Jesus-16 June; Feast of Immaculate Heart of Mary-17 June.

We conducted two Teacher Enrichment Programs (TEP) in May (1) at St. Aloysius Gonzaga School on 26 May where 65 teachers participated and benefited from the programme; (2) at Milagres CBSE School on the 29 May which 20 teachers attended. This just shows that the educational institutions in Mangalore are keen on improving the standard of teaching.

The Governing Council/ Editorial team of Mangalore Magazine strive hard to serve society. I further feel it is appropriate to mention the enormous effort and special role played by Dr. Derek and Patsy Lobo in this endeavor. They put their heart and soul in the functioning of CASK activities and the “*Mangalore*” Magazine.

As per our records, there are some members whose subscriptions to “*Mangalore*” Magazine are pending; we have sent reminder letters to them to settle pending dues and further renew. Many have responded positively and we have already collected a modest amount. I hope

others will follow.

5 June is being celebrated as World Environment Day. But the sad reality is that our environment is getting degraded even more every year. We are self-centered-we do not give a thought to the environment we are going to pass on to our future generations.

Let us observe World Day against Child Labour on 12 June and World Blood Donation Day on 14 June. Let us also celebrate Father's Day on 18 June. The International Widows day is observed on 23 June. These days are designated by the United Nations to instill public awareness.

Take care and God bless.....Capt Vincent Pais

MONEY MAKES THE WORLD GO ROUND AND MAKES DEVELOPMENT SUCCEED

Prof. Jeffrey D. Sachs

The key to economic development and ending poverty is investment. Nations achieve prosperity by investing in four priorities. Most important is investing in people, through quality education and health care. The next is infrastructure, such as electricity, safe water, digital networks, and public transport. The third is natural capital, protecting nature. The fourth is business investment. The key is finance: mobilizing the funds to invest at the scale and speed required.

In principle, the world should operate as an interconnected system. The rich countries, with high levels of education, healthcare, infrastructure, and business capital, should supply ample finance to the poor countries, which must urgently build up their human, infrastructure, natural, and business capital. Money should flow from rich to poor countries. As the emerging market countries became richer, profits and interest would flow back to rich countries as returns on their investments.

That's a win-win proposition. Both rich and poor countries benefit. Poor countries become richer; rich countries earn higher returns than they would if they invested only in their own economies.

Strangely, international finance doesn't work that way. Rich

countries invest mainly in rich economies. Poorer countries get only a trickle of funds, not enough to lift out of poverty. The poorest half of the world (low-income and lower-middle-income countries) currently produces around \$10 trillion a year, while the richest half of the world (high-income and upper-middle-income countries) produces around \$90 trillion. Financing from the richer half to the poorer half should be perhaps \$2-3 trillion per year. In fact, it's a small fraction of that.

The problem is that investing in poorer countries seems too risky. This is true if we look at the short run. Suppose that the government of a low-income country wants to borrow to fund public education. The economic returns to education are very high, but need 20-30 years to realize, as today's children progress through 12-16 years of schooling and only then enter the labor market. Yet loans are often for only 5 years, and are denominated in US dollars rather than the national currency.

Suppose the country borrows \$2 billion today, due in five years. That's okay if in 5 years, the government can refinance the \$2 billion with yet another five-year loan. With five refinance loans, each for five years, debt repayments are delayed for 30 years, by which time the economy will have grown sufficiently to repay the debt without another loan.

Yet, at some point along the way, the country will likely find it difficult to refinance the debt. Perhaps a pandemic, or Wall Street banking crisis, or election uncertainty will scare investors. When the country tries to refinance the \$2 billion, it finds itself shut out from the financial market. Without enough dollars at hand, and no new loan, it defaults, and lands in the IMF emergency room.

Like most emergency rooms, what ensues is not pleasant to behold. The government slashes public spending, incurs social unrest, and faces prolonged negotiations with foreign creditors. In short, the country is plunged into a deep financial, economic, and social crisis.

Knowing this in advance, credit-rating agencies like Moody's and S&P Global give the countries a low credit score, below "investment grade." As a result, poorer countries are unable to borrow long term. Governments need to invest for the long term, but short-term loans

push governments to short-term thinking and investing.

Poor countries also pay very high interest rates. While the US government pays less than 4 percent per year on 30-year borrowing, the government of a poor country often pays more than 10 percent on 5-year loans.

The IMF, for its part, advises the governments of poorer countries not to borrow very much. In effect, the IMF tells the government: better to forgo education (or electricity, or safe water, or paved roads) to avoid a future debt crisis. That's tragic advice! It results in a poverty trap, rather than an escape from poverty.

The situation has become intolerable. The poorer half of the world is being told by the richer half: decarbonize your energy system; guarantee universal healthcare, education, and access to digital services; protect your rainforests; ensure safe water and sanitation; and more. And yet they are somehow to do all of this with a trickle of 5-year loans at 10 percent interest!

The problem isn't with the global goals. These are within reach, but only if the investment flows are high enough. The problem is the lack of global solidarity. Poorer nations need 30-year loans at 4 percent, not 5-year loans at more than 10 percent, and they need much more financing.

Put more simply, the poorer countries are demanding an end to global financial apartheid.

There are two key ways to accomplish this. The first way is to expand roughly fivefold the financing by the World Bank and the regional development banks (such as the African Development Bank). Those banks can borrow at 30 years and around 4 percent, and on-lend to poorer countries on those favorable terms. Yet their operations are too small. For the banks to scale-up, the G20 countries (including the US, China, and EU) need to put a lot more capital into those multilateral banks.

The second way is to fix the credit-rating system, the IMF's debt advice, and the financial management systems of the borrowing countries. The system needs to be reoriented towards long-term sustainable development. If poorer countries are enabled to borrow

for 30 years, rather than 5 years, they won't face financial crises in the meantime. With the right kind of long-term borrowing strategy, backed up by more accurate credit ratings and better IMF advice, the poorer countries will access much higher flows on much more favorable terms.

The major countries will have four meetings on global finance this year: in Paris in June, Delhi in September, the UN in September, and Dubai in November. If the big countries work together, they can solve this. That's their real job, rather than fighting endless, destructive, and disastrous wars.

CALLED TO SERVE

Veronica Shearer

To every thing there is a season,
and a time to every purpose under the heaven:
A time to be born, a time to die;
a time to plant, and a time to pluck up that which is planted;
A time to kill, and a time to heal;
a time to break down, and a time to build up;
A time to weep, and a time to laugh;
a time to mourn, and a time to dance;
A time to cast away stones, and a time to gather stones together;
a time to embrace, and a time to refrain from embracing;
A time to get, and a time to lose;
a time to keep, and a time to cast away;
A time to rend, and a time to sew;
a time to keep silence, and a time to speak;
A time to love, and a time to hate;
A time of war, and a time of peace.

Ecclesiastes 3:1-8

The quotation from the Ecclesiastes in the Old Testament reminds us that we can't push our destiny. Everything has a time and so it is with us and with Prince Charles, now King Charles. He waited in the wings for 70 years to become king. The coronation was witnessed by millions around the world on their television screens and thousands in

person. What a spectacle it was! Grandeur, pomp and ceremony but underlying it all was the theme of **service**. Charles wants his reign to be exemplified by his service to the United Kingdom and the Commonwealth as also the world at large, especially in the field of climate change and the environment.

What struck me in the religious service at Westminster Abbey was that it was a humbling experience for Charles, when he had to remove his bejewelled robes when he was anointed with holy oil. He was just in a plain white shirt. Here we saw a monarch willing to shed all earthly glory and promise to serve his country. The heavy crown reminded us of the oft-used expression, ‘uneasy lies the head that wears the crown’. It’s not going to be an easy ride for Charles in a country where a large segment of the population doesn’t want a king as head of state. They want Great Britain to be a Republic. Many countries in the Commonwealth want to do the same. King Charles understands this. To quote a former BBC royal correspondent Michael Cole. “It’s a marriage between the monarch and the people” he said “His life has been dedicated to service. And I think that you’re going to see that more and more and more. He’s very committed to it. He’s utterly sincere and it will be up for other people to judge — and I hope they judge fairly and honestly — because nobody can doubt his good intentions.”

The state of the British economy is on the brink of collapse and many resented the fact that a couple of million was spent on the coronation. So, Charles insisted on a slimmed-down celebration and it truly was, compared to when his mother was crowned in 1953. Yet the cost of living crisis in the UK didn’t stop the British people from having street parties in every corner of the country. Every care home celebrated the coronation with great joy and expense because those in the homes remembered Queen Elizabeth’s coronation seventy years ago. So, no expense was spared. The country was given a three-day holiday which was enjoyed with music festivals but also with a request from the King that on Bank Holiday, Monday there should be a Big Help Out. People of all ages were asked to volunteer in various capacities, promising to give up at least one hour a week of their time to serve their communities. In the 70’s Charles or the Prince of Wales, initiated the Prince’s Trust which helped millions of young,

disadvantaged people to find a voice and find employment too. When I worked with homeless young people, the Prince's Trust helped many of them to find a new future.

Charles usually puts his money where his mouth is. He is a great advocate of looking after the environment and his coronation invitation card proved it. The vibrant coronation invitation was designed by Andrew Jamieson, a heraldic artist and manuscript illuminator and a Brother of the Art Workers' Guild, of which King Charles is an Honorary Member. The palace explained that the 'original artwork for the invitation was hand-painted in watercolour and gouache, and the design, which recalls the Coronation Emblem, was reproduced and printed on recycled card, with gold foil detailing. Included in the design is 'the motif of the Green Man, an ancient figure from British folklore, symbolic of spring and rebirth, to celebrate the new reign.' Shown 'crowned in natural foliage', the form of Green Man is made up of 'leaves of oak, ivy and hawthorn, and the emblematic flowers of the United Kingdom.' The invitation was received by members of the Royal family, representatives from 203 countries and approximately 100 heads of state. But of the 2,200 guests, 800 were ordinary people from various parts of the country who had served their communities in extraordinary ways. This is how King Charles honours those who serve because *service* is his ethos. Charles is legally banned from meddling in politics so his hands are tied when it comes to political decisions made by the party in power but he is managing to do what the politicians are not. He is trying to make the future of the children in this country and elsewhere, safer and cleaner.

Religion has caused bloodshed, ruined families and been politicised as well. So, it was so reassuring to see that the Coronation was markedly different to any other in the history of the UK. There were leaders of various faiths represented and they had a role to play during the ceremony. Charles has always shown immense interest in Islam, Hinduism, Sikhism and Judaism. In Great Britain, the monarch is called the Defender of the faith – meaning of the Anglican faith - but Charles wanted to be called the Defender of Faith.

To quote Jonathan Este, Associate Editor, International Affairs, "The coronation is an important moment for King Charles to show

the Commonwealth and the world that his reign will be modern, more efficient and more sensitive to the legacy of British imperialism. Will the new King help build a more peaceful and inclusive Commonwealth? Will it even be possible for an aging white man, adorned in what to many are the symbols of repression, privilege and colonialism to do so? Monarchists and critics alike will have to wait to see if the signals of progressive modernism surrounding the coronation develop into meaningful changes to the 1,000-year-old institution.”

EDITOR’S NOTE : India is the largest member state of the Commonwealth, with nearly 60% of the total population of the association. It is the fourth largest contributor to the Commonwealth budgets and programmes.

ANGER + GUN = TRAGEDY

Courtesy - NCR

The statistics are numbing. The United States suffered 202 mass shootings — four or more persons killed or injured by firearms - during the first six months of 2023. Texas has had 17 mass shootings and 214 gun violence deaths so far this year. Most estimates count more weapons than people throughout the country.

Some folks blame mental health issues for every shooting. But what mental health condition? Paranoid psychosis? Sociopathic behavior? Depression? Bipolar disorder?

Perhaps the crucial ingredient is anger. Anger, at whom or at what, is for the psychiatrists to determine. But anger is clearly at the root of it all.

Anger-plus-gun equals tragedy: So, what causes anger? Yes, some people, with or without drugs, are detached from reality. Their anger erupts without warning.

More people, it seems, are infected with anger by an imagined reality that threatens their understanding of safety. While not every gun owner is paranoid, not every gun owner is not paranoid.

Selling anger and fear is big business. We saw what happened when QAnon exploded on the internet. Add Truth Social, Fox News

and Newsmax to smaller outlets, like The Tennessee Star and New Boston Post, and you have an electronic cauldron ready to boil over. Who, after all, can forget Jan 6?

Anger-plus-fear-plus-guns destroys too many lives. Whether for random shootings or the horror of war, individuals or entire nations are picking up guns to solve their real or imagined disputes.

Pope Francis seems to be the only stable voice in the discussion. The normalization of guns, he told The Associated Press after a gunman killed 11 people in Monterey Park, California, in January, has led to a “habit” of resorting to guns for every difficulty. “Instead of making the effort to help us live,” said the pontiff, “we make the effort to help us kill.”

That habit is ruining civilized society and societies everywhere in the world. Normal conversation, let alone international negotiation, is virtually impossible.

In the United States, people have a particular fondness for guns, born of distortions of the Second Amendment to the Constitution. These distortions are proposed principally by the National Rifle Association and echoed by the politicians the organization supports financially.

The problem stretches far beyond rifles and pistols for sport. The AR-15 semi-automatic rifle is the mass shooter’s weapon of choice. Want one? Today, you can find some 250 AR-15-style rifles for sale on the internet by an online retailer based in Texas. Prices range from \$449 to \$1,749; financing available.

The NRA calls the AR-15 “America’s Rifle.” The name of the NRA’s official journal is “American Rifleman.”

Granted, some people in some states have reasons for guns — say, to shoot the menacing moose in the garden or as a real means of protection on a frozen tundra or a rural farm.

But many, if not most, states and certainly most cities should not suffer individuals wandering around with guns in their belts, and certainly not with AR-15s.

New York’s historical relationship with the NRA is perhaps instructive. In the late 19th century, the state’s legislature and the NRA joined to acquire some 70 acres of farmland along a rail line in Queens

to create a firing range. The property, the old Creed farm, was the site of international competitions until 1891. Neighbors complained so much, the NRA relocated to New Jersey, and the property eventually reverted to the state of New York.

The train stop for the property had cemented the name of the place: Creed's moor, or Creedmoor. Soon a state hospital took over the property.

The irony is unmistakable. Today, that former NRA firing range is the campus of the largest hospital in New York, the Creedmoor Psychiatric Center.

Editor's Note – India is not immune to anger deaths – we have it in many forms – Road rage, lynchings, acid attacks, marital murders, religious and caste conflicts.....the weapons used are varied!

MANGALOREAN.COM – MILESTONE TWENTY!

Alfie D'souza-Team Mangalorean

Yes, we have come a long way, MANGALOREAN.COM, which is rightly known for our commitment and our passion for unlocking the value in Web Publication, has reached the **MILESTONE 20th Birthday!** No one should overlook work anniversaries; be it one year or twenty, they are all important. It celebrates the work and efforts put in by management/staff and their contributions to help move the company forward. Celebrating an anniversary is a great way to show that our hard work and dedication is being noticed.

This milestone presents a special opportunity to reflect on the accomplishments of the last 20 years, as well as glimpse the future of Mangalorean.com. And it's an honor and a privilege for everyone in "Team Mangalorean". We are all confident that our Web Portal will survive and thrive for a long time. It has prospered and reached greater heights in 20 years, not only because of its popularity but also because of the hard work of the committed Team Members who provide the best reading pleasure to our fans. 20 years may have gone by in the blink of an eye, but that does NOT mean it should go unnoticed. This column is a tribute to all the Team Members who traversed the extra mile to ensure that their work was done right, and to all our readers for

their support during these 20 years.

In 2003, a flood of new identities were created on Mangalorean.com and a handful of intrepid journos/reporters/artists/photographers took charge to create a new website, which would reach millions of readers worldwide. And today, this website has been transformed by staff locally, in Karnataka, in India, and globally, to make it one of the most read and loved websites. The actions, reactions, hopes, aspirations, dreams and success of Team Mangalorean over the last 20 years has shaped an immense, backstory, one of the grandest success stories ever and the story is still evolving, as we step into the 21st year. On this 20th Anniversary, it's time to raise a toast and cut a cake, because it's Mangalorean.com's 20th birthday! Cheers!

In the last 20 years Mangalorean.com has received numerous accolades for its unbiased news. Our Web has witnessed tremendous achievements and outstanding performances; thanks to all who gave Mangalorean.com a strong and sound foundation, which helped it to aim and achieve greater objectives. Success never comes in a day. It comes with strong determination and much hard work. Over the last 20 years, our Website has seen remarkable growth, with many added features. The large volume of readership is the reason for our two decades of existence. Our relentless pursuit of excellence stems from an innate desire to empower our readers by providing them the BEST reading materials, and we firmly believe that 'Readers' are the heartbeat of Mangalorean.com.

Mangalorean.com has now matured into a sophisticated website with an enviable swag of compliments and good wishes from readers. Website maintenance and up-gradation is needed over time. As the Internet evolves, quality standards for websites have increased a lot. A good website needs strategic thinking, appropriate designing, quality processes, Internet marketing and regular maintenance. Keeping that in mind, a thorough makeover of our old web design was done, upgrading it with a brand new look. A revamped, innovative and restructured website was launched on the 50th birthday of the editor-in-chief of Mangalorean.com, Violet Pereira, on 12th March 2016.

One of our team members suggested that we include Kannada news in our portal. We all accepted the idea and added a Kannada

section in 2015. We anticipated more readers after our web up-gradation and Kannada News Section, and our initiative did create miracles, with a tremendous increase in our readership.

20 years might not seem like a long time but for me, my association with Mangalorean.com for the last 15 years feels like almost a lifetime - I started contributing articles/poems/ short stories and other reading materials while I was in Chicago-USA, for nearly 24 years. Since then I never looked back and instead involved myself more into this prestigious website, and when I came down to Mangaluru for good, I decided to be on the editorial board. I think I made a good decision by joining 'Team Mangalorean', thereby unleashing my hidden writing talents. It feels great to be with Mangalorean.com and the bevvvy of management duo, staff, reporters, photographers and others.

Over the past 20 years, Mangalorean.com has changed more than its name and focus. It has transformed how journalism should be. Our goal was to help our readers thrive in this era of innovation, transformation and the new trend of journalism. I know that our website has reached a stage of "addiction" to our readers - they browse the website morning, noon, evening and night-to get the latest news and views. And it feels great for Team Mangalorean to know that! For 2 decades, we have worked passionately to keep you informed about the latest local, national and global news.

30 August 2016 was a unique day in the history of Mangaluru a 'unique Trust' benefiting a 'unique community of Transgenders', 'Parivarthan Charitable Trust (R) was formed, aiming to support the Transgenders, and integrate them to the mainstream. Making history globally was the launch of the first "Transgender's Day" at Roshni Nilaya on 22 March 2017. Yet another milestone in the history of Mangaluru was that PCT along with Mangalorean.com hosted the FIRST Beauty Pageant for the transgender community on 14 October 2018 and it was a hit, making headline news in an array of media.

Truth is, God helps all of those who ask... even if it isn't the way we are expecting help. Whatever we do to serve others through small acts of kindness can make a positive impact on one more person. In their world. In their life. Isn't that important? To help reach out and

serve other people is the greatest act of kindness and love. God abundantly blesses those who help others. Thus, during these 20 years, Team Mangalorean has been involved in various community projects and contributed generously to social service projects.

Mangalorean.com has always tried to publish news without any bias and has promoted an open, passionate debate expressing different views. We have been the voice of the poor, oppressed, marginalized and weaker sections etc. and have revealed the hidden truths in all fields irrespective of caste, creed, religion, politics etc. We always strive hard to publish the news immediately! Being in a website business and surviving in it is not an easy task. We have to compete and thrive amongst the numerous channel magazines, newsletters and websites. We are still ready to accept the challenges to make mangalorean.com the best website in the coastal district, and for that, we solicit your fullest support and patronage.

I think we all agree that news is more interesting than frivolity, and in the present world context, it's madness to turn away from current affairs. There's a crucial role for us as a digital media to interact with young and older people in an honest and interesting manner. At Mangalorean.com we don't make news, we spread the news ! Once a website has gone live, there needs to be ongoing upkeep, like content creation and accessibility. We also need to keep improving based on real user feedback, reviews and requests from our readers this helped us a lot.

Mangalorean.com is proudly experiencing a decade of success recording exponential growth. Well rooted in the noble tradition of providing the best news around the world, Our WEB has become one of the best choices of readers worldwide for their news needs. We wouldn't have succeeded as a website company without some luck and the hard work and dedication of the many men and women who have worked over the past 20 years. As we traverse, we intend to scale greater heights and touch the lives of innumerable common people and attain many more milestones.

It is a gratifying experience to look back, count the blessings and advance with the celebrations of 20 glorious years of existence. We realize it is time to retrospect into the past, reflect on the current

achievements and resolve future goals. A big salute to all those who contributed their bit to accomplish this milestone. Long Live MANGALORE MEDIA COMPANY/MANGALOREAN.COM

History of MANGALOREAN.COM in a nut-shell:

Mangalorean.com was founded in the year 2003 by Roshan D'Souza, with an aim "to give something to his community". Utilizing his expertise in computer technology and armed with the unstinting support of a loyal friend, Ms Queenie Mendonca, he set about designing and developing a website for Mangaloreans around the globe. It took 5 months to complete; the web space, It had just 8 columns – Marriages, Kitchen, Subhashai, Mangalorean Voices, Mangalorean Star, News, Calendar and Chat. Because of unavoidable circumstances, the real-time chat was discontinued, and EYT (Express Your Thoughts) was introduced.

Many more members joined Mangalorean.com – articles/reports were contributed and new columns introduced. The launching of 'Messenger', a tool enabling members to protect their identity brought about a significant transformation. Konkani Zone was then launched and it remains as the pride of Mangalorean.com and one of its most popular zones. Kannada section 'Katha Sangama' was introduced in 2007, to fulfill demand from readers/writers of Kannada. By then, Inner circle, Classifieds, Captured Moments, Youth Corner, Travelogue, In my opinion, and Mangy Humour have all been added and our members have contributed beneficial articles regarding Health Beat, Science Vision etc.

In December 2009, Roshan D'Souza went to USA to pursue higher studies and offered the ownership to any of the interested Team Members. Team members Violet Pereira and her husband Joseph Pereira came forward and took up 100% ownership of www.mangalorean.com. She opened the first office in Mangaluru in January 2010, registered under Mangalore Media Company. On 15 September 2011, Mangalorean.com opened its branch in Udupi.

Our Team worldwide includes members from various places - Mangaluru, Udupi, Bhatkal, UAE, Oman, Saudi Arabia, Kuwait, Qatar and of course, the USA.

THE SUN WILL RISE AGAIN

Joan Lobo

“If tears could build a stairway, and memories a lane, we would have all walked right up to Heaven and brought our loved ones back home again.”

In the recent past, I have attended as many funerals of some young and some not so old, many unexpected, a few too sudden and some others after battling serious ailments but irrespective it was devastating to see how broken their loved ones were. The feeling when you lose someone can only be experienced and not explained. Losing a loved one is like having the rug swept from under you. We make plans for the day, and do not think twice about how those plans can be taken away in the blink of an eye. I never thought much about it myself, until I was faced with the shock, and undeniable truth of my mums passing away late last year. I do not think anyone really gives a serious thought to a tragedy until they actually face it. It is bewildering how we take life for granted. Grief is like an ongoing storm of sorts, never-ending and relentless, that creates an upheaval in our lives. Our old normal is shattered and our sense of safety and security can evaporate. We're sad, anxious, fearful, and angry.. We don't know what's in store next. It seems like we were suddenly thrust into a violent maelstrom. Many of us didn't even know this storm was brewing. It seemed to come out of nowhere, sudden and shocking. Some of us may have had a warning bell ringing and knew this loss was coming. We might have even thought we were prepared for it but it can never be. Whether sudden or expected, death comes in an instant and the grief storm can be exhausting.

It is important to recognise that grief is a normal experience that accompanies the loss of a loved one and it is a process, not an event. It is a journey, not a destination. The experience of grieving feels like a violent storm. The sudden temporary upsurges of grief especially when there is an anniversary or a significant event attached or even often sad memories are triggered by a piece of music or a picture on the wall.

But on hindsight ,” Every storm runs out of rain.” This quote is

reassuring isn't it? Cos,' The sun will rise again and so will we. Things will get greener. Everything will grow again and so will we".

As trite and cliché as it may sound, the sun will always shine again in a radiant blue sky. No matter how strong the storm is, the intensity of thunder that hits the ground, the darkest clouds that crowd the skies, the light will be back again to illuminate the darkness.

Just as the sun always shines after a storm, it is good to believe that there is always a light at the end of the tunnel. We should not lose hope but look ahead, not despair or slow down our firm footsteps, because finally with one right move, the path lights up again in ways beyond our imagination.

During a conversation with a friend one night, she asked me in jest: "What is life?" I responded with the first thing that came to my mind: "The sun will rise tomorrow." And we both laughed. On the surface, this was a mundane, observation about the obvious. We all know that the sun rises everyday so we never give it any further thought. But we sometimes are so caught up in the stresses, challenges and problems that vex our daily lives that we act like our world is crumbling. What we often forget is that everyday is a fresh new day filled with more opportunities. Every time the sun rises, we are given a chance to try something different and new- to find another path.

Given a thought, haven't we sat before a blank sheet, pen in hand and become dazed having no idea what to write? This is my experience everytime I attempt to write an article but before long the thoughts start flowing. Haven't we ever stood before a blank canvas having no clue what we want to paint? Dont we remember the frustration and maybe even anger? But ultimately we have turned out a masterpiece . And haven't we ever spent long hours writing or painting and at the end wondered whether the outcome was worth the effort. We have often wanted to give up and quit. But we have to realize that today will simply pass into history and tomorrow will be a brand new day that offers us the opportunity to start again.

During the pandemic half of the world was under lockdown with ghost towns, deserted streets, closed markets and quiet roads . A micro-organism, the corona virus had brought almost the entire world to a stand still. Business had come to a grinding halt. Global economy was

in the ICU. One virus had brought the entire world to its knees. Covid 19 had caused unimaginable misery But after a long heart wrenching time, life slowly started returning to normal with social distancing, using masks and sanitizers thrown to the winds. The sun actually rose again for a healthier and happier tomorrow.

It is time to acknowledge that if winter comes, spring cannot be far away. There is always light at the end of the tunnel. To quote Victor Hugo “Even the darkest night will end and the Sun will rise.” Besides, the sun after a storm offers one of the most beautiful sights there is. Once the darkness has passed after the rain, the clouds disappear from the sky, the earth smells humid, the heat nibbles on your shoulders, and you look happily toward the horizon, because after a dismal day we have the fortune to enjoy a magnificent one.

No storm lasts forever. But it is true that after each one we become more resilient and stronger. That moment of light and wonderful calm is heartening after the dreary grey skies. And why should we let the storm be the major protagonist of our life and suffer an eternal storm of unhappiness and pain?

In our storms however we realise who is our umbrella in life. Who are the people that make up our home and envelope us with their love and care. We live such busy, chaotic, and stressful lives these days and the clouds surrounding us can get dense and dark. It’s easy to live in a constant state of being overwhelmed. The storms come and they can last what seems like an eternity, but there is always an end in sight. The pounding rain will cease, the clouds will part, the sun will shine once again, and if we look around we are bound to find the rainbows. Peace may not always come as it did long ago in Galilee - the storms and winds may not be replaced by perfect calm. However we can always hasten to call on the Master of all to give us the strength to get through the storm.

A bend in the road is not the end of the road, unless you fail to make the turn. Cos life isn’t about waiting for the storm to pass; it’s about learning to dance in the rain.”

To conclude “ What’s broken can be mended... What hurts can be healed.. And no matter how dark it gets, **The Sun Will Rise Again.**

Vision & Mission of CASK

Vision

Striving to create and enrich a connected community that cares, of all those with roots in this beautiful corner of the globe, called Konkan Karaval

Mission

Reaching out to the marginalized by extending support for their education, health care and housing needs. Preserving and promoting the unique culture of this region and joining hands with all those committed to the preservation of environment.

CASK CENTENARY TRUST SCHOLARSHIPS : ACADEMIC YEAR 2023-24

CASK Centenary Trust invites applications for annual scholarships for the academic year 2023-24 from school/college students from economically weak families. Please collect application forms from

CASK Office

3rd Floor, Pio Mall, Jail Road, Bejai, Mangalore - 575004

Ph: 2491733, 4271733 E-mail: caskmangalore@yahoo.com

GENTLE REMINDER TO SETTLE SUBSCRIPTION DUES OF 'MANGALORE' MAGAZINE

Please settle your pending subscription dues to 'Mangalore' and further renew subscription. The validity of your subscription is indicated on the postal slip on the back cover. Many of you would have received a reminder letter from the CASK president. Please respond and support the magazine

Cheque in favour of Catholic Association of South Kanara.

NEFT transfer to Catholic Association of South Kanara Account No: 0046053000043007; IFSC: SIBL0000046 - South Indian Bank Ltd, Hampankatta, Mangalore.

After executing NEFT, please send an email to caskmangalore@yahoo.com giving details, so that our records are updated.

EULOGY TO THE LATE LAWRENCE DCOSTA

Delivered by CA Rudolf Rodrigues



We have gathered here today to pay tribute to the remarkable life of Lawrence Dcosta, a man who touched the hearts and minds of everyone fortunate enough to know him. As we reflect on his journey, let us celebrate his accomplishments and honor his memory.

Lawrence Dcosta, a man of great character and unwavering commitment, passed away a mere four days before his golden wedding anniversary. It is a bittersweet reminder of the profound love and partnership he shared with his beloved wife,

Phyllis. They stood side by side, supporting and cherishing one another for an astounding fifty years, a milestone that only a few couples are fortunate enough to reach. Their golden wedding anniversary, a joyous occasion that would have marked half a century of shared memories and experiences, now serves as a poignant reminder of the profound loss we feel today.

In the Bible, we find passages that remind us of the significance of family and the virtues of love, strength and support. Lawrence Dcosta was a devoted family man, a loving pillar of strength to his beloved wife, Phyllis. He took immense pride in the achievements of his three successful sons Deepak, Dinesh and Dhiraj and regarded his daughters-in-law Suhasini and Gayle as his own daughters. His role as doting grandfather to Sonali, Kierra and Kaelyn brought him immense joy and fulfillment.

Lawrence Dcosta, a graduate in psychology and a master in personnel management, embarked on a professional path that left an indelible mark in the field of human resources. With 30 years of dedicated service as an HR executive in various companies, culminating in his retirement as HR Manager of MCF, Mangalore, Lawrence exemplified the principles of effective leadership. His knowledge and

expertise were shared with countless individuals as a whole time professor at TAPMI, Manipal, where he imparted wisdom on the theory of organization, human resource management, and industrial law. He further extended his reach as a visiting faculty at AJ Institute of Management and Mangalore Institute of Tech Education, leaving a lasting impact on future generations.

Lawrence embodied the essence of management excellence. His dedication to his craft, coupled with his ability to inspire and counsel others, made him a great source of encouragement and guidance. His presence as a member of Winners Club Toastmasters and the Konkani Toastmasters Club showcased his commitment to personal growth and the development of effective communication skills.

Lawrence's spirit of service extended beyond the professional realm, as he actively participated in various common organisations. As a past President of the Lions Club and the Sodality of the Immaculate Conception of the Blessed Virgin Mary, he exemplified the values of compassion and selflessness. His involvement in Rachana, the Catholic Chamber of Commerce and Industry, reflected his commitment to ethical business practices and the promotion of community welfare.

Besides being a Professor of Management, Lawrence D'Costa was an industrialist heading two industries under the title, Canara Plastics and Engineering at Baikampady, Mangalore, where he drove to every day. He managed the injection moulding machines which manufactured plastic cans and also Duraweld which produced quality welding rods. To be an industrialist was his dream and he lived his dream to the very end.

Lawrence's impact reached far beyond his professional and community involvements. He was a man of character, an academician par excellence, who believed in the power of education to shape minds and transform lives. Through his simplicity, humanity and sincerity, he demonstrated the qualities of a true mentor and role model. His words of wisdom and counsel were cherished by those who sought his guidance. As a speaker and a great communicator, Lawrence had a gift for captivating audiences and leaving a lasting impression.

As Shakespeare says in Julius Caesar "His life was gentle and the elements so mixed in him that Nature might stand up and say to all the world, 'This was a man!'".

Today, we bid farewell to Lawrence Dcosta, a man whose legacy will forever inspire us. May his soul rest in eternal peace and may his memory continue to guide us.

CASK TEACHER ENRICHMENT PROGRAMME

ST ALOYSIUS GONZAGA SCHOOL

26TH MAY 2023



Prayer Song



Welcome - Fr Melville Lobo-Principal



Bharathi Shevgoor



Archie Menezes



Dr Derek Lobo



Vidya Shenoy



Patsy Lobo



Vote of Thanks



Carry your candle



Principal, Teachers & Resource Persons

CASK TEACHER ENRICHMENT PROGRAMME

MILAGRES CENTRAL SCHOOL

29TH MAY 2023



Lighting of the Lamp - Fr Uday Fernandes



CASK President



Bharathi Shevgoor



Archie Menezes



Patsy Lobo



Dr Derek Lobo



Participants with Resource Persons

SUSHEG JIVITH NEURO-CARE NEW BUILDING INAUGURATED ON 13th MAY 2023



Susheg Jivith, a 40-bedded Dementia care facility was inaugurated by Dr Peter Paul Saldanha, Bishop of Mangalore on 13th May 2023. The Eucharistic celebration was officiated by the Bishop along with Fr Valerian DSouza, Fr Sunil Veigas and Fr Melwyn Pinto, Rector of St Aloysius College and others. This was followed by a short formal felicitation event. Mr Gerry Pinto, Managing Trustee welcomed the guests. Benefactors were felicitated with rose saplings. The Bishop reiterated the message of Fatima of repentance and renewal in his presidential address. Mrs Loretta Pinto proposed a vote of thanks. Mrs Judith DSilva compered the program which ended with a fellowship meal.

'LEGACY OF A LEGEND' - DR OLINDA PEREIRA BOOK RELEASE 31-05-2023



The Book "Legacy of a Legend - Dr Olinda Pereira" was released on 31st May 2023 at the School of Social Work-Roshni Nilaya by Dr Vijay Kumar, Vice-Chancellor, Yenepoya Deemed to be University along with Fr Cedric Prakash SJ and Sr Philomena D'Sa, Provincial - Daughters of the Heart of Mary. Speaking on the topic "Education and Development" Dr Vijay Kumar said "Education is the determining factor which influences one's future. It is not Intelligence Quotient but Emotional Quotient that is the hallmark of a successful person. Holistic education would be the solution for all problems in the world." Dr Vijay Kumar said that Olinda Pereira was not only an educationist but also an empowered woman who could successfully bridge the gap between education and development.

Fr Cedric Prakash renowned Human Rights Activist and a nephew of Dr Olinda, in his keynote address highlighted the life and mission of Dr Pereira, comparing her with the historical social reformers of India. "Dr Pereira was a social reformer who followed a developmental approach with an inclusive ideology," "She always stood for equality, fraternity and liberty in her mission, and followed the right action," he averred. Further, Fr Cedric Prakash asserted that social work should be a liberating mission from oppressive structures, inequality, caste system and social exclusiveness.

Philomina D'Sa, Provincial, Daughters of the Heart of Mary in her presidential address stated that education, development, transformation, inclusiveness were combined in the life of Dr Olinda Pereira. Dr Olinda was not merely a teacher but also a compassionate social worker who could inspire and motivate others with a divine touch.

Prof Vida Sequeira, (President - Institute of Social Service) welcomed. Dr Sophia Fernandes, (Principal-School of Social Work) S N Gopinath, Bhima Rao, Ravichandra Bekal, Dr Malini Hebbar/Lyra Pinto, (President & Secretary- Roshni Alumni Association) were present. Vinitha Maria Pereira compered the programme.

'IAN CARES' FOUNDATION REHABILITATION CENTRE



Ian Cares Foundation (R) in collaboration with Mangalore Catholic Cooperative (MCC) Bank jointly organised a one day workshop on the subject 'Freedom from drugs, drinks, depression' at Sarva Dharma Sangama, Quila, Kinnigoli on May 28, 2023. Ian Cares aims at

making the Dakshina Kannada district a 'substance abuse free' society, Fr Cyprian Lewis (SVD) blessed the new facility of the Foundation for rehabilitation of youth who are victims of substance abuse and complimented Stephan Mascarenhas (Hemacharya) for his initiative in offering rehabilitation and creating awareness on substance abuse. Fr Cyprian said "He is really working for a noble cause."

Administrator of Durgaparameshwari Temple, Ulepady, Mohandas Surthkal said, "Hema means gold, Acharya means knowledge. Whatever work done by Hemacharaya will be unique and intelligent." Further, he also said that one should love all religions, but live by the tenets of his own religion. This is the core of all the religions of the world. Kodethoor Bhuvanabhiram, chief editor of Yugapurusha said, "Hemacharaya's Sarva Dharma Sanghama is really unique. The colour of the blood of Hindus, Muslims and Christians is the same." Trustee Dr Derek Lobo felicitated the outgoing Trustee Dr Denzil Pinto. Hemacharaya read the performance citation of Dr Pinto. Mr Anil Lobo President - MCC Bank was the chief guest.



Speech of Dr Derek Lobo :

Dear Friends – Let me start by saying how deeply honoured, privileged and blessed I feel that my friend Hemacharya, invited me to be a Trustee of Ian Cares Foundation. Let me also emphasise that Hemacharya has greatly impressed and inspired me, considering the background behind the establishment of Ian Cares Foundation. Through this Foundation, he has transformed his personal sorrow into a valuable social cause; he has converted the personal tragedies he encountered through the tragic death of his son Ian at age-26 and the unfortunate and untimely death of his wife Anna, at age-55, into a useful and I believe significant contribution to society. Hemacharya has followed what Arthur Ashe, the American tennis icon and civil rights activist said “ **Start where you are; use what you have; do what you can and do good to the world around you**”

Ian Cares Foundation is a facility that is aimed at helping teenagers to come out of the dangers of the **3 Ds - Drinks, Drugs, and Depression**. Under ‘drugs’ we need to include ‘tobacco’. Every time I see a young boy or girl with a cigarette in hand, in my own mind I say “Here is a future Cancer patient.” Therefore, I must emphasise that the primary goal of Ian Cares is to prevent youth from getting into the danger zone in the first place and to dislodge and ultimately destroy the mafia that directly or indirectly promotes substance abuse at least in our district, which has the reputation of being a major Education and Health care hub of India. Therefore creating awareness in the community with youth as a primary target group becomes a priority.

Our education institutions fully occupied with achieving 100% passes and a few ranks, have not given the problems of drug abuse or depression among youth and the unacceptably high rates of suicides related to examination stress or failure, the focus and priority it deserves.

About 800,000 people die by suicide worldwide every year. India accounts for 20% of the global suicides. In 2021 – **1,64,033** Indians committed suicide, a national rate of 12 per 100,000 people. A large number of these suicides are students - related to examination stress or failure.

Bharat Ratna & Karnataka Ratna Dr CNR Rao, one of the greatest Educationist of India has famously said that “We do not have an Education System in India; We only have an Examination System which is highly deficient”. This deficient examination system is responsible for large number of student depressions, fears and stress that results in more than 20,000 students committing suicide each year in our country and large numbers suffering depression and a substantial number finding solace in substance abuse and drugs. As per the research, “Alarming, the proportion of young people taking substances as a habit, which indicates addiction, almost trebled from 5% in 2020 to 14% in 2022.”

My wish for Ian Cares Foundation is that the Foundation assumes a leadership role in creating awareness among the students and youth about the dangers of the three D’s but also function as an agency to coordinate efforts to substantially reduce substance use in our district and fight for reforms in our Education and Examination system in order to reduce student stress and resorting to substance abuse.

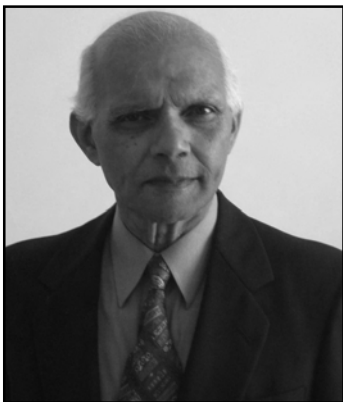
In the evolution of Ian Cares Foundation, my friend Dr Denzil Pinto had a prominent role in giving advice and guidance to Hemacharya. Though Dr Denzil is shifting to Bangalore, I hope the Foundation will continue to receive his guidance and support.

I also wish to compliment Hemacharya for trying to promote the concept of “Sarva Dharma Sangama”, a concept that should receive the support of all right thinking citizens of our beloved country - Equal respect for all religions and peaceful co-existence of all religions. There is an urgent need for all of us to adopt this concept.

I conclude with a quote from Saint Mother Teresa “We realize that what we are accomplishing is a drop in the ocean. But if this drop were not in the ocean, it would be missed”. And finally, the saying “YATHA DHARMA, TATHA JAYA” - Where there is right action, there is victory.

Dear Hemacharya and Ena – You are into the Right Action and certainly Victory will be yours!! I wish you the very best and assure you of my full support.

TRIBUTE TO THE LATE DOUGLAS DEANS



By FTR Colaco IPS (Retd)

Douglas was born in Santa Cruz, Bombay, India, to Blanche Coelho and Joseph Deans. He was married to Selma, daughter of Louis and Irene Rego, Tile Manufacturers, Mazagon Bombay...

He left home at age twelve, winning a scholarship to the Prince of Wales Royal Military College, Dehra Dun, and later joined the Indian Navy. An outstanding student, he finished with first-class honours in engineering and naval architecture training at the Royal Naval College, Greenwich, UK, where he is still mentioned on the honour board. Thereafter he got a postgraduate degree in naval architecture from Holland.

He was an excellent athlete and swimmer, playing varsity tennis and hockey, and had a keen interest in music and the arts.

Doug retired in 1975 as the Head of Naval Construction, Bombay Dockyard having been the principal designer for the first large ship built by the Indian Navy. His legacy lives on through the Standing Orders for the department which 45 years later still serves as a bible to generations of naval architects. He was known for his hard work, high standards, and practical down-to-earth engineering. Known to care deeply about his workers, he continuously tried to improve their working standards and safety conditions.

He moved to Canada in 1975 with his young family - Selma, Robin, and Arun. As chief naval architect at Halifax

Shipyards, he conducted the first-ever night launch of a drill ship, now the JOIDES Resolution, which is part of the International Ocean Discovery Program. The highlight of his 87th birthday on February 5, 2022, was a Zoom call with the current crew and a virtual tour of the ship.

Doug then joined the Department of Defence in Ottawa where he was responsible for maintaining the Canadian submarine fleet. His attention to detail and the personal safety of his submariners was honoured when he finally retired in 1996. In 2002 he began a new chapter of his life in Milton. As usual, he took to it with gusto, gardening, baking bread, and trying his hand at everything he missed during his intense engineering days. His mind was always active with online courses at MIT and he was proud of publishing articles in defence journals when he was 82 years old.

Doug was devoted to his family and his wife Selma. He lived a second life through his grandchildren Nicola, Alex, and Marcus, and enjoyed quizzing his children and daughters-in-law, Robin and Joan, and Arun and Erin. His garden was the pride of the neighbourhood and his life, with unusual flowers and vegetables, and gave him a chance to chat with numerous admirers. He was passionate about nature and birds, and many wild birds in his backyard were regular visitors to his feeder.

He passed away on April 15, 2023 after a long illness. He leaves behind his beloved wife Selma, married for 61 years, and his sons Robin and Arun both medical practitioners.

He will be sorely missed by his family, his friends, and his gardening admirers, especially as spring turns to summer 2023.

CASK TEACHER ENRICHMENT PROGRAMME ST ALOYSIUS GONZAGA SCHOOL – 26th MAY 2023

My Impressions – Olga Noronha

It was indeed a privilege for me to be present for the Teacher Enrichment Programme (TEP) conducted by CASK at St Aloysius Gonzaga CBSE School on 26 May, 2023. I wish to share my impressions of the program.

In quotes and writings by Conticent Acuity, the following quote was published on Teacher's Day, 5 September 2017:

*“The mistake of a doctor is buried in the grave,
The mistake of an engineer is covered with cement,
The mistake of a lawyer is hidden in files,
But the mistake of a teacher reflects upon the Nation because the
teacher is the mirror of the society.”*

I heard a very apt sequel to this somewhere along my journey as a teacher: “The mistakes that teachers make, roam the world and cause havoc !!!” (Incidentally Conticent Acuity is on Instagram)

Realising the rich potential of teachers for nation building and in order to promote student- centred learning, CASK organised a Teacher Enrichment Programme (TEP) at St Aloysius Gonzaga CBSE School on 26 May 2023. About 65 teachers were present for the highly interactive sessions. At the very outset, the Principal Fr Melville Lobo SJ, expressed his deep appreciation for and gratitude to the CASK Team for their initiative in organising such an important training program for teachers.

The Resource Persons and the rich combination of topics they dealt with were:

- * Self Enhancement and the Value of Being a Teacher - Ms Patsy Lobo;
- * How to be a Passionate and Inspirational Teacher - Dr Derek Lobo;
- * Financial Planning - Mr Archibald Menezes;
- * Balancing Work-Home, Dealing with Relationships at Workplace - Ms Bharathi Shevgoor;

* Media Literacy and Modern Communication - Ms Vidya Shenoy.

The TEP concluded with a very lively Discussion on the topics like - New Changes in Education; Effects of Artificial Intelligence and Robotics on Jobs; Career Guidance that Teachers should Give;

During the sessions, very effective video clips, educative games, thought -provoking questionnaires and opportunities for personal sharing of experiences, held the participants spell- bound during the whole program.

Ms Vidya Shenoy, the MC did a marvellous job of interactive compering, involving the participants in a unique way in her commentary!

It is the ardent desire of the organisers that this TEP will go a long way in helping the teachers at Gonzaga CBSE School to contribute their very best to the noble task of effectively educating young individuals to become committed citizens of our beloved nation...

Jai Hind.

Editor's Note – A similar programme was conducted on 29th May 2023 at Milagres Central School for 22 teachers, which was again highly appreciated by the teachers.

Please see photographs on Page-26 & 27.

THANK YOU

DONATIONS to CASK CENTENARY TRUST

1. Mr & Mrs George Pais – ₹ 1,00,000/- (₹ 50,000/- for CASK Charitable programmes & ₹50,000/- to 'ASHA DEEPA' Chikmagalur.
2. Dr. Anand & Geetha Pereira, Mangalore - ₹ 25,000/- for Family Support Programme.

PLEASE NOTE THE CASK UPDATED WEBSITE

www.caskmangalore.org

SOCIAL TRANSFORMATION THROUGH INCLUSIVE SOCIETY

Fr Cedric Prakash SJ

I am happy to be here to celebrate the memory of Dr. Olinda Pereira, who was called to her eternal abode, on this day exactly, 3 years ago on 31 May 2020! Dr. Olinda was the Founder-Principal of this great institution, the School of Social Work ('Roshni Nilaya') and was the inspiration for a whole range of significant interventions here in Mangalore and elsewhere. The book which was just released '**Legacy of a Legend**' which highlights some dimensions of her life and dedicated service, is a wonderful testimony of a great Indian woman – who walked the talk, so courageously and committedly for ninety-five long years! Above all, I am proud to say that Dr. Olinda was my maternal aunt and I the youngest of only four immediate nephews/nieces she had! She was the world to us! As one of her family members and behalf of the family, I say a big THANKYOU – to the Provincial and all the DHM sisters, to the Roshni Alumni Association, the Trustees of CLSD and her legion of well-wishers, admirers and friends – all those who have journeyed with her and who continue to do so today, motivated by her undaunted spirit!

I feel greatly honoured to deliver the keynote address at this Symposium on '***Social Transformation through Inclusive Society***'; This topic actually epitomises the life and times of Olinda Pereira who believed that social transformation is non-negotiable and she worked all her life for a society which was inclusive. I am sure that all us, and all right thinking citizens of India, cherish the secular and pluralistic fabric of our country and the intrinsic values in our all-embracing Constitution.

At the outset, let us try to understand the two key concepts - social transformation and inclusive society.

Social Transformation: is about the re-creation/restructuring/remodelling of all aspects of life; from culture to social relations; from politics to economy; from the way we think to the way we live, our attitudes, our articulations and our actions

Inclusive Society: in essence is a society that transcends differences of race, gender, class, disability, generation/age, and geography, and ensures inclusion, equality of opportunity as well as the capability of all members of the society to determine an agreed set of social institutions. It is a society that is able to accept differences, to respect all its citizens, gives them full access to resources, and promotes equal treatment and opportunity. Above all, it works to eliminate every form of discrimination and divisiveness; takes a visible and vocal stand against exclusion of any kind and engages all its citizens in decision-making processes that affect their lives and the lives of others in a constructive and respectful manner.

Having said this I would like to situate this address in the lives and times of i) **Fatima Sheikh and Savitribai Phule** ii) **Dr. B. R. Ambedkar** and iii) **Mary the Mother of Jesus**.

Fatima Sheikh and Savitribai Phule: Fatima Sheikh (1831-1900) was an educator and social reformer, who was convinced that education of the girl child and the underprivileged, was a sure way towards their empowerment. She is the first Muslim Woman Educator in the country and is revered as an icon of feminism. Fatima met Savitribai Phule (1831-1897) while both were enrolled at a teacher training institution run by Cynthia Farrar, an American missionary. Savitribai together with her husband Jyotirao was committed to the education of girls and soon began a girl's school for the underprivileged sections of society particularly the bahujans.

This was not liked by the upper castes, so under pressure from them, Jyotirao's father evicted Savitribai and Jyotirao from the family home in the late 1840s. With nowhere else to go, the Phules found warm and welcoming shelter at the house of Mian Usman Sheikh, the brother of Fatima Sheikh where they would live till 1856. For the Phules, despite abandonment from their own uppercaste community, found tremendous support from the Sheikh siblings in their committed mission to educate underprivileged bahujan girls.

Indian girls owe immense gratitude to Fatima Sheikh and Savitribai Phule. At that time, educating women and the lower caste was considered a sin. They faced much opposition. Many families were

hesitant to send their daughters to school. However, Fatima too, despite many hurdles, was not deterred. She went from house to house, enrolling girls into their school. In no time, her efforts bore fruit as several students took admission and broke all barriers to receiving education from these two revolutionary teachers. They truly ensured social transformation, through a more inclusive society.

Dr. B. R. Ambedkar: Bhimrao Ramji Ambedkar (1891 – 1956), is one of the architects of modern India, widely regarded as the father of the Constituent Assembly. Thanks to his vision, his intellectual brilliance and painstaking efforts we have today an inclusive path breaking Constitution based on the four non-negotiables - justice, liberty, equality and fraternity. Ambedkar was convinced that there must radical social transformation and for this, society must learn and become more and more inclusive.

Those who truly cherish the idea of India will never ever forget that passionate final speech he made in the Constituent Assembly, on November 25, 1949. He said *“If we wish to maintain democracy not merely in form, but also in fact, the **first thing** in my judgement we must do is to hold fast to constitutional methods of achieving our social and economic objectives.... But where constitutional methods are open, there can be no justification for these unconstitutional methods. These methods are nothing but the Grammar of Anarchy and the sooner they are abandoned, the better for us. The **second thing** we must do is to observe the caution which John Stuart Mill has given to all who are interested in the maintenance of democracy, namely, not “to lay their liberties at the feet of even a great man, or to trust him with power which enable him to subvert their institutions”. There is nothing wrong in being grateful to great men who have rendered life-long services to the country. But there are limits to gratefulness....This caution is far more necessary in the case of India, for in India, Bhakti or hero-worship, plays a part in its politics unequalled in magnitude by the part it plays in the politics of any other country in the world. Bhakti or hero-worship is a sure road to degradation and to eventual dictatorship...The **third thing** we must do is not to be content with mere political democracy. We must make our political democracy a*

social democracy as well. Political democracy cannot last unless there lies at the base of it social democracy, which means a way of life which recognizes liberty, equality and fraternity as the principles of life. These principles of liberty, equality and fraternity are not to be treated as separate items in a trinity. They form a union of trinity in the sense that to divorce one from the other is to defeat the very purpose of democracy...

The words of Dr Ambedkar ring painfully true today. He fought relentlessly for an India which was more humane, just and equitable. His clarion call to his followers was *to educate, organize and agitate* for a truly transformed society.

Mary the Mother of Jesus: Significantly today 31 May is observed as the Feast of the Visitation of the Blessed Virgin Mary. The meeting of the two women-Mary and Elizabeth is actually a strong message of why we should be inclusive in our world today. Interestingly Mary who belongs to the *Anawim*, the sub-alterns of society at that time sings a very powerful song when she embraces Elizabeth it is a song which is a prayer of praise, petition, protest and the power of God – all rolled in one.

Olinda was called to her eternal abode on this day, the Feast of the Visitation, in 2020. It was also on this day in 1960, that the Daughters of the Heart of Mary began their third foundation in India here in Mangalore. The significance of today should not be lost on anyone!

Conclusion: Actually this topic is open ended for the simple reason that: it is a **CALL** to look into ourselves: our behavioral patterns : of the way we conveniently ignore/exclude others because of their religion, their caste , their ethnicity, the language they speak , the class they belong to; the dress they wear or the food they eat... and much more; it is a **CHALLENGE** to address the wrongs and evils which are systemic and endemic in our society; it is the **COURAGE** to speak truth to power; protest hate speech and violence; it is the **COMPASSION** which each of us are called to radiate in society today particularly to those who are lost, last, least, lonely...

Above all, like Fatima, Savitribai and Mary to have that unflinching **COMMITMENT** to work for a society which believes and encourages

transformation for the better.

Olinda in her own ways epitomized these sterling qualities till the very end! In a world which was engulfed in darkness and exclusion, she was a light: of joy, hope, inclusion, peace and transformation! The book which was just released says it all. She walked the talk for a more inclusive society – can we dare follow in her footsteps?

In his path- breaking Encyclical ‘Fratelli Tutti’ (October 2020), Pope Francis highlights and challenges the core teaching of every major religion in the world. He makes a passionate call for meaningful discipleship, of authentic witness! The 2019 ‘Document on Human Fraternity for World Peace and Living Together’ is fundamental to the entire journey of fraternity and social friendship. Pope Francis laments the insufficiency of human rights for all. In ‘Fratelli Tutti’ there is a dynamic movement from darkness towards discipleship which is about authentic witness. The Encyclical emphasizes that democracy with its core values and underlying principles is what political life should be, directing that the Church must engage in politics. If we have the courage to understand the parable of the ‘Good Samaritan’ in today’s idiom and put into practice just a fraction of the challenge, we surely will have a transformed world! Pope Francis exhorts us to shed the “globalization of indifference” and reach out to the poor, the marginalized, the vulnerable and under-privileged, the excluded and exploited of our society

As a finale I cannot but help praying those immortal words of our Nobel and poet laureate Rabindranath Tagore from his ‘**Gitanjali**’ – it is all about inclusion and of social transformation:

***“Where the mind is without fear and the head is held high,
Where knowledge is free... Where the world has not been broken up
into fragments by narrow domestic walls... Where words come out
from the depth of truth... Where tireless striving stretches its arms
towards perfection... Where the clear stream of reason has not lost its
way... Into the dreary desert sands of dead habit... Where the mind is
led forward by thee into ever widening thought and action...”***

Into that heaven of freedom, my Father, let my country awake!”

AI – Caging The Stochastic Parrots

While Alan Turing, the “enigma man” of the Second World War, might have provided the logical foundation for the present day ubiquitous computer, it was Arthur C Clarke who in 1968 conceived of the fictitious computer called HAL (Heuristically Programmed Algorithm), in his celebrated science fiction, 2001: A Space Odyssey. HAL was sentient and could nearly behave like a human. It was the brain that controlled the spaceship. But once its logic got accidentally mutated, no one was able to control it. The book popularized the idea of Artificial Intelligence (AI).

Fast forward to the present and we have what are called Stochastic Parrots. These are nothing but computer generated models “parroting” back what they have learned from large datasets, but are not capable of true reasoning or understanding. Today, versions of stochastic parrots like ChatGPT or Midjourney, powered by AI are easily accessible and getting popular by the day. For most of its existence searching for and accessing information remained the soul of the internet. AltaVista, the first site to allow searches of the full text of the web, was swiftly dethroned by Google, which has dominated the field in most of the world ever since. Google became not merely a household name but a verb. But as the “Economist” says, nothing lasts for ever, particularly in technology. Just ask IBM, which once ruled business computing, or Nokia, once the leader in mobile phones. Both were dethroned because they fumbled big technological transitions. Now tech firms are salivating over an innovation that might herald a similar shift—and a similar opportunity. Chatbots powered by AI let users gather information via typed conversations. Leading the field is ChatGPT, made by Open AI, a startup (now taken over by Microsoft). By the end of January, two months after its launch, ChatGPT was being used by more than 100m people, making it the “fastest-growing consumer application in history”, according to UBS, a bank.

AI is already used behind the scenes in many products, but ChatGPT has put it centre stage, by letting people chat with

an AI directly. ChatGPT can write essays in various styles, explain complex concepts, summarise text and answer trivia questions. It can even (narrowly) pass legal and medical exams. And it can synthesise knowledge from the web: for example, listing holiday spots that match certain criteria, or suggesting menus or itineraries. If asked, it can explain its reasoning and provide details. Many things that people use search engines for today, in short, can be done better with chatbots.

But for many businesses these tools could prove to be disruptive. Google which became a digital giant with its disruptive technologies like the search engine, now feels, itself threatened by ChatGPT. So what is this new beast on the prowl? Many schools and educational institutions are discouraging or even forbidding students from using ChatGpt, though there are those who say that ChatGPT can aid and enrich the work of those who engage in nonproctored project or research work. But before getting submerged in AI mumbo jumbo, it would be useful to understand what ChatGPT is. GPT, that is Generative Pertained Transformer is a type of Large Language Model (LLM) that has been trained to generate humanlike text. It is called “generative” because it is able to generate new text based on the input it receives and “pertained” because it is trained on a large amount text data beforehand. The “transformer” part of the name refers to the type of architecture used by the model. GPT-3 (GPT-4 is the latest version) has many uses and has the potential to disrupt many businesses. It can generate text structures and even programming code automatically. Copilot, which is powered by GPT-3 is used by developers to write code. It is estimated that it generates 40% of the new code written. It can eliminate the need for human intervention as it can run more efficient and interactive chatbots to deal with customers. Experts predict that with fintech revolution underway, converting regulation into algorithms could be the road ahead for financial regulators. GPT could facilitate this transition rendering regulatory bureaucracies lean and yet more efficient.

The history of economic development is replete with celebrated names that have gone extinct because of disruption caused by new technologies, like Kodak, Poloroid Corporation and closer home, Moser Baer and Bartronics. There are any number of jobs and activities

like content creators, copyright holders, translators, publishers and editors, travel agents et al, that are adversely affected by digital technologies. Apart from questions of ethics, data privacy and justice, experts are now throwing light on the likely disturbing consequences of AI for mankind's future. Yuval Noah Harari, historian and philosopher, paints an apocalyptic scenario where application of AI without guardrails could "hack" the Operating System of human civilization (Cf: Economist, April 28, 2023). The dangers to mankind and civilization, according to many, are real when self replicating, sentient computers could take over and run their own operations, as the well known astrophysicist Stephen Hawking feared. Most countries have established certain protocols when it comes to cloning or the application of genetic editing using CRISPR, to produce say, designer babies or, exotic, as yet unknown, species. Harari argues that just as a pharmaceutical company cannot release new drugs before testing for both their short-term and long-term side-effects, so also tech companies shouldn't release new AI tools before they are made safe. We need an equivalent of the Food and Drug Administration for the new technology. But there is equally convincing body of opinion that argues against such controls stating that the so called threats are imaginary or grossly exaggerated. History tells us repeatedly that every time the world of commerce and industry faces an innovative or disruptive technology, it has been opposed, not only by the luddites but also entrenched industries. In 1840, Frederick Bastiat, a French economist well known for his wit, put out a satirical petition to the Chamber of Deputies, calling for a law to shut out the sun so that the candle makers of France could survive and prosper! A la Bastiat there are thinkers who plead for free play of ideas and innovations. And there are experts in the AI field who think that it is doubtful that an artificial mind will ever say like Descartes, "I think, therefore I am" (*cogito, ergo sum*), except by plagiarizing the French philosopher.

Nevertheless, public opinion (driven by fear of the unknown or analytical prediction) is veering round to the need for putting in place some guardrails before deploying AI tools for use by society at large. The question is who will regulate AI? Regulation at the national level will have its own challenges. For instance, US and China will seek to

dominate AI outcomes. While US is likely to bat for private interests, China would most certainly bat for interests of the CCP. Hence a globally representative body like the UN could constitute a Commission comprising well known scientists of international stature (certainly not of career bureaucrats), which could set its own terms of reference to evaluate the risks posed by sentient and self replicating AI systems.

NEWS & NOTES

FINANCE MINISTER HONORS MRS.OLGA D’COSTA ON BEHALF OF HER HUSBAND LATE JEROME D’COSTA



Olga D’costa receiving felicitations from Finance Minister Nirmala Sitaraman on behalf of her husband, **the late Jerome D’costa**, Founder President-Peenya Industries Association Bangalore.

ABOUT MR. JEROME D’COSTA: As a young student, Jerome D’costa displayed great leadership qualities, and with his admirable winsome ways, he won the prestigious School Leadership elections of St. Aloysius School-Mangalore. He studied his B.Com and LLB in India, and then went abroad in the early sixties to study Management. He got his D.B.A from Birmingham and M.I.O.M. from London. On coming back to India he took a job as a sales executive, and rose to the very top of the executive ladder.

Jerome was keen on starting his own Industry. Motivated by the incentives offered by the Karnataka Government and being a “Son of the Soil,” he moved from Bombay to Bangalore in 1973 and started his own industry. As an entrepreneur, he flourished picking up accolades and awards like the Udyog Rattan award in 1995 - a National award bestowed on his company for excellence in Productivity, Quality, Innovation and Management.

He founded the Peenya Industries Association in 1978 with few of his co- Industrialists. The objective was to safeguard the interests of Industrial Units in the Peenya complex. Even after stepping down

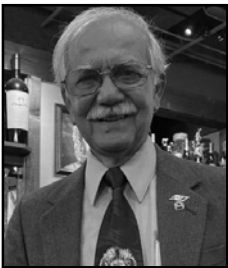
as President, he continued being the mentor and guiding light for successive Presidents right till his death. This association with it's cluster of industries has now grown exponentially, employing a huge work force and paying humungous taxes.

Olga says she is feeling touched to bask in the glory of her beloved husband Jerome, a real moment of humble pride for her.

Olga D'costa also won the Gold Medal in Ladies Doubles and Bronze in Mixed Doubles events at the National Badminton Championships held at Goa in March 2023. She has been selected to represent India at the World Championships to be held in South Korea in September 2023.

CASK congratulates Olga D'Costa on her achievements – at age-79, its remarkable!

MANGALORE ORIGIN DR AUSTIN PRABHU NOMINATED AS INTERNATIONAL DIRECTOR OF LIONS INTERNATIONAL



At the Lions of Illinois Multiple District-1, State Convention held in Chicago on 21st May 2023. Mangalorean origin Dr Ausltin Prabhu from Illinois, Chicagoland, was endorsed to be one of the Directors of Lions International. The Convention was held at the Abraham Lincoln DoubleTree Hotel Hilton in Springfield. Festivities were started on May 18, 2023, with the International Guest for the weekend, the Past International President of Lions International, from Calgary, Canada.

There were Lions and Guests from the 10 districts of Multiple District 1. (Mother District of Lionism). A total of 189 delegates from 10 districts of MD1 took part in the election. Dr Austin from District 1A received 58% of the votes and thus was nominated. The next step will be an endorsement from Lions International at the International Convention in Melbourne, Australia in July 2024.

In his acceptance speech, Austin Prabhu thanked all the delegates and also his club The Forest Kala Sampath Lions Club members for

their unconditional support in preparing his hospitality room and arranging food and beverages. When elected, Dr Austin will be the first India-born International Director from the State of Illinois, the Mother District of Lionism. However twenty-seven (27) INDIANS have been privileged to be Lions International Directors so far.

CASK congratulates Dr Austin Prabhu on his election as an International Director of Lionism & wishes him success.

H.M. PERNAL and STANY BELA NOMINATED TO THE LANGUAGE ADVISORY BOARD OF KONKANI SAHITYA ACADEMY – NATIONAL ACADEMY of LETTERS



H. M. Pernal, Konkani critic and editor of kittall.com and publisher of ‘Arso’ Konkani fortnightly from Mangaluru, and Stany Bela, short story writer, poet and production director of Konkani television shows were nominated to the language advisory

board of Konkani Sahitya Akademi, National Academy of Letters, Government of India, for a period of five years from 2023 to 2027.

While H. M. Pernal represents the state of Karnataka along with Srividya M.R. from Bengaluru, Stany Bela represents the state of Kerala along with young and promising writer Namratha P. Kini from Alappuzha district, Kerala.

CASK congratulates H.M. Pernal and Stany Bela on their selection as members of the Language Advisory Board and wish them a successful tenure.

ALISHA RUTH SALDANHA – B.COM WITH ACCA – FIRST RANK IN INDIA & SECOND RANK WORLDWIDE

We are pleased to know that **Alisha Ruth Saldanha**, who is pursuing her B.Com with ACCA in St. Agnes College, secured the **Second Rank Worldwide** and the **First Rank in India** in the recently conducted ACCA Financial Management Examination.

The Association of Chartered Certified Accountants (ACCA) is a global professional accounting body. St. Agnes College is the first college in Mangalore to offer the B.Com with ACCA integrated programme in 2016 and is successfully running it for the seventh year.

Alisha is the daughter of Vernon and Patra Saldanha of Mangalore.

CASK congratulates Alisha on her great achievement and wishes her success in all her future endeavours.

VINOD PINTO ELECTED PRESIDENT OF CREDAI - MANGALORE



Mr. Vinod A. R. Pinto a young entrepreneur, the Managing Partner of M/s N J Builders and Promoters, has been unanimously elected as the President of CREDAI (Confederation of Real Estate Developers of India) Mangalore Chapter for the term 2023 - 2025.

CREDAI is an all India body tasked to frame rules, regulations, safe guards and support the interests of the building industry. It helps its members to deal with Government Agencies, Trade bodies etc on issues affecting the sector.

CREDAI Mangalore is a district level body formed in 2008, which is affiliated to CREDAI Karnataka. It addresses the district level problems and shares industry information. It has 177 chapters across India.

Vinod is an alumna of St Aloysius and holds a BE Civil and MTech in Construction Management from Manipal Institute of Technology. In 2007, he joined the family firm N. J. Builders & Promoters working with the construction of Infosys campuses across India. He is a member of the Mangalore Diocese Building Committee and was the Area Chairman of Round Table India Area 13, a pan India and global NGO, actively involved in the field of education for the economic backward of the society.

Vinod is the son of Mrs. Jacintha & Mr. Noel Pinto, a pioneer of the construction industry in Mangalore for the past 5 decades. He is

married to Sharon Pinto, a Professional Baker, going by the name "Sweet Frostings by Sharon". They are blessed with three children.

As President of CREDAI, Vinod plans to work closely with the new Karnataka government for the economic and infrastructure development of Mangalore. "Through CREDAI, we plan to promote rain water harvesting and create more landscaped greenery in and around Mangalore" says Vinod.

OBITUARIES - MAY/JUNE 2023

CASK offers its sincere condolences to the families of the following members of our community, who passed away recently:

- ❖ Dr G C De Silva (83), Valencia, husband of Gretta De Silva, father of Sonia Solly & Susan, father-in-law of Sumit and Alan, on May 6, 2023.
- ❖ Severine Miranda (94), Bendore, wife of late Alphonse Miranda, mother of Edmond/Laura, Avith/Victor D'Souza, the late Benedict, Romula/late Allan Sequeira and Balveer/Wilma, on May 6, 2023.
- ❖ Irene D'Souza (60), Kulshekar, wife of Noel Mark D'Souza, mother of Nithin/Sheeba, on May 7, 2023.
- ❖ Irene D'Silva (84) nee Philomena Costa, Kulshekar, wife of the late Ambrose D'Silva, mother of Margaret/Murali, Merlyn Asha/Ajoy, Muriel Nirmala, Roy/Gretta, Loy & late Joel Deepak, on May 11, 2023.
- ❖ Anil Vincent Fernandes (43), Milgares, brother of Anand & Anisha Fernandes, brother-in-law of Joel and Diana, on May 11, 2023.
- ❖ Ivan Leslie Rego (65), Kulshekar, husband of Meena Rego, father of Irel Rego, on May 14, 2023.
- ❖ Cecilia Pinto (90), Bejai, wife of the late R N Suvarna, mother of Elvira, the late Allan, Sam & Suzan, on May 17, 2023.
- ❖ George Hilary Gonsalves (65), Kulshekar, husband of Precilla Gonsalves, father of Preetham/Wilma, Prajwal, on May 17, 2023.
- ❖ Stella D'Souza (59), Kulshekar, wife of Vincent D'Souza, mother of Seema/Merwin, Shalma and Venisha, on May 19, 2023.
- ❖ Denis Pinto (66), Kulshekar, husband of the late Helen Pinto,

brother of Alex Pinto, Jacintha Pinto/Victor Pinto, Felcy/Peter D'Souza, Cyril Pinto, Lancy/Shanti Pinto and Lita/Stany D'Souza, on May 19, 2023.

- ❖ Edwin D'Souza (79), Valencia, husband of late Juliana D'Souza, father of Syril/Lavina, Anil/Leena and Janet/ Gregory Lobo, on May 21, 2023.
- ❖ Stella Peris (91) nee Lobo, Bejai, wife of the late Cyril Lobo, mother of Anna/late John D'Souza, Arnold/Irene Lobo, Alwyn/ Janet Lobo, Amelia/Dolphy Pinto, Asha/Kishan Miranda and Adeline/late Herold Albuquerque, on May 21, 2023.
- ❖ Annie Monteiro (83), Bendur, mother of Winston/Jyothi and Savita/ Loyola, on May 21, 2023.
- ❖ Gracy Pinto (62), Kulshekar, mother of Michelle/Ajay Frank and Mellisa/Preetham, on May 22, 2023.
- ❖ Lawrence D'Costa (79), Milagres, husband of Maria (Phyllis) D'Costa, father of Deepak/Suhasini, Dinesh/Gayle and Dhiraj, on May 23, 2023.
- ❖ Lilly Fernandes (72), Valencia, wife of Noel Fernandes, mother of Preethi/Roshan Menezes, on May 25, 2023.
- ❖ Lynette Pinto (nee Tauro) (73), Valencia, wife of the late Marian N S Pinto, mother of Loy/Anita, May/Deepak and Joy/Sandra, sister-in-law of Sr M Priyanthie AC, sister of the late Nelly, the late Leo, the late Louis, Letitia, Fr Harry, the late Maxim, the late Norbert and Judith, on May 26, 2023.
- ❖ Boniface Pais (82) (ex-serviceman), Kulshekar, husband of the late Rita D'Souza, brother of Eugene/Jockim D'Souza, the late Calist/Catherine Pais and Mary D'Silva, father of Arun, Avin, Rekha Pais and Roshni/Joseph D'Souza, on May 28, 2023.
- ❖ Austin Martis (64), Bejai, brother of the late Carmelita/Maurice Mendonca, Leslie/Emilda, Philomina Dorothy/the late Arthur D'Souza, Godfrey/Veera, Clarence/Kavitha, Hazel/Cedric Alvares, Charlotte/Donald Gonsalves & Kevin/Laveena, on June 1, 2023.
- ❖ Brian J D Mascarenhas (65), Bendur, husband of Charlotte, father of the late Rhea, Ian/Delora and Craig, brother-in-law of Rudolph, John, Alexander, Jude, Bernadette and Thomas, on June 3, 2023.

WORLD ENVIRONMENT DAY



5 JUNE

The campaign for World Environment Day 2023 will use the hashtag and slogan **#BeatPlasticPollution**. World Environment Day is the United Nations' principal vehicle for encouraging worldwide awareness and action for the environment.

"The greatest threat to our planet is the belief that someone else will save it."



*We welcome showers of
blessings from above!*

**If not delivered, please return to: Catholic Association of South Kanara,
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