



# CATHOLIC ASSOCIATION OF SOUTH KANARA

Founded in 1914

(Regn. No. MNG/130/2015-17)

## CATHOLIC ASSOCIATION OF SOUTH KANARA

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## EDITORIAL

10<sup>th</sup> May is celebrated worldwide as Mother's Day. This issue is therefore dedicated to Mothers and womanhood. A mother plays the most powerful and predominant role in our life as you can see from the tributes we gathered. We also carried out an interview at the Eye Camp, met a few mothers and take pride in relating their stories.

For me, I always look up to Mary, the Mother of Jesus who lived a life of simplicity. The Greatest story ever told is of the Crucifixion. Mary was there in all her sorrow and anguish. Every time she saw her son being lashed, it was as if a sword was pierced in her heart. The Stations of the Cross at Retreat House conducted by Fr. Prashant Madtha on Good Friday this year was unique. He devoted the stations to Mary our mother and started from the 14<sup>th</sup> station and went backwards just concentrating on the sorrows, challenges and trials of Mary who saw her only son being crucified. I am sure many others like me tried to feel her emotions and pain. Let us think of Mothers who go through this pain in some way or the other but always stand by their children. They need our support. As we celebrate Motherhood think of Mary and her qualities of peace, compassion and love for her son. Mary was powerful and an example to us all. Let us never ever minimize her role.

CASK organized the 4<sup>th</sup> Health Camp and the 3<sup>rd</sup> Eye Camp at Concetta Hospital-Kinnigoly on 19<sup>th</sup> April 2015. Since I could not attend the three previous camps, I decided to gain first-hand experience on this important activity of CASK. I interviewed the first patient and chatted with a lot more. It turned out to be an edifying experience with 133 persons examined by the team of doctors and optometrists from Fr Muller Medical College. There were people of all age-groups and all strata of society. A report and my interviews with a few mothers is separately given.

As I am out of the country I missed yet another important programme jointly organized by CASK and the Sylvester Frank

Centenary Foundation on 1<sup>st</sup> May 2015 – A seminar on “Issues and Concerns of the Christian Community” with 6 eminent speakers covering various issues. A detailed report by Joan Lobo appears in this magazine.

Every year, a devastating natural calamity visits Planet Earth and affects one or more countries. A high magnitude Earthquake occurred in Nepal killing over 7,000 people, injuring many more and causing widespread damage to buildings and homes. Our hearts go out to all those people affected. Let us in some way support the rebuilding of this country and offer our prayers for the families who lost their loved ones.

The CASK projects dearest to my heart are the “**Footwear for Barefoot Children**” project and the “**Safe Drinking Water for School Children**” project. A contribution of Rs.10,000/- can provide shoes to about 50 children and a contribution of Rs.25,000/- can provide Safe Drinking Water facility at a school. We appeal to our members and friends who missed contributing to the CASK Centenary Fund to contribute towards these very useful and impactful projects. Let us ensure that every school installs Purified Drinking Water facility and every school-going child wears footwear in our parish schools and then extend it to all schools in our district. Please join this CASK Campaign!!  
**Until next time.....Patsy Lobo**

## **MESSAGE FROM THE EDITORIAL TEAM**

1. The Editorial team welcomes articles and news items from CASK members and wellwishers and places on record our appreciation and thanks to all those who contribute articles.
2. We request the authors to kindly limit the articles to a maximum of 1500 words. This will reduce the need to abridge or edit the article.
3. While we generally accommodate most of the articles sent, please note that the editorial team reserves the right to publish or not publish an article.
4. Please forward all articles, news items, eulogies etc to the editor at email- [derpatlobo@hotmail.com](mailto:derpatlobo@hotmail.com) in addition to [caskmangalore@yahoo.com](mailto:caskmangalore@yahoo.com).
5. The articles may please be typed in Times New Roman script, font size 12 and sent by email.



## THE PRESIDENT SPEAKS

‘It is better to build stronger children than to repair men and women later’ – Fedrick Douglas.

The beauty of Kathmandu will never be the same from 25th April 2015. The mountaineers determined to climb Mount Everest will have to postpone their dreams, for some time to come.

Only time will tell as to how long will it will take, for our neighbouring country, Nepal, and its people to come back to normal life. While most governments, NGO’s, organisations and associations have chipped in their bit during the rescue operation, the real test will be the rebuilding task. From past experience it takes more than two to three years for life to come back to normal. Human memory is short. This calamity claiming over 7,000 lives is fresh in our minds now. Perhaps we need to remain sensitive to the force of nature, its effects on Mother Earth and how the messenger of death can knock on any door unannounced causing mass destruction. The world outside now has a golden opportunity to build stronger children in Nepal and it is our duty to fulfil this task. Let us do it our own way through the membership associations or organisations we belong or by contributing to the PM’s Emergency Relief Fund. Every bit counts.

In March 2015 issue of Mangalore, former President Dr Derek Lobo wrote an article ‘Update on CASK Centenary Projects’ with a stress on impactful charity. I am glad to inform that in April we received two anonymous donors contributing Rs 10,000 each to providing footwear for the 100 school children of the two schools in Belthangady Taluk. This assignment will be completed by 1st week of June. On the 25th of April 2015, I was pleasantly surprised to receive an E mail from another benevolent anonymous donor coming forward to sponsor the ‘Personality Development Programme’ this year in rural schools with a pledge of Rs Two lakhs to cover the expenses. The CASK Governing Council has taken up this challenge too. The Personality Development Programme Convenor, Ms Patsy Lobo, invites volunteers and resource persons to implement this project. It may involve travelling to schools in the vicinity of 60 kms away from Mangalore. This is an investment CASK is making in building stronger children for our nation.

The Seminar on ‘Issues and Concerns of our Community’ organised by the Sylvester Frank Centenary Foundation and CASK on 1st May

2015 had the desired result. The reason behind this Seminar was the build-up that had taken the preceding ten months and to sound the wake-up call, viz.

- To awaken the leadership potential within individuals of the Community.
- To stand tall and be visible in the society as a respected law abiding citizen, exhibiting rightful actions and upright intentions.
- To build a platform to interact and exchange ideas on the theme ‘unity is strength’. This Seminar has been covered separately by Ms Joan Lobo of the editorial team.

The Eye Camp in association with Fr Muller Medical College Hospital on 19th April 2015 has been included too by the Editor. All these activities have been possible due to team work and team spirit. It’s a real pleasure to work with the office bearers and the Governing Council members and the responding members of CASK. The only problem that I envisage is that expectations are set higher and time is the usual constraint. We will do our best to continue the CASK Centenary projects.

From 29th April to 4th May 2015, Mangaluru hosted the National Senior Athletics Meet Federation Cup after a gap of 28 years - placing the city on the Athletic Map of India. The Mangala Stadium was filled with National Athletes from all parts of India. Though some known stars failed to impress, many athletes booked their places for Asian Championship; some attained Olympic qualification benchmarks too. The overall Men’s Championship went to the Army and the Kerala State triumphed in the Women’s Section. On the track and field, the atmosphere was ‘unity in diversity’. With this event our local talented youngsters will get encouragement and exposure of National athletics too, with level of qualifying standards to achieve. This Athletics and Sports Championship has led to the overall improvement of facilities and infrastructure at Mangala Stadium, Mangaluru. The participants were happy at the hospitality extended by the Mangalureans.

CASK will soon be having the distribution of scholarships to deserving children from PU Colleges for the third successive year. The finer points are being worked out. The focus on building stronger children for a better society and a ‘Super Power India’ is our goal. Perhaps you can partner us in helping a girl child pursuing her education. Yes, ‘WE CAN’.

Jai Hind!

*Capt. J. P. Menezes*

## SEMINAR ON ISSUES AND CONCERNS OF OUR COMMUNITY- A FULFILLING DAY....

*Joan Lobo*

**A Seminar on “Issues and Concerns of the Christian Community” jointly organized by the Catholic Association of South Kanara(CASK) and the Sylvester Frank Centenary Foundation was held on 1<sup>ST</sup> May, 2015 at St Aloysius College Auditorium.**

The two sponsoring organizations also took the opportunity to felicitate the new Mayor of Mangalore – Ms Jacintha Alfred and also acknowledged the past mayor Ms. Hilda Alva and past deputy mayor – Ms Judith Mascarenhas



*Mayor Jacintha Alfred being felicitated*

The invitation had drawn a lot of attention as the burning issues faced by the Christian community were being addressed by six eminent experts :

1. Mr Francis Colaso, IPS(Retd) – Former Director-General of Police-Karnataka on the topic ‘Issues and Concerns – The Way Ahead’.
2. Mr P.D.Sabastian – Principal, SDM Law College-Mangalore on the topic ‘Constitution and Minorities’.
3. Ms Flavia Agnes – Director – Majlis-Mumbai - Legal Expert and Activist on the topic ‘Crimes against Women’
4. Mr Ronald Fernandes – Chief of Bureau, Deccan Herald-Mangalore and recipient of the Sarojini Naidu Award for Journalism, on the topic ‘Role of Media on Issues and Concerns of the community’.

5. Fr Vinod Mascarenhas OFM(Capuchin) – Director, Vimukti-Ujire on the topic ‘Ghar Wapsi – the Reality’.
6. Professor Elsie Tharian – Head, Department of Psychology, St Agnes College-Mangalore on the topic ‘Effective Parenting in the Present Scenario’.

The auditorium was packed to capacity with over 200 people attending, representing both the clergy and laity of Mangalore city. It was obvious that the various problems grappling the Christian community were causing distress not only to the Christian and other minority communities but also to the enlightened members of the majority community.

The six speakers ably fulfilled the expectations of the audience with their well prepared discourses as indicated by the many questions posed to them during the Question/Answer sessions.

The seminar started with a prayer song “HERE I AM LORD” sung melodiously and meaningfully by students of Capitanio and Mount Carmel School and an enthusiastic and hopeful audience were sure there to participate actively on matters that were hurting our sentiments and challenging our times.

Professor Edmund Frank – Chairman of the Sylvester Frank Centenary Foundation welcomed the gathering and Captain John Prasad Menezes, President-CASK, spelt out the objectives of the seminar and introduced the first citizen, Her Worshipful Mayor-Jacintha Vijaya Alfred who has the distinction of being the 3<sup>rd</sup> lady mayor from our community. Ms. Jacintha Vijaya Alfred was ceremoniously honored by Mr. Edmund Frank. Ex-Mayor Mrs. Hilda Alva and Ex-Deputy Mayor Mrs. Judith Mascarenhas were also recognized and acknowledged for their contributions to society. Mrs Jacintha Alfred in her brief address expressed gratitude for being invited and felt privileged being part of the seminar. She complimented the two organizations for taking the initiative to highlight the growing challenges of the Christian community and was confident they would make effective inroads in tackling the problems.

**In his address on the topic ‘Issues and Concerns – The Way Ahead’, the Chief Guest of the day Mr Francis T. R. Colaso**



bemoaned the communal situation in our society which has drastically deteriorated coinciding with the BJP Government coming to power in May 2014. He said “This is because of our beliefs and because we are small in numbers especially in the north” and added “With extremism and communal activism on the rise, minorities have become soft targets. We Christians have been attacked verbally and physically. In the states of Gujarat, Madhya Pradesh and Odisha, many incidents of attacks on Christians and churches were reported and in 2008, churches were attacked here in Mangaluru by fanatics. Attacks on Christians are increasing in the entire nation and yet the culprits go scot free or with minimal punishment. The leaders of these parties themselves are delivering statements portraying the Christians in poor light and he rued the fact that Christians were not even being considered part of India. Though the Prime Minister has said that he would take strict action but nothing has been done. He has not rebuked anyone and his insincere statements only aggravate the situation. Our unresisting nature has been misused by these fanatics. Other groups are more zealous than us. To overcome these kind of attacks on Christians, all Christians need to unite. We have to talk when it is necessary and we should talk stating truths and facts. We have to stop the false and baseless allegations directed against us. It is distressing that hateful statements are being made by people in authority” . The attack on Mother Teresa was blasphemous and he also quoted the sentiments expressed by Julio Riberio “Today, in my 86th year, I feel threatened, not wanted, reduced to a stranger in my own country. The same category of citizens who had put their trust in me to rescue them from a force they could not comprehend have now come out to condemn me for practicing a religion



that is different from theirs. I am not an Indian anymore, at least in the eyes of the proponents of the Hindu Rashtra.” Mr. Colaco reiterated in conclusion “We have to be knowledgeable. Lay persons should take the lead and writers and orators should strongly voice facts and reasons and not anger and hatred on effective platforms”.

**In his address on the topic ‘Constitution and Minorities’ Mr. P.D. Sabastian** squarely blamed the Christian community for being too passive, not attempting to counter-attack and not having the word ‘revenge’ in their vocabulary, dictionary or practice. He listed it as a major reason for being harassed. He also felt that the value of ‘forgive and forget’ and ‘show your left cheek when the right cheek is slapped’ that is imbibed in us is exploited by the extremists and they treat us like puppets. He cited the recent example when the Chief Justice of India convened a meeting all Chief Justices of High Courts on Good Friday, 3<sup>rd</sup> April 2015 which was objected to by two Christian Judges-Justice Kurien Joseph and Justice Vikramjit Sen, without success. He cited various provisions in the constitution that protect our rights and which we could exploit to make our case stronger but unfortunately, in the bigger picture we do not have too many to support us he felt. “We are



targeted for obvious reasons. A person who is unable to understand his own religion will attack others. Every religion is a message of love”

**In her address on the topic ‘Crimes against Women’, Ms Flavia Agnes** said “We are a persecuted community because we do not respond” and posed the questions – “Why were Christians attacked everywhere? And Why don’t we know to assert ourselves and respond?”. She said that our weakness lies in the fact that we claim rights as citizens after we have been attacked! “It is important we point fingers inwards rather than outwards because most often we are responsible for how we are treated”. Christians are in the forefront of

education and health services in India. But have we given it a thought and analyzed what kind of education we impart through these institutions? If we had educated these young minds soundly, what is it that is triggering them to attack the very institutions they got educated in?

The women who are minorities needed courts to intervene when our churches could have helped in marital problems. We depute nuns to work in places like Nagaland and Arunachal untrained/unprepared and unprotected to provide education and health facilities. They make the attempt to adjust to a new culture, learn a new language but often end up as targets of attack. In her opinion the church does not think women are important. Only when there is a protest women are upfront but otherwise they are treated subordinately. Women are expected to succumb to anything and everything. She felt women are only attendants of the church but not helped or adequately treated in turn. She said we were being short sighted of women's rights and also rights of minorities. There is a severe erosion of secular rights in the recent years. There are innumerable rapes that occur but only a few high-profile ones get highlighted. Another interesting fact is that strangers raping girls are more commonly spoken about but as startling it may seem, there are more rapes taking place within the confines of homes by fathers, brothers etc. which are hidden under the carpet. In conclusion she said "Whatsoever you do to the least of my sisters you do unto me"..

**In his address on the topic 'Role of the Media on Issues and Concerns' Dr. Ronald Fernandes** emphasized that media was a powerful tool and had a profound impact on society. "It was a powerful entity to create awareness, to influence formation of opinions, can make or break people and sometimes makes criminals out of innocent people and vice versa". He highlighted 3 recent events which were on the front pages of dailies pertaining to the catholic community and lamented that though it is within our domain to rise and shine in assisting, solving or contributing to ease a situation, most often we are laid back and treat it like another bit of news and nothing more. The events referred to are :

- (1) The confusion about inclusion of Christians in the ongoing Caste Census;
- (2) Case of wheel-chair import by Mervin Vas
- (3) Unlawful arrest of Gladys Almeida in a false divorce decree;

If we take events or situations affecting our own people seriously and are proactive, we can surely make a difference to lives and our community. He concluded with a quote from Martin Ninontus:

“First they came for the Socialists, and I did not speak out—because I was not a Socialist.

Then they came for the Trade Unionists, and I did not speak out—because I was not a Trade Unionist.

Then they came for the Jews, and I did not speak out—because I was not a Jew.

Then they ca me for me—and there was no one left to speak for me”.

**In his address, Fr. Vinod Mascarenhas on the topic “Ghar Wapsi-The Realities”** said we have to salute ourselves for the



reverence we have for our community but should not stop there. ‘Ghar Wapsi’ or Home-coming is a polite word but has impolite, imposing ambitions - terror, of a sort that needs discussion and resolution by us.

**GHAR VAPSI**

according to him is an attempt by certain people to capture and made to forcefully adopt the religion dictated to them. It is a dangerous exercise to create a majoritarian dominated Hindu rashtra which offers those who convert to Hinduism safety, security and benefits. People have converted and reconverted and we are all products of conversion. The present Central Government and some State Governments are encouraging a vigorous revival of religion in politics. Conversion is hotly



debated and is falsely implicated to give Christians trouble and harass them. Fr. Vinod suggested priests should come out of liturgical celebrations and come to the rescue of Christians and help sort the

problems of Christians in society. He felt our networking was very weak and said “Lets prepare our sheep like serpents”. We speak about all other values except constitutional values. Hatred against minorities is very prevalent in backward schools. We have to seriously concentrate on sheep that need our attention. Recently an open invitation was served on a golden platter to Christians to get reconverted and to re-embrace the religion of the land.

It would be relevant to ask whether the ascent of BJP to power with a big majority provided a fillip to such “reconversion” efforts. It reflects on the manner in which Indian politics is shaping up after the present dispensation came to power. Hinduism - a Way of Life from where people were historically scattered due to persecution or allurements to embrace foreign religions, Christianity and Islam. Ghar Wapsi calls to get reconverted. Let us understand them as such - “birds return to their nest without anybody’s interference, animals walk back to their dwellings spontaneously, then why our own people hesitate to return to their home religion – Hinduism”; it is the working hypothesis behind Ghar Wapsi”. Our community is ignorant, if not entirely impotent, in how to respond to the Ghar Wapsi movement. He quoted the bible “Behold, I send you out as sheep in the midst of wolves; so be shrewd as serpents and innocent as doves” was his concluding thought.

**In her address on the topic “Effective Parenting in the present scenario” Professor Elsie Tharien** conceded that parenting

is difficult today. Train up a child in the way he should go: and when he is old, he will not depart from it. She said “a personal relationship with god will help a better relationship with your children”. She



believed divine guidance is inevitable in today’s world. We cannot helplessly look along or play along with our children. Unconditional love is imperative and keeping your child’s self esteem alive is as important too. Love and discipline are like 2 sides of a coin. Being able to say NO to them without making them rebellious about it is quite a challenge. Values like Love, Honesty, Integrity should not be taught but be caught which means parents should lead by example. They should be role models for their children. Communication is a very important tool in a happy home. Adolescents appreciate discipline but it has to be an invisible curve. It is best if we can walk in through their door and walk out of our door. The only earthly possession that parents can take to heaven are their children. So they should always work on their strengths and weaknesses so that they are ready for the challenges of the world. She concluded quoting social reformer Patrick Douglas “It is better to build stronger children than to repair men and women later”

The six topics were divided into 2 sessions of 3 talks each. Session-1 was ably chaired by **Mr Marcel Monteiro**, Former President of ‘RACHANA’ Catholic Chamber of Commerce & Industry and Session-2 was competently chaired by **Dr. Anand Periera**, the well-known Environment and Ecology expert. Both the sessions were followed by a Question/Answer session – many pertinent, interesting and soul-searching questions were directed at the speakers who provided convincing answers.



**Prof. Edmund Frank** in his concluding remarks thanked the speakers for bringing out the many problems affecting our community and assured that CASK and SFCF will embark upon necessary follow-up actions.

**Capt. John Prasad Menezes** in his concluding remarks hoped that we could awaken the giant in us after this seminar and also stand tall and be visible as good but effective citizens. Exploring the leadership potential within the individuals of the community would be a priority too. He highlighted the CASK Projects on the anvil and hoped this was an effective beginning to many more to come. All the speakers were given mementoes as a token of appreciation.



**Mr. Mario Saldanha – the Secretary of CASK** proposed a Vote of Thanks – to the 6 speakers for their inspiring and enlightening talks and to the very enthusiastic and active crowd.

As the seminar concluded, I for one pinched myself and am sure many others did the same because there were many bitter truths that were conveyed that needed to be addressed and tackled. Sure ‘the road ahead is long...the path is steep... And there are miles to go before I sleep .....



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## MARIAM BAOUARDY - A NEW SAINT WITH A MANGALORE CONNECTION!

*Sr Olivia A.C.*



Pope Francis will be declaring Mariam(Mary) Baouardy - a Cloistered Carmel Nun and a Greek Melchite Catholic of Arab origin, a Saint, on Sunday 17 May 2015, at the Vatican City. **It is a matter of rejoicing and celebration to us in Mangalore because Mariam Baouardy has a Mangalore connection!** Born at Abellin,

Upper Galilee-Palestine, her father Giries (George) Baouardy and mother Mariam Chahyn who were from a marginalized family, had 12 sons born to them and all died in infancy; they walked 170 kilometers on foot to the Grotto of the Nativity, Bethlehem and prayed for a girl child. “We will name her Mariam and will offer her to the service of God a quantity of wax equal to her weight when she is three years of age”. The Mother of God blessed them by granting their request – the miracle child of Bethlehem was born on January 5, 10 days later in the Greek Catholic Church. After 2 years God gave them a second child a boy whom they named Boulos (Paul), but very soon both the parents died and the two children became orphans. Looking at a picture of St. Joseph her father’s last words were, “Great saint, here is my child; the Blessed Virgin is her mother; deign to look after her, be her Father.”

God looked upon Mariam as a child of predilection; from the tender age of 3 she was blessed with the gift of interiority. She referred to herself as “the Little Nothing”. People ordinarily called her “the Little Arab” or “the little one”. Mariam’s paternal uncle took charge and brought her up in comfort; when she attained age-13, he made preparations to get her married. But being in love with Jesus, Mariam had decided to remain a virgin and so escaped her uncle’s gaze and disappeared. Being an illiterate child, she worked as a domestic helper for 7 years in 4-5 different places in Greece and France. At last in Marseilles-France, she was acquainted with a confessor who introduced her to the Convent of St. Joseph of the Apparition, where Mary was affectionately received; she edified everyone through her saintly ways.

She stayed there as a Postulant for 2 years. She was sincere and fully given to God. Yet God had a different plan for her, for she did not get selected to the Novitiate and therefore had to leave the Convent. As Divine providence had willed it, her Novice Mistress Mother Veronica of the Passion was chosen to be the foundress of a new Active Carmelite Congregation to work for the education of girls in Mangalore, and for this purpose had received from Rome the authorization to transfer to the Carmel of Pau, and was about to leave Marseilles. With great compassion, she proposed to Mary-the Little One, that she would introduce her to the Mother Prioress of Pau. She wrote and received a prompt and positive reply. In her letter of introduction Mother Veronica had passed over in silence Mariam's privileges, but she had added: "She will obey even miraculously." God put a close spiritual and genuine bond between the two souls and from then on, grew as 'soul mates' on the path to sanctity, always pursuing God's will and seeking perfection through prayer, obedience and openness to the Holy Spirit to gain spiritual insights.

The two religious presented themselves at the door of Carmel of Pau on June 15, 1867, the eve of the feast of the Blessed Trinity, and were received by the prioress Mother Elias with open arms. Mariam became a postulant and then a Novice and chose to stay as a Lay Sister engaged in all the hard work in the cloister; she took the name of Sister Mary of Jesus Crucified. The stigmata reappeared in April 1868. Mary always remained humble and used her God-given extra-ordinary gifts and graces for the good of others, to render help in all difficult circumstances and the dire needs of the community.

In the meanwhile Mother Veronica, after a training of 3 months in Carmel, made her profession and guided by the Bishop of Mangalore-Marie Ephrem OCD, set out on the arduous journey of recruiting vocations for the active Carmel of Mangalore. Bishop Ephrem wanted the diocesan mission made fruitful by the power of prayer and therefore also worked to get a group of Cloistered Carmel sisters from Pau to start a convent in Mangalore. All were eager to volunteer to join the group. Mary the Arab was a choice of the Bishop though she was still a Novice! The Prioress made it known that they did not have funds



to start the foundation in Mangalore. But Mary had a vision where she saw Matilda, the departed daughter of the Count of Belgium who said to her “Hurry and write to my father George and he will be the founder of the Carmel in India”. The prioress on the report of Mariam wrote to the noble Belgian and the latter agreed to be the founder of the Indian Carmel. Accordingly, 3 Apostolic Carmel sisters who had just made their first vows in the Little Carmel of Bayonne, and the 6 Cloistered Carmel sisters set out as pioneers of the twin mission – the Apostolic Carmel and the Cloistered Carmel in Mangalore India. The strenuous 3-month sea journey resulted in the death of 3 cloistered Carmel nuns, including the prioress Mother Elias. The 6 nuns (3 Cloistered Carmel and 3 Apostolic Carmel) reached Mangalore on 19 November 1870 and were welcomed by Bishop Ephrem at the Rosario Cathedral with offering of Mass and singing of Te Deum in the presence of a large number of clergy and faithful. The young indigenous Carmelite Tertiaries prepared by Bishop Michael Antony joined them and were led in procession to St. Ann’s Convent, where the Cloistered and Apostolic Carmel sisters lived side by side in two enclosures for 12 years.

For us, Apostolic Carmel sisters, it is a matter of rejoicing that the Cloistered Carmel Sisters lived on the St. Ann’s premises and we had the privilege to witness and be influenced by the presence of Mary of Jesus Crucified. Further, Mary made her solemn vows on November 21, 1871 in St. Ann’s, at the altar of the Cloistered Carmel chapel. She occupied a room very next to the sanctuary and was a victim soul who had the gift of prophecy and mysterious knowledge. Amidst a lot of misunderstanding within the Cloister, the Bishop influenced by the report, decided to send her away. She left Mangalore on 23 September 1872 accompanied by two Carmelite friars and reached her dear Carmel of Pau on November 5. In spite of the turmoil and humiliations she suffered, her soul was in peace back in Pau amidst warmth and welcome by the Community and the Bishop of Bayonne. Now she desired only Jesus, His will and silence. Mother Veronica too, according to God’s mysterious plan, after founding the Apostolic Carmel for the Missions of India, was not to come to India, but returned to Pau and the two soul mates continued to live the contemplative life of grace and sacrifice.

On 20 August, 1875, they left for Bethlehem with 8 other sisters to start a foundation there and Mary the Little One inspired by the Spirit and in Holy obedience led the group and a heavenly sign had been shown to her to mark the site of the future monastery and she indicated the place (called the Hill of David) where the Lord wanted the Carmel. Mary wasted no time but pursued the implementation of God's voice confirming His will to see the Carmel of Nazareth to be brought to reality. Bishop Bacco had full faith in her and permitted the pursuit of this plan, though the Carmel of Nazareth was realized a few years after the death of the Little One. As regards the Carmel of Bethlehem, Mary had a vision about the Carmel. After purchasing the land, the 'Little One' transcribed the dictation with the help of Mother Veronica and proceeded with the construction of the cloister and chapel, with the support of the donor Miss Bertha Datrigaux. On November 21, 1876, the community moved to the Hill of David, to the new Carmel of Bethlehem. Mary and the new community in Bethlehem were now placed under the new Bishop Bacco. Bishop La Croix had sent a personal official letter to the patriarch of Jerusalem about the new Carmel stating about Mary: "... Yes, I confess and not deny it, I acknowledge before God and the angels that this sister is an admirable treasure of all the virtues and principally a treasure of faith, humility, obedience and charity. In a word, she is a miracle of the grace of God." Mary died in the Carmel of Bethlehem on 26 August 1878.

The event of Canonization of Blessed Mary will be a special celebration to the Congregation of Betharram Priests of the Sacred Heart of Jesus, founded by St. Michael Garicoits in 1835; he opened a residence in Pau and one of their priests was a chaplain to the Pau Carmel as a result a close bond was established between the Cloistered Carmel and Betharram. On Mary's return to Pau in 1872, the bonds were reinforced, They call the saint a Co-foundress for her significant intervention to realize the purpose of the founder to direct their mission with the primary goal of education of children. This was opposed by his Bishop Mgr. Lacroix who wanted only a diocesan congregation of missionaries. Through the intervention of Mary and the help of the right intermediaries, the dispute was resolved and 2 months later, on 30 July

1875, Pope Pius IX signed the 'laudatory brief' which document arrived at Betharram on August 6, the feast of the Transfiguration. The Fathers of Betharram recognized in Sister Mary of Jesus Crucified their most distinguished Benefactress, and one who is like a second foundress of their Institute.

The Catholic Church of Mangalore, surely rejoices at the privilege of connecting ourselves with this new saint, Mary of Jesus Crucified - the Cloistered Carmel Sisters of Mangalore who call Mary their Co-Foundress; the Apostolic Carmel Sisters for having her among the Pioneers of the two groups, living side by side at St. Ann's for 2 years; in addition, our Foundress Mother Veronica was ordained to pick her up from Marseilles and take her along to the Carmel of Pau; they both lived and died as soul mates with a close divine spiritual bond both in Pau and Bethlehem; and the Betharram Fathers who now reside in Mangalore since the year 1999 at 'Maria Kripa', Maryhill. Many of our fellow Catholics and even many of the clergy and religious did not know that Mary of Jesus Crucified lived in St. Ann's Convent, Mangalore (The Kankanady Carmel was started only on March 19, 1882). Her Oratory and the room she occupied is preserved and is a sacred place of pilgrimage and prayer. Together with my Sisters in the Apostolic Carmel, I praise and thank God for this Great Saint, a spiritual treasure gifted to us for our emulation and sanctification and whom God used for the praise of His glory and good of people at large, of other Congregations and the Universal Church.

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### **PLEASE RENEW YOUR SUBSCRIPTION**

**We note with concern that as of 1st May 2015, nearly 60% of the readers of 'Mangalore' have not renewed their subscriptions.**

**We request you to kindly renew your subscription and support your magazine. The label on the back cover of 'Mangalore' indicates the validity date.**

**The annual subscription for all benefactors/life members is Rs. 300/- and for non members Rs. 400/-. Please send cheques favouring C.A.S.K. and oblige.**

## BELIEVE (5)

**By: Dreamcatcher**

Success breeds success. Everybody loves a winner. Winners are not born but bred. Usually, a successful win whether it be in sports, education, the arts or business, is a corollary of hard work, patience and determination. A victory lap should be rejoiced by community leaders, teachers and elders to emulate successful lives, be it in education, business or altruism. Propagation of this disposition only breeds more exponential success.

Nothing is more emphatic when a life's successes are made known in an autobiographical narration. A story told in their very own words. Here in his very own words is the life history of a legend, who made his product an endeared household name:

“Some people bring out the best in you in a way that you might never have fully realized on your own. My mom, Ruby Lloyd Wilson, was one of those people.”

“Most people called her Doll. My father died when I was nine months old, making her a single mother, a widow at the age of eighteen. While I was growing up, there were times when we had so little money that we had to live on a few pounds of dried butter beans for a week at a time. While food was scarce, my mother's love and devotion were abundant. Each night, she sat me on her lap and spoke the words that would change my life “Kemmons, you are destined for greatness and you can do anything in life if you are willing to work hard enough to get it”.

“At fourteen, I was hit by a car and the doctors said I would never walk again. My mother took leave of absence from her job at a meat packing plant and moved into my hospital room to care for me. Every day she spoke to me in her gentle loving voice reassuring me that no matter what those doctors said, I could walk again if I wanted to badly enough. She drove that message so deep into my heart that I finally believed her. A year later I returned to school walking on my own”.

“When the Great Depression hit, my mom lost her job like millions of others. I was seventeen and against Doll's wishes, I left school to support both of us. At that moment, it became my mission in life to succeed for my mother's sake, and I vowed never to be poor again.”

“Over the years, I experienced varying levels of business success. But the real turning point occurred on a vacation I took with my wife and five kids in 1951. I was frustrated at the second rate accommodations available for families and was furious that they charged an extra \$2 for each child. That was too expensive for the average American family, and I was determined to offer them an alternative. I told my wife that I was going to open a motel for families with a brand name people could trust that never charged extra for children. I figured about 400 nationwide motels would be the right number so that each one would be within a day’s drive of about 150 miles. There were plenty of doubters who predicted failure because there wasn’t anything remotely similar to this concept at that time.”

“Not surprisingly, Doll was one of my strongest supporters and among the first to pitch in. She worked behind the desk and even designed the room décor for the first hundred hotels. As in any business we experienced enormous challenges. For years, we paid our employees Christmas bonuses with promissory notes because cash was so short. But with my mother’s words deeply embedded in my soul, I never doubted we would prevail. Fifteen years later, we had the largest hotel system in the world, with one of the most recognizable names in the business”.

“You may not have started out life in the best of circumstances. But if you can find a mission in life worth working for and believe in yourself, nothing can stop you from achieving success”

***Kemmons Wilson founded the first Holiday Inn in 1951 and built it into the largest hotel chain in the world. When he retired in 1979, the company had 1759 inns in more than 50 countries with annual revenues of >\$1 Billion. The chain, along with its Holiday Inn Express hotels, has now expanded to over 3,300 hotels worldwide. Every Holiday Inn offered the same features and amenities, ensuring guests knew exactly what to expect from a night’s stay, and Wilson’s hotels became so successful many of his competitors adopted his standardization model for their chains. Today, Inter Continental Hotel Group owns the Holiday Inn brand, and the chain welcomes approximately 120 million guests each year.***

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# THE BLISS OF MOTHERHOOD !

*Dr Sheetal Savur*

The day my bundle of joy arrived  
The onslaught of pain I thought I'd never survive  
seeing his pristine face it appeared  
the memory of pain completely disappeared

My heart was filled with pure love  
My eyes welled up with tears of joy  
Could this miracle be for real  
I tickled his toe to find out for real

What a chiselled visage.. What glow , what shine....  
Moulded by the divine ...features so fine  
With dark deep almond eyes like mine  
An undefined smile so divine...

Could he be the lil one I nurtured in my womb for so long  
How impatiently I've waited to sing him a song  
A deep sense of satisfaction filled my heart  
I promised myself I'll do my part ...

I picked him up this helpless little thing  
So dependent on me for everything  
With the confidence of motherly instinct  
I took my baby under my wings

Id protect him from every harm  
I'll drown him in unconditional love  
At even a whimper my heart would ache  
Oh what an enigmatic connection we'd made

What a world of difference to my existence ...  
His every rhyme his every rhythm  
He made me see the world in new light  
That awe that amazement what a delight!!!

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## MY CELEBRITY - MY MOTHER

*From the Editorial team*

### Why are Mothers Important?

**Patsy Lobo:** As each day passes I feel a mixture of emotion and gratitude for my Mother. My mother has been the most influential person in my life and pride in my childhood. Even though she is no more her values and thoughts haunt me and I still feel her guiding light. On this day every year and every day I thank God for this great gift. "My Mother is a woman like no other"...

**Joan Lobo :** My mother is the queen of my heart. She has been our wonder woman with her endless sacrifices and unconditional love through our growing years and today in her aging years, with her loving care and assured prayers every day. My mother is my inspiration especially in my widowed years. That justifies the at least 8 calls I make to her everyday! Mum, I have never said it but you are too precious and no celebration can justify your invaluable presence in our lives. I am grateful that through the years it was not riches but LOVE that was the cornerstone of our lives!

**Dr Anand Pereira :** "Mother and Love, differ only in words, for the miracles they work are one and the same"

**Lyra Pinto :** As a mother, I have tried to emulate values and felt



great pride and joy in raising both my children. To me, this is a significant achievement. They are my pride and joy and Mothers Day is a celebration of my sacrifices for them and their achievements in life. I am a

lucky and blessed mother.

**KumKum Pinto:** How the world would be tomorrow will be determined by what kind of mothers you will be having today!

*She calms me down*

*The Power of Love*

These days pursuing a career has taken precedence over motherhood which is often not considered a calling in life. When I look back in life, my mother was the silent one who never overtly expressed love but her actions spoke louder than words. We always felt her love, knew she was there for us, knew she was dedicated to us. Whatever we are today, is because of her. She took trouble to till the soil around us, to enable us bloom and grow.

**Hermie Mascarenhas:** My daughter is sure a special gift to me from God. We have been living together for so many years



and I treasure her unconditional and everlasting love..She is there for me anytime, everytime and I owe a lot to her .Her presence in my life is a celebration of

Mothers Day everyday.

**Louella Rego:** My mother is a wonderful person who never grows old and God has sure moulded her with a heart of gold. I love you ma, no matter what we go through, and no matter how much we argue, I know in the end we are always there for each other and we are bound together by the beating of one anothers heart. And as a mother myself, my greatest gift is my daughter who is beautiful in and out.God be praised for this precious daughter and my devoted sons.

**Rachel Rego :** My mother is the reason of me being who I am, What I am and Why I am. Best friends forever are we, my mamma and me, When together as happy as can be, A shoulder to cry on and secrets to share, warm hearts and hands that for each other care sums up the love of my life - my mamma.She is my life line and the driving force in all i do. She has sacrificed so much for me and I hope someday I can return her love a millionfold. Love you to bits Mamma.



**Mother with 3 daughters - Dubai - Prescilla D' Souza:**

Mothers day according to me is more a day for my daughters to



lavish me with handmade cards and flowers when they were little girls and now lavish gifts and dinners. I was a mother long before my daughters came into being. I just needed them to come into my life so that I could discover myself and realise that I had the ability to love them unconditionally. What a wonderful gift to be a mother for the rest of my life!! Happy Mothers Day to all the mothers in the world!!!

**Celestine Mascarenhas (83 years) :** I was 15 when I got married. My husband Marcel died when he was nearly 100 years old. We enjoyed 68 years of married life. Our 3 children have been a great pride to us. My greatest moments were when I took care of my children. Two sons are priests and I have the pleasure of having my daughter and grandchildren near me to enjoy in the last days of my life. I love life and my family.



**Benedicta Serra (Daughter of Celestine) :** I lost my Husband Peter when I was 40 and was left with 7 children. It was a heavy burden for me to bring up my children all on my own. He loved the family and I have done the same. My greatest moment was when I had a kidney operation and all my 7 children came down and took care of me. My message - if you love, share and care, even if you have problems, there will always be a rainbow at the end. I live close to my Mother and it is now my joy to take care of her.

**Sr Sophia(Bethany) :** We can feel the showers of blessing and the moments of Joy as we see God's Graces bestowed on us.

I have been blessed with wonderful parents. **My Mother**



**Leena Menezes** is a God fearing lady who treasured each one of us 6 children and appreciated our unique gifts. As this Magazine goes into print, my parents and I leave to the Holy Land and I quote the words of my Mother:

"How blessed I am that God has chosen a humble woman like me to visit the Holy Land- a sacred place."



**Lily D'Souza :** My husband Leo and I are farmers and we worked hard bringing up our 4 children. In 1960 we were paid Rs. 5 a month for the work we did in the fields. We educated all our children and loved them dearly. Those days we got half a Bakri today we get one Bakri. WE are blessed.

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## A TRIBUTE TO MY MOTHER ON MOTHER'S DAY

*Veronica Shearer*

You taught me how to read and write  
 You were my teacher, my companion, my guide,  
 In your quiet way you got things done  
 You fought my battles and always won  
 You were the coolest grandma my kids ever knew  
 You taught them cricket and other games too!  
 You puffed and joked and played Bridge all Sunday  
 You were always there for us in work and play!  
 Your advice was sane, from your principles you never swayed.  
 You never screamed or scolded or did what mothers do  
 You were patient, steadfast and to your principles ever true.  
 I have never told you how much I owe you  
 Thank you darling Mum for just being YOU!  
 I pray you have good health and happiness too.  
 A Happy Mother's Day to you!

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## TWO SIDES OF THE SAME COIN

*Veronica Shearere, Morpeth-UK*

***The fear of death follows from the fear of life. A man who lives fully is prepared to die at any time. Let us so live that when we come to die, even the undertaker will be sorry - Mark Twain***

The bleakness of January with its chill, wintry winds... the short days and long dark nights, the European sun promising to shine but soon hiding behind black clouds which only forecast snow. When will this end? But January soon leads to February and now in March we rejoice! It's spring! The garden once apparently dead is now alive again. The riot of colour in our garden, from yellows to pinks to blues and purples from red and violet to green and white, over a hundred species have popped their heads out and are smiling at us proclaiming new life and proving that death is not the end. As St Paul said 'Death where is thy sting?'

Janice loved life and so did Fr Lawrence, our parish priest. Janice was my colleague in our local college and we became great friends. When I first joined the college, she looked out for me as I was new and vulnerable and prone to being bullied. Janice was beautiful, vivacious, charming in every way! She was a lecturer in Beauty Therapy but soon decided to start her own business. She became the youngest ever President of the Women's Institute in her area and life couldn't have been better for her and her husband John and son, Jacques. But soon the euphoria of new life after leaving college wore off as she was diagnosed with cancer, just a year ago. She battled this disease with courage. She kept her spirits up and proved the doctors wrong by surviving longer than the six months they gave her. But on Easter morning, while we were rejoicing with the Risen Lord, we received a message that Janice was dying. The doctors could do no more. The cancer had spread like the proverbial wild fire, to her brain and other organs. But she is still fighting on. The flower of Northumberland College was now crushed under tubes and machines. But her smile still flickered when I visited her. I burst into tears but she consoled me. 'Hug me' she whispered, her eyes dimming. She is reconciled to the inevitable, which

could happen any day....

Fr Lawrence Jones, our Parish Priest, a larger than life figure with a booming laugh and a beaming smile, just fifty three years old faces the angel of death as well. He arranged our trip to the Holy Land in February but couldn't join us because he was unwell....neither the doctors nor the congregation realised that in three months Fr Lawrence would be in the Palliative Care ward of the hospital where patients who have no hope of survival are just kept alive on a machine. Every Good Friday a procession is organised by all the denominations of Christianity (Churches Together) and Fr Lawrence was very much part of this. But this year he couldn't. The hospital had sent him back to the Presbytery as they could do no more for him. Suddenly, lying in his bed, he heard the Salvation Army band and the strains of beautiful hymns waft up to his bedroom. The procession of the faithful had gathered under his window and for fifteen minutes sang all his favourite hymns. To their delight, he managed to walk to the window and waved to them in gratitude. He felt so loved.

Janice and Fr Lawrence are just two people amongst millions of others who face untimely death courageously. We must emulate them. We too must live our lives to the full as they did. Enjoy every minute as they did. Love others as they did. The moment we are born we are on the road to death. For some, like my great grandmother it may take 101 years or for some, like Janice and Fr Lawrence, it may take fifty years or less. Death and Life are two sides of the same coin. This may sound a cliché but as Thomas Fuller said, 'The first breath is the beginning of death.'

My father believed that life was for living and spent every penny he had on giving my mother and me the best life that we could have ever had. 'Shrouds have no pockets', said a friend of mine once and how true this is. Of course I was chastised by others that my father was open-hearted and open-handed and didn't think of the future....but what future? Whose future? He died at the age of 67 but he left a daughter who could fend for herself and didn't need the millions he could have saved. He left a wife with a pension and a daughter who has looked after her mother ever since. He died on my birthday. He enjoyed

every minute of the party because he had met his brother after several years and also many relatives that he hadn't been in touch with but best of all, he had just eaten two large bits of chocolate cake! His green eyes twinkled with mischief as he had been denied anything sweet for several years but he had just read the ECG report which said he was in perfect health so he decided to enjoy the scrumptious cake while my mother wasn't watching. Then he came and sat by my side and putting his head on my shoulder, passed away. Yes. He died on my birthday, happier than he had ever been.

Let us do all the good we can. Let us enjoy life and all its pleasures. Let us face the trials of living with courage. No one said that life would be a bed of roses. It's the thorns which make us stronger. Each prick reminds us that we are human and we move on. Guilt is pointless. As a true Catholic I have always crucified myself with guilt. Why did I eat so much? Why did I lose my temper? Why did I rest when I could have been working? Why? Why? Why? Reading Patsy Lobo's article on Guilt made me realise what beautiful moments I had lost by feeling guilty about being happy. It costs us nothing to be positive and think positively. Every problem has a solution and God will give us the wisdom to find it if only we rely on Him and not only on ourselves. Never take life seriously. Nobody gets out alive anyway!

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## **SNAKE VENOM AND ITS IMPORTANCE IN MODERN MEDICINE**

*Drs Anand & Geetha Pereira*

One of the important problems brought to the attention of CASK through its Health Camps is the high number of snake-bite cases in the Dakshina Kannada and Udupi districts. The only intervention to prevent deaths due to snakebites is prompt administration of anti-snake venom. In this article, we wish to highlight the role of snake Venom in modern medicine and how it could save millions of precious lives worldwide.

First of all, it needs emphasis that contrary to popular belief, reptiles in general and snakes in particular are vital in maintaining the energy balances in terms of predator and prey. The fact of the matter is that 100,000 animals have evolved to produce venom with appropriate

glands to house it and the apparatus to expel it.

Today, with cutting edge molecular tools, the scientific community is only beginning to realize the immense potential of snake venom, not only for antivenin but also for cures. Already top medicines for heart disease and diabetes have been derived from snake venom. The potential is such that new treatments for autoimmune diseases, Cancer and pain should be available within a decade. Proteins and toxins within venom can provide key blue prints for treating a wider variety of ailments, including autoimmune disease, stroke and multiple sclerosis.

Planet Earth is gifted with approximately 2000 species of snakes, out of which 272 are present in India ranging from the 10 cm long worm snake to the 7 meter long python and King Cobra. The composition of venom of a single snake species varies from place to place and between adults and their young. Individual snake venom may even change with its diet. Basically snake venom is classified into two types.

A : Neurotoxic Eg. Cobra. The venom paralyses the respiratory centre.

B : Haemotoxic. Eg. Russell's viper. The venom typically affects the blood, resulting in necrosis (death of tissue) and anticoagulant (preventing the blood from clotting).

**Importance of Venom :** Venom from snake fangs is one of nature's most efficient prey killers. It consists of a complex soup with toxic proteins, peptides, short strings of amino acids similar to proteins. The molecules may have different targets and special effects but they work synergistically to either block the auto immune system or paralyze the nervous system or muscle. The end result is the same; the venom has a dilapidating effect on cells and tissue resulting in multi organ failure. Venom can kill by clotting blood and stopping the heart or by preventing clotting and triggering a killer bleed. Dozens, even hundreds of toxins can be delivered in a single bite.

The difference between venom and poison is that venom is injected or dabbled into victims by way of specialized body parts and poison is ingested. Ironically, the properties that make venom deadly are also what make it so valuable for medicine. Many venom toxins target the same molecules that need to be controlled to treat diseases. These

toxins and enzymes target particular molecules fitting into them like keys into locks (most medicines work that way) fitting into and controlling molecular locks to thwart ill effects.

We are not talking about novel drugs, but entire class of drugs that will directly come from understanding the biochemical nature of venom. So far fewer than a thousand toxins have been screened for medicinal value and a dozen or so major drugs have made it to the market. In reality there could be upwards of 20 million venom toxins waiting to be screened. Toxins from venom and poison sources are also giving a clearer picture of how proteins that control many of the body's cellular functions work. More importantly, scientists are now manufacturing designer toxins for various therapeutic values. Crystallized venom from snakes is now a medical export from Azerbaijan.

**Venom based cures:** Venom based cures aren't a new idea. They show up for example in Sanskrit texts from the second century A.D and around 67 B.C. Cobra venom applied for centuries in traditional Chinese and Indian medicines was introduced to the west in the 1830's as a homeopathic pain remedy. John Henry Clarke's "*MATERIA MEDICA*" published around 1900, describes the venom as alleviating many ills, even those caused by venom.

The science of transforming venoms into cures took off in the 1960's when an English clinician named Hugh Alistair Reid suggested that the venom of the Malayan pit viper might be used against deep vein thrombosis. "Arvin", a clot busting drug derived from pit viper venom reached clinics in Europe in 1968. The Brazilian pit viper venom led to the development in the 1970's of a class of drugs called "*ACE inhibitors*" now widely used against hypertension. Heart patients owe gratitude to the eastern Green Mamba, whose venom impairs its victim's nerves and blood circulation. A key peptide from the venom is used to make *CENDERITIDE* which lowers blood pressure and reduces fibrosis in a failing heart but also shields the kidneys from an overload of salt and water.

For the past few months, **CASK** has been actively involved in conducting health camps at Fr. L.M. Pinto Health care Centre, Badiyar and more recently at Concetta Hospital, Kinnigoly. Badyar is approximately 35 kms from Mangalore City and is surrounded by

forests. It is a fact that the hospital authorities record 7-8 snake bites every month, some of them serious and others none too fatal. There are many reason associated with human snake conflict. One major factor is the lack of proper foot wear. Human snake conflicts also arise due to the urbanization of the Village and expansion of commercial buildings and new houses into previous wildlife habitats.

CASK has now initiated a project titled “**Footwear for Barefoot School Children**” which we hope will receive wide support.

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## **Cask Projects - Footwear for Barefoot School Children & Safe Drinking Water Facility in Parish Schools**

We are startled and shocked to know that 20-25% of school children attending rural schools come to school BAREFOOT! And that many of our Parish Schools and Government schools do not have SAFE DRINKING WATER facility. This was the finding of a team from CASK Governing Council who visited two parish schools in Badyar in Belthangady Taluk of Dakshina Kannada District.

These children are naturally exposed to food/water borne diseases, injuries, hurts, hook-worm infestation, insect bites, snake bites etc. This is really unacceptable. CASK has launched two new projects:

1. **‘FOOTWEAR FOR BAREFOOT SCHOOL CHILDREN’.**  
We have contacted a Shoe Company in Mangalore and they have agreed to supply shoes for the children at a concessional rate. A contribution of Rs. Ten Thousand (Rs. 10,000/-) will provide a pair of shoes to approximately 40-50 children. We already have two sponsors for this project. We request more sponsors to come forward. Let us start a movement and ensure that no child atleast in our district goes to school barefoot!
2. **PURIFIED DRINKING WATER FACILITY in Parish Schools** – A contribution of Rs.25,000/- will help us to install purified drinking water facility in rural schools. We will initially restrict this project to our Parish Schools and then hopefully extend this project to Government schools through collaboration with the Government, NGOs and other organizations.

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## RECIPE BY JANE D'SOUZA - EGG SUKKA

(Selected from her best selling cookery compilation,  
"Jane DSouza's Cook Book")

### INGREDIENTS:

- \* 6 eggs
- \* 2 tsp coriander seeds
- \* ½ tsp methi seeds (fenugreek)
- \* ½ coconut, grated
- \* 2 tomatoes
- \* 2 tbsp oil
- \* Salt to taste.
- \* 8 dry chillies
- \* ½ tsp cumminseeds
- \* Small marble-sized tamarind
- \* 4 cloves of garlic
- \* 1 onion
- \* 2 tbsp chopped coriander leaves

**Method:** In a little oil fry the dry chillies, coriander seeds and methi seeds. Grind the fried ingredients along with the tamarind.

- \* Grind coarsely grated coconut, garlic and cumminseeds.
- \* Heat oil and fry sliced onion.
- \* Add the ground chilli paste and fry.
- \* Add finely chopped tomatoes.
- \* Now break the eggs one by one and add to the prepared mixture stirring all the time.
- \* Add the ground coconut paste and salt.
- \* Keep on stirring.
- \* Serve, garnished with coriander leaves

**Profile of Jane DSouza:** Jane is a Graduate in Psychology from St. Agnes College. She has been a cookery enthusiast from her school



days and always experimented with new and innovative recipes. After her return from Kuwait, with her Husband and Daughter, she started a Weekly Cookery Column in the Diocesan Konkani Weekly-*Raknno*. Her collection of recipes published in *Raknno* were compiled and published in konkani in a book titled '*Randdap-Shindaap*'.

This was followed by ‘Jane DSouza’s Cook Book’ which was an instant bestseller and till date 5000 copies have been sold.

Jane has won several cookery contests and regularly writes cookery columns in Konkani periodicals; she has given radio talks and cookery demonstrations on local TV channels and the prestigious ‘Chandana’ channel of National Doordarshan.

She is an ardent philatelist and is the Vice-President of the South Kanara Philatelic and Numismatic Association. An active Member of the Agnesian Alumni, Ladies’ Club of Mangaluru and is a Member and former President of Rotary Anns’ Club. Married to Konkani Litterateur, Edwin JF DSouza and Mother of Ruth now married to Sudhakar Prabhu.

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## IT’S OUR TURN TO LEAD!

**Reflections by - Fr. Cedric Prakash SJ - April 22nd 2015**

It is **Earth Day** once again and on this 45<sup>th</sup> anniversary when the focus of every citizen is on what are we doing to Mother Earth, the theme that is suggested is “*it’s our turn to lead*”. The publicity material speaks about “*the most exciting year in environmental history. The year in which economic growth and sustainability join hands. The year in which world leaders finally pass a binding climate change treaty. The year in which citizens and organisations divest from fossil fuels and put their money into renewable energy solutions. These are tough issues but we know what’s at stake is the future of our planet and the survival of life on earth. On Earth Day we need you to take a stand so that together, we can show the world a new direction. It’s our turn to lead. So our world leaders can follow by example.*”

So it’s our turn to lead! India is a classic example of how sustainable development is thrown to the winds: the ‘corporatisation’ of the country; the anti-small farmer land acquisition ordinance; a ‘development’ model which caters to the rich and the powerful; the desperation to further nuclearize the country; the total insensitivity to the environment and to ecological concerns - are all powerful indicators to show that it is the ordinary citizen who needs to come out on the streets and to lead the

country on issues that may have serious repercussions for future generations.

The lead article in the Ahmedabad Edition of 'Times of India' dated April 22, 2015 speaks about the pressure exerted by the Gujarat Government on the Central Government to lift the moratorium on some of the country's critically polluted industrial clusters – Ankleshwar, Vatva (in Ahmedabad) and Vapi - which was a decision of the previous UPA Government in 2010; besides, the National Green Tribunal on the basis of a petition filed by Trupti Shah and others have flagged concerns that the Statue of Unity Project on the Narmada River which may create serious ecological problems.

Significantly, April 22<sup>nd</sup> is also the day on which the Jesuits celebrate the feast of **Mary, the Mother of the Society of Jesus**. It was on this day in 1541, exactly seven months after the approval of the Society of Jesus and two weeks after Ignatius of Loyola was elected its first Superior General that he celebrated Mass with his other companions at the altar of Our Lady in the Basilica of St. Paul Outside-the-Walls in Rome, during which they also made their solemn vows.

The care of the earth has been a consistent concern in the way of proceeding of the Jesuits since the last several years. In 1999, this concern was highlighted in a document '**We live in a Broken World**' and this was furthered with an even greater commitment in 2011 with a path-breaking document '**Healing a Broken World**'.

The General Congregation 35 of the Jesuits emphasises that "*Our response to environmental and ecological concerns is therefore a mission: our apostolic response. "As servants of Christ's mission we are invited to assist him as he sets right our relationships with God, with other human beings, and with creation."* (D3#18)

It is more than just a coincidence that 'Earth Day' and the feast of Mary, the Mother of the Society of Jesus' are observed today: April 22<sup>nd</sup>. It is a powerful reminder that "*the care of the environment... touches the core of our faith in and love for God.*" (GC35. D3 #32); while any activity, however cosmetic, is certainly welcome.... we are indeed called to do much more! **It's our turn to lead!** (\*Fr. Cedric Prakash SJ is the Director of PRASHANT, the Ahmedabad-based Jesuit Centre for Human Rights, Justice and Peace.)

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## EULOGY TO JEEVAN PRABHU



*Delivered by Mrs Mary Saldanha*

“Say not in grief ‘he is no more’, but live in thankfulness that he was” is an apt old Hebrew proverb. To his grieving family and friends, no words of solace will suffice but they should be resigned to know that Jeevan has been called to a better place and relieved of all earthly suffering and pain. We thank God for the gift of Jeevan to his family, relatives, friends and well-wishers for the past 55 years. Love never dies; love lives on in the hearts of those who knew and loved Jeevan. His name Jeevan means life and he is the first of the 6 siblings, though 5th in line to return his life to the Creator.

Jeevan is my first cousin and dear not only to me but to my entire family. We cherish the many happy memories and shared moments spent together through laughter and tears! Jeevan enjoyed life and lived it to the fullest in his healthful years. He had great goals in life and wanted to achieve the martyrs crown for the country through the Indian Naval Academy. His intelligence got him selected on merit for the recruits training at the “National Defence Academy”, Poona. But this was not to be, for he decided to leave and return to his home town Mangalore to assist in the family business and worked hard at the retail outlet for several years. With his interest in Journalism and completion of his graduation, he took up a reporter’s job with the Canara Times and Indian Express and also improved his freelance writing. To his mother Tressy he remained the devoted son, catering to all her financial, medical and social concerns till her very end. His father Hyacinth passed away years earlier. To his 5 siblings, Sukhdeep, Santosh, Anand, Dr. Sr. Marie Prem, & Jaideep he was the loving and caring brother. He was a wonderful uncle to all his nephews and nieces, taking a personal interest in each ones welfare encouraging and guiding them.

Jeevan was an independent person, a confirmed bachelor with very definite ideas and values. Perhaps he saw life very differently from how most of us see it. His strong Christian upbringing, made him deeply

conscious of his faith, he used to discuss pertinent issues and seek clarification from others. Jeevan had his first heart attack in his 30s, but that did not alter his zest and spirit for living. But in later years when advanced diabetes took its toll he had to take care of his health more seriously. It was after his 50th birthday celebrations on 29th December, 2009 that he took really ill. 2010 was spent in and out of 5 hospitals; during this time his left leg was amputated from below his knee. Imagine his agony after once being a sportsman and hockey player. When finally resigned, he took up his challenges and faced the world with unparalleled hope and optimism. He moved around on crutches and wheelchair and once he was provided with the prosthetic foot he even used the 2 wheeler with his niece Deena as pillion rider, proudly waving and wearing his infectious smile whenever we encountered him on the road on such escapades. However, he was now restricted from climbing the fruit trees in our garden to pluck Pomelos and rose apples which he regularly enjoyed earlier. He would have the plucked fruit transformed and return with a bowl of fruit salad and ice cream which we all enjoyed.

When he decided to give his property for development he moved out of his ancestral home 'Bahar' on Sturrock Road to a cottage at Kaprigudda with his brother Jaideep. The past one year saw his health deteriorating further. He was losing strength in his muscles and had started to get more dependent on others. His only prayer was to be saved of being bed ridden and a burden to others. In all his suffering and pain, his family and friends rallied around him. His 2 sisters - Santhosh and Sr. Prem did their utmost for him, being there in spite of their other commitments. A Special mention I need to make of his brother Anand, wife Irene and their 3 daughters who gave Jeevan unstinting support, love and encouragement. They were always there for him and at his beck and call even though they had shifted residence to Bajpe in the last 2 years. His wide circle of friends whom he has helped and supported in many ways spent evenings with him and cheered him up when he was low. Jeevan had his ups and downs, fulfillment and regrets but he carried his cross with courage and dignity, bravely facing his challenges till the end. Jeevan had a tough exterior with his good build and physique but was a very affectionate and compassionate

person. He was warm hearted, generous, jovial with no dull movement with his unique streak of humor. His home was open to all and everyone was entertained lavishly. He was a giving person, an ace bridge player. His passion for food turned him into a good cook, being famous for his pork pickle. Jeevan was a much loved person and has left an indelible impression on the lives he has touched and will live on in their hearts. Of late, whenever we visited Jeevan he would remind us that he is waiting for God's call. Well the final call came very peacefully with a massive heart attack just before midnight on Tuesday 24th March at the Vinaya Clinic where he was rushed around 8:30 pm by his brother Jaideep. Jeevan's life as Sr. Prem, who is presently in distant Africa puts it, has taught 2 principles (1) How to endure suffering, pain and loneliness with patience and (2) How to be dignified with disability.

Though we will not see Jeevan anymore, his presence will be felt and two beneficiaries will now be able to see the world through Jeevan's eyes. Jeevan suffers no more and speaks to us through an unknown author : Miss me but let me go!

I have come to the end of the road and the sun has set for me  
I want no rites in a gloom filled room, why cry for a soul set free?  
Miss me a little but not for long and not with your head bowed low.  
Remember the love we once shared; miss me but let me go!  
For this is a journey we all must take and each must go alone.  
It's all a part of the master's plan  
A step on the road to home.  
When you are lonely and sick of heart go to the friends we know.  
And bury your sorrows in doing good deeds.  
Miss me but let me go!  
May his noble soul rest in peace in the Lord.  
Goodbye Jeevan. You will be fondly remembered.

**CASK offers condolences to his siblings Sukhdeep, Anand, Santhosh Rebello, Dr. Sr. Marie Prem (former Principal, St. Agnes College) and Jaideep.**

**(Sponsored)**

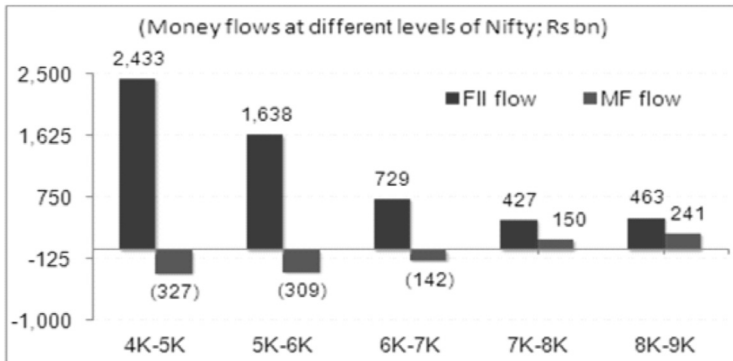
*Norbert Shenoy*

## Theory of Conspicuous Consumption

In his book, *Theory of Leisure Class*, Thorstein Veblen, the well known American economist, speaks of conspicuous consumption, which refers to a seemingly perverse situation where higher price leads to higher demand. A comparison between domestic and foreign investment patterns seems to confirm this perverse behavior as regards domestic retail investors.

The forward looking budget which was followed up by an out of turn rate cut by the RBI was enough reason for the market to again go on steroids and cross the psychological barrier of 30000 Sensex and 9000 Nifty! But then, if you see earnings of corporates for the latest quarter, it certainly is a dismal picture. Who then are investing in the markets at PE multiples that are backed more by sentiment than earnings? The chart below, which appeared in the *Economic Times* tells the curious story of varying patterns of investment by domestic and foreign investors at different levels of Nifty; from 4000 to 9000. And the trend that we see is something that has time and again been the case in previous market run ups and cycles. When markets perform poorly, it's the 'smart' money that comes in (FIIs), while the relatively naive domestic investors tend to cash out as the losses and volatility gets too much for them to handle, thereby exiting stocks altogether.

### Which set of investors would you follow?



As the chart shows, FIIs pumped in as much as Rs 2.4 trillion into Indian stocks when the Nifty was hovering in the 4-5K range (a period of about 765 days). This then declined to Rs 1.6 trillion when the index moved around in the 5-6K range (for almost one year). As the index rose, the investments by this set of investors came down. At a time when the market is trading at about 8-9K levels, this set of investors only pumped in Rs 463 bn.

On the other hand, in case of retail investors (who can be represented by the actions of domestic mutual funds), the story is quite the opposite. **When the markets were languishing, this set of investors in fact began cashing out their positions. But as and when markets rose, that's when they returned and thereby allocations turned positive in recent months** - sad but true.

What then does the retail investor do? May be it is time to look at consistently performing balanced fund with substantial exposure to quality debt as opposed to pure equity funds and adopt a long term (>10 years) systematic investment plan.

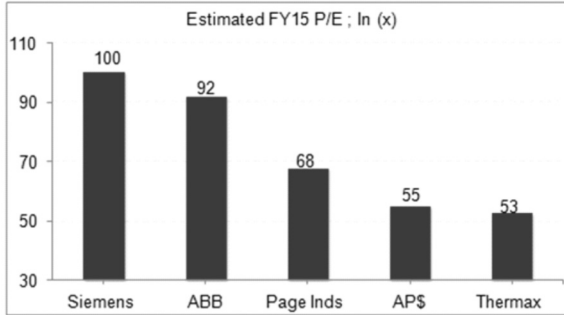
**Valuations :** While it is essential to keep the investment proposition simple to improve the probability of success, it is equally important to pay adequate attention to valuation. The chart below shows a list of stocks that are trading at abnormally high valuations. As can be seen, the P/E band is somewhere between 50-100x.

**Such high multiples indicate that lot of earnings expectations are built into the price. If the multiple sustains, it indicates that the faith in earnings delivery is even higher.** However, if the earnings growth does not materialize, then there could be a huge correction.

This is where an investor needs to be smart and judge the earnings sustainability for high P/E companies. For example, Page Industries and Asian Paints have clear business models where their earnings can be forecast with reasonable certainty. However, for other engineering companies that are cyclical in nature predicting earnings is difficult. High PEs of such stocks reflects markets are pricing in a huge recovery in earnings. And if that fails, correction could be on the cards.



## Most expensive stocks on P/E benchmark



AP\$ = Asian Paints

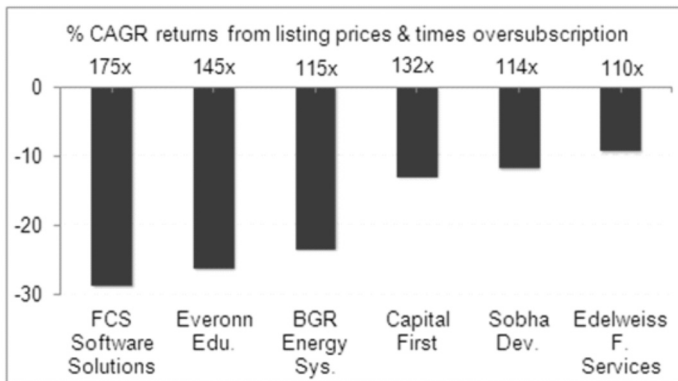
### Caution, IPO's Ahead

*And then again I dissolve in rain And laugh as I pass in thunder –  
'The Cloud' by poet P. B. Shelly.*

Initial Public Offerings (IPO's) appear like the cumulonimbus clouds; more often, the thunder signifies little and it is only rarely that the investor goes all the way laughing to the bank after betting on one! IPO's like a mythical creature rear their head at some propitious moment and then go into a lull for long periods thereafter. The question is, propitious to whom? Well, the fact remains that in order to raise a given sum of money for the company, the higher the price at which the shares are sold at, the lower is the extent of ownership that the promoters of the company have to part with. Is it any surprise that the IPO season comes mainly when the stock market is rising and stock prices are high?

A report in the 'Livemint', vis-à-vis domestic IPOs over a 10-year period, shows – of the top 10 oversubscribed issues, only 3 have given compounded annual returns of >10% till date. Reason enough for extreme caution. If you have done your homework and are convinced on the story you are betting on, you need to be prepared for a marathon before you land a Wipro or Dr Reddy's. The following chart illustrates the most brutal of facts about the world of IPO investing. The IPO that had investors falling the most head-over-heels over the last 10 years, is also the IPO that has destroyed the most shareholder wealth!

## Some IPOs that saw the highest over-subscription since 2003



*Like a child from the womb, like a ghost from the tomb,  
I arise and unbuild it again - Shelly again!*

**New Pension Scheme (NPS) is Hot Now :** Finance minister Arun Jaitley has given millions of taxpayers a reason to save for their retirement. Up to Rs 50,000 invested in the New Pension System (NPS) can be claimed as a deduction under the new Sec 80CCD (1B). Though the Budget has not altered any feature of the NPS, the additional deduction is a big incentive for investors. A taxpayer in the 30% tax bracket can save up to Rs 15,450 in tax every year. The product besides providing a long term, goal based, disciplined approach to investing, now comes with additional tax incentive. But one should not be swayed by tax benefits alone but also look whether it suits one's risk profile and investment horizon. It is important to note that under the investment rules of the NPS, allocation to equity is capped at 50% of the corpus. Younger investors might find this too conservative for their risk profile. There is no reason why the equity component should be restricted to 50% for someone who enters the NPS at 25 and has more than 35 years to retire.

There is another problem. The 50% allocated to equity is invested in Nifty stocks in the same proportion as their weight in the index. So, investing in the equity fund of the NPS is essentially like investing in an index fund benchmarked to the Nifty. Though this does reduce the risk,

it also caps potential returns. If you are investing in the NPS, being a long term investment vehicle it appears better to opt for the maximum 50% exposure to equity. Given that the corpus will be invested in Nifty stocks, there is little reason to worry. For investors who cannot decide the allocation, the Lifestage Fund is a useful option. Under this, the allocation to equity is defined by the age of the individual. This is the default option to be followed if the investor does not mention the desired asset allocation. However, some experts think this is not a good option because it is too conservative. Equity exposure is already capped at 50% and will progressively come down after the age of 35 under this option. It is better to take the active option and keep your equity allocation to around 50% till you turn 50. Though the deduction offered under Section 80CCD (1B) is Rs 50,000, it is not advisable to put down the entire amount at one go. It is best to stagger your investments across several months, much like the SIP strategy in a mutual fund. However, making too many small contributions may not be cost effective. There is a transaction charge of 0.25% or Rs 20 (whichever is higher) on every contribution. If you invest Rs 500-1,000 every month, you pay Rs 20 per contribution, which works out to 2-4%. One more good feature of the scheme is that, you are not stuck to one fund for life. Unlike a pension fund or Ulip, investors in the NPS can choose from 6 pension fund managers and even shift from one to another (only once a year), if unhappy with the performance or services of their pension fund. You can also invest only through one pension fund manager.

While the Budget has provided a tax benefit on NPS investments, it has done nothing to address a long-standing problem. Under the current rules, the NPS corpus is taxable at the time of withdrawal. This issue needs to be addressed to provide a level-playing field to the NPS. Other retirement options such as PPF and provident fund are tax-free on withdrawal. Even insurance policies give tax-free income under Sec 10 (10d). The other problem is that of compulsory annuities. Up to 40% of the corpus must be used to buy an annuity that gives monthly income to the investor. This is a big discouraging factor for many investors.

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## NEWS & NOTES

### EYE CAMP AT CONCETTA HOSPITAL-KINNIGOLY ORGANIZED BY CASK

CASK organized the 4<sup>th</sup> Health Camp and 3<sup>rd</sup> Eye Camp at the Concetta Hospital-Kinnigoly in collaboration with the Fr Muller Medical College on 19<sup>th</sup> April 2015. A 8-member team of doctors, optometrists and interns examined 133 persons(266 eyes) of whom 68 were prescribed spectacles and 24 were referred for surgery or further investigations to Fr Muller Medical College Hospital.

The staff of Concetta Hospital and 6 CASK volunteers provided crucial assistance and facilitation to the patients and the medical team.

The Editor of ‘Mangalore’ magazine - Patsy Lobo interviewed a few patients. One of the first to arrive was 78 year old John D’Silva. He was full of praise for CASK for organizing this Free Eye camp – he said it is difficult for people like him to travel to Mangalore for medical consultations. He narrated his interesting life story. He said he joined an English Medium school in 1942 but when India attained independence in 1947, his school was converted into a Kannada medium school and he found it difficult to cope. So he discontinued his studies at class-7 and landed in Bombay(now Mumbai). He started life in Mumbai as a House boy for a salary of Rs.10/- a month, in his spare time learnt driving and obtained a driving licence and started working as a driver for Rs.100/- a month. He then bought a taxi and graduated as a famous Bombay Taxi driver. To better his prospects, he then went to Saudi Arabia and worked for 10 years and earned enough to buy a plot of land in his native village and built a house. “More importantly, I educated my 5 children and gave them what I thought was the best” he said with obvious pride and added “they are all doing well”.

It is simple and Godfearing people like John D’Silva who are the stimulators of the overall prosperity of our community! They worked very hard to educate their children thereby improving the family income and status!!

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## REFLECTION PARK AT ROSHNI NILAYA

Under the able direction of Dr Lorna Gonsalves (Mangalore origin), a Fullbright Specialist from the United States, a 'Reflection Park' was inaugurated at the School of Social Work-Roshni Nilaya, Mangalore on 20<sup>th</sup> April 2015. The Park was inaugurated by Dr Jacintha D'Souza, Ex-Principal of Roshni Nilaya in the presence of the present Principal-Dr Sophia Fernandes, Dr Lorna Gonsalves and her parents – Joe and Irene Gonsalves.

The Reflection Park is aimed at promoting reflection, promoting dialogues and inspiring collective action by the students on various problems. Termed as a Critical Service Learning project, it will



encourage students to use 'Creative Peaceful Resistance' (CPR) to ensure justice, restore hope and revive the spirit. The Critical Service Learning Project and CPR will develop and

implement unique approaches to inform, engage and transform communities.

As part of this project, 20 Masters of Social Work (MSW) students have interacted with domestic workers and learnt about their insights and visions for change. Local artists from Asiri Arts have translated their visions into full color mural-the first of many to be installed in the Reflection Park. As a follow-up, it is planned to organize an Association of Employers of Domestic workers to ensure acceptable working conditions and fair salaries.

It is hoped that this unique project seeded in Mangalore can be replicated in Colleges across India.

**CASK wishes the project every success**

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## **POST CENTENARY SILVER JUBILEE OF ST JOSEPH'S LEPROSY HOSPITAL**

St Joseph's Leprosy Hospital within the campus of Fr Muller Institutions was established by Fr Augustus Muller in 1890, one of the first Leprosy Asylums in India. The asylum later converted as a Leprosy Hospital (in early 1960s) has thus completed 125 years of service. In 1965, a Rehabilitation Unit was established as an adjunct to the Leprosy Hospital. The Unit has thus completed 50 years.

The twin milestones – 125 years of the Leprosy Hospital and the Golden Jubilee (50 years) of the Rehabilitation Unit were celebrated at a grand function on 11<sup>th</sup> April 2015 at the Academy Hall of Fr Muller Medical College.

Bishop Aloysius Paul D'Souza celebrated a Thanksgiving Mass in the morning and presided over the Jubilee function in the evening. Sri U.T.Khader, Hon'ble Minister for Health and Family Welfare, Government of Karnataka was the Chief Guest, Dr Vimala Patel, Joint Director of Health and State Leprosy Officer, Karnataka was the Special Guest of Honor and Sr Matilda Monteiro, Provincial Superior of the Sisters of Charity was the Guest of Honor.

A well-prepared documentary on St Joseph's Leprosy Hospital was screened highlighting the pioneer and visionary-Fr Augustus Muller and the doctors who served in the hospital as Medical Superintendents – Dr L.P.Fernandes, Dr A.F.Coelho, Dr C.Heinz and Dr Wintch, deputed by Leprosy Relief Work-Emmaus Switzerland, Dr V.P.Macaden, Dr Sr Immaculate Rodrigues and others who assisted or followed them. While there are no permanent inmates since 1974, the 9 inmates who entered the Hospital prior to that and still present were duly honored with shawls by the Chief Guest and were given a gift each by Dr Vimala Patel. The Sisters and Staff who have served more than 10 years were also felicitated.

A Souvenir brought out in honor of the twin milestones was released by His Lordship Aloysius Paul D'Souza in the presence of the Minister and other dignitaries. Rev Fr Patrick Rodrigues, Director-Fr Muller Institutions welcomed and Rev Fr Richard Coelho, Administrator-Fr Muller Hospital proposed a Vote of thanks.

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## OBITUARIES - APRIL/MAY

**CASK offers its sincere condolences to the families of the following members of our community, who passed away recently:**

1. Vincent Saldanha (70), Mumbai, Son of Late Gregory Saldanha and Late Juliana Saldanha, brother of Mrs Lily Pereira, former Vice-President, CASK and Editor 'Mangalore', Brother of Late Joachim Saldanha, Late Elizabeth D'Souza, Lidwin D'souza, Margaret D'souza, Lilly Pereira, Sophie Fernandes, Grace Pinto on 20th April 2015.
2. Roland John D'Sa (Dony) (55) Urwa, son of late Denis John D'Sa and late Theresa D'Sa, husband of Matilda D'Sa, on April 9, 2015.
3. Charles Crasta (92), Bejai, husband of Irene, father of Meera/late Lancy, Alwyn, George/Asha, on April 10, 2015.
4. Fr Remigius Sequeira OFM Capuchin, (91), Karnataka, son of the late Alexis and late Magdaline Sequeira, Taccode, residing at St Anne's Friary, Jail Road – Mangalore, on April 12, 2015.
5. Peter Alvares (71), Bondel, husband of Jacintha Alvares, father of Fr Gratian Alvares (Asst Parish Priest of Valencia Church), Sr Preethi Alvares UMI, on April 12, 2015.
6. Evelyn Correa (90), Bendore, wife of late Jerome Correa, mother of Irene, Ivan/Shalet, Kitty/late Denver, Eunice/Vincent, on April 12, 2015.
7. Patrick Pinto (65), Milagres, son of late Mark and Christine Pinto, brother of Ronald/Stella, Herold/Winnie, late Lydia/late Alwyn Lobo, John/Hyacinth, Elsie/Alphonse, Prescilla/Felix, Rudolf/Shalini, Clifford/Mavis & Veena/Ivan, on April 13, 2015.
8. Avil Vivian Pais (35), Kulshekar, husband of Veena Pais, father of Aaron & Arlene, brother of Anil & Anitha/Vincy, on April 14, 2015.
9. Alex Pinto (Babuti) (56), Bondel, husband of Juliet Pinto, son of the late Antony and Veronica Pinto, brother of Walter, John, Rita, Rosy, Gracy and the late Maxy, on April 15, 2015.
10. Albert Michael Fernandes (80), Bondel, husband of Evejin Fernandes, father of Fr Henry Fernandes CSSR, Stephen Fernandes and Lavina/Vincent Nazareth, on April 15, 2015.
11. Rosy Rasquinha (84), Jeppu, wife of late Maurice Rasquinha, mother of Joyce/Apolinaris, Harry/Hilda and Cynthia, on April 17, 2015.

12. Isabella D'Souza (85) Valencia, wife of B M D'Souza, mother of Nancy/late Clifford, late Arthur/Dorothy, Alwyn/Noreen, Noreen/late Clifford, Stevan, Jessie, Diana and Nina, on April 19, 2015.
13. Bonaventure Veigas (60), Kulshekar, husband of Elizabeth Fernandes, father of Swarna Rita Veigas, brother of Alban Veigas, Lilly Fernandes, Robert Veigas & Irene Pinto, on April 22, 2015.
14. Christine D'Souza (82), Bondel, mother of Patricia/Jerry Pinto, Virginia/Galdin D'Souza, late Oswald/Stella D'Souza, Nevril/Meena D'Souza & Queenie/Hamid Massarani, on April 23, 2015.
15. Sister Mary Virgilia AC (nee Mary Sequeira) (90), St Agnes Convent, Bendore, St Agnes Convent, on April 24, 2015.
16. Natalia Lewis (78), Bendur, wife of late Lawrence Lewis, mother of Veronica/Robin Andrade, Stanely Urban Lewis, Nancy/Jerry Lasrado & Wilson/Shanthi Lewis, on April 24, 2015.
17. John Baptist Rodrigues (68) Angelore, husband of Judith Saldanha, father of Jason/Helen, Johncy/Josy, Joycy/Rodney, sister of Joycy, brother of Denis, Leo, Sr. Lucy (Sisters of Charity), Ronald, Jecinta, on April 25, 2015.
18. Benedicta Rebello (84), Bendore, wife of the late Felix Rebello, Shivabagh, Kadri, mother of Fr Leslie (SJ), Lancy, Lydia, Belinda, Maureen, Rositor, Dr Brian and Dr Vernon, on April 25, 2015.
19. Jyothi Brian Machado (43), Bejai, wife of Brian Machado, mother of Cedrick and Ashley Machado, on April 29, 2015.
20. Francis D'Souza (Franky) (81), Bejai, son of late David D'Souza, husband of Gracy D'Souza, father of Fredian Vincent/Joyce, Fidelis David/Romoola and Frieda Jerosa/Melwyn Lewis, on May 1, 2015.
21. Alphonse D'Mello (65), Bejai, husband of Monica D'Mello, father of Ashwin, Averal and Adlin, on May 3, 2015.
22. Walter Fernandes (62), Valencia, husband of Blanch Fernandes, son of late Leo Fernandes, father of Blasilla/Lionel and Waltson, on May 4, 2015.
23. Dr Alwyn Cardoza (73), Bangalore, husband of Iona, father of Shalini, Kavitha, Supriya, Romola and Rashme, brother of Dr Lionel Cardoza and Molly Saldanha, on May 4, 2015.
24. Lawrence (Lallu) Saldanha, (57), Bangalore, son of late Wilfy and late Nelly L. Saldanha, husband of Erica, mother of Aaron and Lauren, on May 5, 2015.