



# CATHOLIC ASSOCIATION OF SOUTH KANARA

Founded in 1914

(Regn. No. MNG 130/2012-14)

## CATHOLIC ASSOCIATION OF SOUTH KANARA

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## EDITORIAL



We are into the joyful Christmas season yet again! Let me start by wishing all the readers of “Mangalore” a truly meaningful Christmas 2014 – that each of us will offer Baby Jesus something special by way of helping those in need, sharing a little of our extra income and demonstrating through words and deeds, the spirit of love and care. I quote Fr Joe Mannath SDB :

**“If I had the generosity to share, that many poor people have, there would perhaps be enough and more for all; May be I am the poor person, after all – poor despite my plenty, poor in humanity, poor in love, frightened to death of losing what I have gathered”**

It is indeed a beautiful time of the year here in Mangalore - the climate is cool, the festive air is on, weddings, church bells, elaborate cribs and stars at every church and home, lots of visitors from outside Mangalore, Kuswar in many shops and more. My ardent wish is that all Mangaloreans outside get a chance to visit our dear Kodial sometime at least during Christmas.

The Eye Camp at Fr L.M.Pinto Health Centre in Badyar was a big success. A detailed report is provided separately.

Pope Francis is in the news all the time. Following the canonization of a priest – Fr Chavara and a nun – Sr. Euphrasia both from Kerala-India, he was on an official visit to Turkey, a country where 97% of the population is Muslim and only 3% Christian – there are just about 150,000 Catholics. I was surprised to note that even these 150,000 Catholics are divided into four groups – Latin rite catholics, Armenian catholics, Syrian catholics and Chaldean catholics. Should they not unite and have common services? Another interesting point – while Turkey allows freedom of religion, the Churches are not designated as Places of worship but as Cultural Centers. The Catholic prelate of Istanbul explains it thus **“We have the water as we want but do not have the cups to drink that water”**.

There has been an overwhelming response to the contents of the Mangalore Magazine and we are extremely grateful to all of you for your encouragement and support.

We note that many of you need to renew your subscription to “Mangalore”. The validity of your subscription is mentioned in the address slips. As a policy, we continue to post “Mangalore” to even those whose subscription needs renewal. Please support the magazine and send your renewal cheques at the earliest.

**Happy Christmas and may it be followed by a very Happy New Year 2015**

*Patsy Lobo*

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## THE PRESIDENT SPEAKS

### *'Living Life more abundantly through the Joy of Giving'*

With the season of Advent underway, we are all geared to welcome the big day to commemorate the birth of our Lord. The 'Christmas Season' has its own influence as per the hemisphere, the location and the people.

Out here in Mangalore, we will be having Christmas sales, exchange of gifts, the weddings and social functions during the festive season. Let us pause for a while and ponder how we can make this Christmas Season 'Living Life more abundantly through the Joy of Giving', in just three simple and practical ways, viz.:

- Recycling our wardrobe. Perhaps when we buy a new shirt or dress, it is also time to part and give away some, so that the number in the wardrobe remains the same.
- We exchange Greeting Cards and present Gifts this season. Can we look at promoting 'Made in Mangalore' brands? We have various products made at the Cheshire Home, St Agnes Special School, St Joseph's Rehabilitation Centre crafted by differently-abled persons. Let us promote their products as it will go a long way in making all concerned happy.
- Lastly, this festive season, as before, we attend lot of functions too. At the festive table, let us not waste food. Well, your host may have had the money to pay for it but the food resources belong to 'Mother Earth'. We are accountable to the next generation, as man belongs to nature but nature does not belong to man. For more on this, I draw your attention to Dr. Anand and Dr. Geeta's article titled "Turnover a new 'leaf' – stop food wastage" in the November 2014 issue of *Mangalore*.

On the CASK front, our engine has picked up momentum and in a month we ought to be steaming fully ahead. Our Eye Care Camp at Fr L.M. Pinto Health Centre, Badyar on 16th November 2014 was a satisfying and encouraging experience as detailed in the report elsewhere

in this issue. I am grateful to our Hon. Secretary Mario Saldanha for being the pillar of support in this venture.

Last month, yours truly appealed for providing clean drinking water to schools, under CASK 'Swaach Bharat' initiative. Delighted to inform that Drs Anand and Geeta Pereira have come forward to provide the first water purifier to St Raphael Higher Primary School, Thenka-Karanthoor, near Badyar, where 233 children study. Thank you, Drs Anand and Geeta Pereira for this Christmas Gift of Rs 25,000 to CASK and we sure will implement this scheme by coming New Year's Day.

The CASK Centenary Souvenir will be in your hands soon. A lot of effort has been put in by Mr John Monteiro and Dr Derek Lobo in bringing out this treasure for the Mangalorean Catholic Community. For many of us actively involved with the CASK Centenary, it will be a fond memento of the CASK Centenary now on.

Your Governing Council has planned a **CASK RE-UNION on 31st January 2015**, at the Boat Club, Sultan Battery, Mangaluru 575006. Ms Nayana Fernandes, our Vice President, is set to ensure that all members will have a happy and enjoyable evening. I look forward to meeting you at the RE-UNION.

Finally, if there is one prayer that I seek in 2015, it is 'WORLD PEACE'. Our Holy Father, Pope Francis, is leading the way with a constructive dialogue as demonstrated in a prayer service at one of Istanbul's most important mosques recently. Quoting Pope Francis: 'People of all faiths could not remain indifferent to the cries of the victims of the inhuman brutal war next door'.

Let us collectively meditate and pray for 'world peace' this Christmas season for, as Alfred Tennyson, English poet laureate (1809-1892) said: *More things are wrought by prayer Than this world dreams of.*

Wishing you and your families a holy, meaningful Christmas and a healthy, joyful, prosperous New Year 2015.

Jai Hind

***John Prasad Menezes***

## **A SUMMARY OF THE SYNOD ON THE FAMILY**

*Cardinal Vincent Nichols, Archbishop of Westminster, UK*

I wish to brief you on the recent Extraordinary Synod of Bishops held in Rome on the theme “Pastoral challenges facing the family” in the context of evangelization. I was privileged to take part in this 2- week meeting. I found it a rich and moving experience. You may have heard or read that this Synod has been about changing the teaching of the Church on marriage, family life or sexual morality - This is not true. It was about the pastoral care that we try to offer each other, the ‘motherly love of the Church’, especially when facing difficult moments and experiences in family life.

You may have heard that the Synod represented a ‘defeat for Pope Francis’ or that he was disappointed at its outcome-Again, this is not true. At the end of our meeting Pope Francis spoke at length about his joy and satisfaction at its work. He told us to look deeply into our hearts to see how God had touched us during the Synod, and to see how we may have been tempted away from the promptings of the Holy Spirit. The Synod, he insisted, has been a spiritual journey, not a debating chamber.

In fact, the very word ‘synod’ means making a walk or a journey together. That’s what we did. Our journey was an exploration of all the problems facing the family today, from the effects of war, immigration, domestic violence, polygamy, inter-religious marriages, to cohabitation, the breakdown of marriage, divorce and the situation of those who have ended a valid marriage and entered another union, another marriage. The vastness of the picture and the suffering it represented was, at times, overwhelming.

We also looked at the great joy of family life and the importance of marriage at its heart. We listened to husbands and wives speaking of the difficulties they had overcome, the struggles they face and the deep joy they experience in their mature marriages and family lives. They were moving moments. A lovely description of the family was offered: the family as ‘a sanctuary of holiness’ with emphasis always on the sharing of prayer at the heart of family life.

Pope Francis set the tone. He asked us to look reality in the eye; to speak openly from the heart; to listen humbly and respectfully to each other. This is what we did. There was no rancour, no contestation. There were disagreements, of course. But he told us to live through the experience with tranquility and trust. And we did. It was a marvelous experience of the Church as a family, trying to follow the promptings of the Holy Spirit and express them in carefully chosen words.

During the Synod we worked on various documents, trying to catch the views and desires of all the participants. By the end I believe we got there. So the Synod ended with a ‘Synod Report’ on which we voted, paragraph by paragraph. The votes indicated, quite simply, where agreement was more or less total and where it was not. This Report now forms the starting point for the next Synod on the family, to take place in a year’s time. The theme of this next Synod, in October 2015, takes us on from where we left off: ‘The Vocation and Mission of the Family’.

Central to the work of the Synod that has just ended was the desire to strengthen and reinvigorate the pastoral practice of the Church. A central principle for this pastoral care emerged clearly: that in trying to walk alongside people in difficult or exceptional situations, it is important to see clearly and with humility all the good aspects of their lives. That is what comes first. From this point, we learn to move together towards the goodness of life that God has for us and that Jesus opens for us all. This positive approach flows right through the ‘Synod Report’ and I hope will increasingly shape our attitude towards each other.

This is especially true with regard to individuals who, for example, have decided to live together without marriage, or for Catholics in second marriages. These realities are part of their journey in life and while not in keeping with the pattern the Lord asks of us, their lives are often marked by real goodness. This is the basis for our care of them, for our approach to them, our invitation to them, to come closer to the Church and deepen their faith and attend to its call. We say this confidently because it is within the call of our faith, the call of Jesus to each one of us, expressed in the truth of the Gospel and treasured in the Church, that our deepest happiness is to be found.

There has been much talk about how the Synod reflected on the situation of people of a same sex attraction. There was no suggestion that the teaching of the Church might somehow give approval to the notion of ‘same-sex marriage’ or that its teaching on sexual morality is to change. However, two things were very clear. The first is that we should never identify people by their sexual orientation. Every person is endowed with unique dignity, as an individual and as a Christian. This dignity is always to be respected. Secondly, it is the teaching of the Church that they are not only to be respected but also always accepted, with compassion and with sensitivity (Catechism of the Catholic Church 2358). This teaching has to be translated into loving care, in our daily life in the Church, in our parishes, and indeed in society.

But Pope Francis went a little further. He spoke of ‘the Church composed of sinners.....that has doors wide open to receive the needy, the penitent and not only the just.’ He spoke about the duty of pastors always to welcome into the Church those in difficult situations or in trouble. Then he corrected himself saying that we, as pastors, were not simply to welcome them but to go out and find them, just as the Good Shepherd did for those who had drifted away.

At the end of the Synod, in his closing address, Pope Francis said this: ‘Now we still have one year to mature, with true spiritual discernment, the proposed ideas and find concrete solutions to so many difficulties and innumerable challenges that families must confront; to give answers to the many discouragements that surround and suffocate families..... May the Lord accompany us and guide us in this journey for the glory of His Name.’

So that is what we must do as a contribution . I hope, in a while, I will be able to put before you ways in which your prayer and reflection on these themes can be a contribution to this ongoing work of renewal in the life of the Church, in response to the unfailing love of Jesus, under the leadership of Pope Francis and always in union with him.

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## CASK EYE CAMP AT BADYAR DRAWS IMPRESSIVE RESPONSE

*John B. Monteiro*

Let my soul smile through my heart and my heart smile through my eyes, that I may scatter rich smiles in sad hearts.

***Paramahansa Yogananda (1893-1952) an Indian yogi and guru(who introduced millions of westerners to the teachings of meditation and Kriya Yoga through his book Autobiography of a Yogi).***

The eye camp at Fr L. M. Pinto Health Centre, Badyar, in Belthangady Taluk, organised by Catholic Association of South Kanara



(CASK) on November 16, 2014 in collaboration with Fr Muller Institutions, drew an impressive response with 231 patients attending. The camp, part of the Eye Care programme-a CASK Centenary Project is the second such camp, the first

having been held at Holy Cross Hospital-Chikmagalur, where 256 patients attended, of whom 30 were referred for surgery to Fr Mullers and 138 were provided spectacles – all free of charge.

The 8-member team of ophthalmologists, optometrists and interns from Fr. Mullers, headed by Dr. Vinay P. G., worked continuously from 9 am for four hours, without a break. They were ably assisted by the efficient nursing staff of L. M. Pinto Health Centre, under close supervision of the Administrator-Sr Premlata of Bethany





Congregation which runs the Health Centre. At the Badyar camp, 26 patients were identified for further treatment/surgery and 130 for spectacles. The surgery and the spectacles will be provided free by Fr Mullers whereas the costs of

publicity and logistics will be borne by CASK.

CASK President Capt. John Prasad Menezes and Secretary Mario Saldanha, were present and facilitated on behalf of CASK.

Any account of the eye camp will not be complete without a brief focus on some of the 200+ poor villagers who attended. Mohini, 43, came from Kannadikatte, 8km. away paying Rs.8 as bus fare. She has been rolling beedies for the last 12 years while her husband is a coolie. She rolls 500 beedies per day and earns Rs. 125. She is shortsighted (myopic) and can't see the beedi wrapping thread properly. Her school-going children brought the leaflet about the eye camp - widely distributed by the Centre.

Antony D'Souza, 80 years, came from Ponnaje, near Belthangadi town, a distance of 15km. His daughter-in-law brought the local Kannada paper called Suddhi and motivated him to attend the camp. His eyes have been watering profusely for the last four years and people look hazy to him. Though there is a free government hospital in Belthangady town, he prefers to go to Pinto Health Centre for his monthly record of Blood Pressure and sugar levels.

Safiya, 55 years, is a daily wage earner and walked 3 kms to the camp from her Kanthiyal village. She can't see faces clearly and can't read small types. She has been wearing specs for the last five years, and now they are of no use – apparently the readings have changed. She nurtures hope that the camp will help her to see things properly again – and at no cost to her.

Lanky 83 year old Ahmed Beary is from Baraya village, walked 3 kms to reach the camp. He was a wood-cutter and has given up working for the last 15 years. He learnt about the camp through the widely distributed leaflets and



banners hung at strategic points. He has been having eye problems for the last eight years and two years ago he had been tested at the Government Hospital at Belthangady and got himself specs at a cost of Rs.300. He knows that at the camp the prescribed specs would be given free of cost. He is short-sighted. Asked why he needs to see things close as in any case he is illiterate, prompt came the repartee: “How can I count money or see the food served and visually relish it?”

Efficiently overseeing the camp operations was Sr. Premlata, Bethany Order who has been the Administrator of the Pinto Health Centre for the last 4 years. She did her B.Sc. Nursing from Fr. Mullers in 1993 and has worked in Concetta Hospital in Kinnigoly for 15 years. She came to like taking care of the poor and sick. Now she finds joy in reaching out to the poor and speaking to them and listening to their difficulties. Her professionalism is well reflected in the seamlessly smooth running of the hospital with a band of staff offering helpful service with a smile.

The Fr. Muller team of doctors and interns looked relaxed at the end of the camp. Their leader, Dr. Vinay, said that the camp was well organised, well publicised and well attended. He said that the Centre has very good facilities and the attitude of the patients towards health is impressive. He said that they are more health-conscious than he expected – which is also reflected in most of them being covered under health insurance.

## **HISTORY OF FR. L. M. PINTO HEALTH CENTER, BADYAR**

“Hospitals are places that you have to stay in for a long time, even if you are a visitor. Time doesn’t seem to pass in the same way in hospitals as it does in other places. Time seems to almost not exist in the same way as it does in other places”.

***Pedro Almodovar (b.1949), Spanish Director,  
screenwriter, producer and actor***

The above applies to the mid-sized Fr. L. M. Pinto Health Center (popularly called Pinto Hospital) at Badyar, in Belthangady Taluk of Dakshina Kannada district, 60 Kms from Mangalore and 7 Kms from Belthangady. The Centre had its roots in the Church of St Raphael. In 1922, Fr.Gaviraghi, SJ, built a small residence and a hall to serve as a chapel on a 5-acre land.

When Fr Louis Marcel (LM) Pinto was the chaplain, his brother, Dr.Peter Paul Pinto, a gold medallist from Madras University, started dispensing free medical aid to the people in 1927. In the same year Fr. Sebastian Noronha, who trained catechists, built a church and dedicated



it St Raphael the Archangel. Bishop Victor Fernandes raised Badyar to the status of a parish in 1937. Fr Gerald Lobo, former Bishop of Shimoga and now the Bishop

of Udupi Diocese, as parish priest of Badyar constructed the new building for the church and re-opened Pinto Hospital. That takes us to the checkered history of Pinto Hospital.

In 1927, Fr Pinto, Dr. Pinto and their two sisters laid the foundation of the present-day Pinto Hospital in a thatched hut. Gradually the medical

service rendered spread its fame to surrounding villages. The flow of patients increased – not only from Belthangady Taluk but neighbouring areas like Mulki, Karkala, Uppinangady and the adjoining district of Chikamagalur. One reason for this was that in those days many ailments like malaria, TB, asthma, anaemia, skin diseases dogged the poor villagers – and the hospital provided effective out-patient treatment - and almost free.

In 1959 the selfless Dr. Pinto, dedicated to the service of the poor patients died. For some time Fr. Pinto struggled to maintain the medical service; but soon the services stopped completely to the distress of the patients. Then, in 1979, the Mangaluru-based CODP organisation, under its “Belthangady Package Program” intervened and later, in 1983, revived Pinto Hospital with local initiative of Fr. Gerald Lobo – starting with 12 beds, in-patient and out-patient departments with X-ray facilities. After two years the hospital tapped the help of Fr. Muller Hospital. In 1992 the administration of the hospital was entrusted to the Mangaluru based Bethany Sisters. Today the hospital has 60 beds for inpatients with 3 in-house and 8 visiting doctors and a total staff of 60 ensuring 24-hour services.

Pinto Hospital is located off the busy public road and enjoys a serene environment. Inside the modern building complex there is a cheerful, brightly lit atmosphere. The hospital offers in-patient and out-patient services, delivery room and separate ward for the delivered, 24/7 casualty service, X-ray, ECG, ultrasound and laboratory, treatment for snake-bites which are common in rural areas and ambulance service. The campus has hostel and rest facilities for doctors and staff. Overall, Pinto Hospital is a boon for scores of villages in and around Badyar.

### **Editor’s Note :**

**The Eye Camp at Badyar was a revelation about the poverty and backwardness of the area. The L.M.Pinto Health Centre and the adjoining Parish School need much support. As mentioned by our President Capt. Menezes, CASK will explore the possibility of extending support to the Health Centre and the Primary School on a long term basis and appeals to our members and well-wishers to contribute towards this cause.**

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## CAN CHRISTMAS BE AN INSPIRATION TO ALL OF US ?

*Patsy Lobo*

The most beautiful time of the year – CHRISTMAS! For a whole year, we wait to celebrate Christmas. For most of us, the routine is even more hectic at Christmas time and we tend to get bogged down with it. Christmas has a different meaning for everyone. For a house wife and Mother there is always so much to do; For a religious even more, For a child so much happening and so much excitement, For a teenager hope and dreams fulfilled or not fulfilled! For a Senior Citizen concern and fear and for a lonely soul deep sadness.

This Christmas I feel the need to share a few thoughts with our readers on how we can look and take this yearly routine as an essential aspect of life. Let us look for Christmas as an inspiration that we will succeed not only till the season is over but as a time to settle our emotional setbacks, anxious whisperings of our consciousness and a time to revitalize what goes on in our hearts.

What would Jesus say to me if HE came to visit me every 25<sup>th</sup> December I often wonder and ask myself? The Carol “12 days of Christmas” is not all about the pear trees and partridges but the time between Christmas and the beginning of Epiphany (6th January ). We have time to think these 12 days and reconstruct ourselves. So here goes:

**For those who are sensitive like myself:** Let us keep away from people who try to tell us that we are too ambitious and make hurtful remarks. They are often overwhelmed by our success and tell you things that make you feel bad and doubt your achievements. In 2015 hang out with people who will support you and make you feel great. Mark Twain said “Small people also do that but really great people make you feel that you too can become great”.

**For those who are diffident to conquer :** Human beings by their inner attitudes of their minds can change the outer attitude of their lives. Don’t wait - the time will never be just right.

**For those who have lost a loved one:** He / She says “Do not cry for me this Christmas. I am spending it with Jesus. I will always guide you and love you from above.”

**For those who are sad:** Have a quote to live your life by.

**For those who are afraid to become who they really are:** Success is the key knowledge that you have become the person that you are really meant to be. That is reward enough.

**For those who feel inferior:** It was Eleanor Roosevelt who said” No one can make you feel inferior without your consent”. How true, fight for your rights it takes Courage to answer a call.

**For those who are blind to the physical and emotional needs of others :** take strength from Helen Keller who said, “The only real blind person at Christmas time is he or she who has not Christmas in his/her heart.”

**For those who are tired of the commercialism at Christmas:** Why should one shift from the Babe in the manger to a shop window with snow and icicles dropping from a Christmas tree? (As if it snows in Mangalore and around I often ask myself )So let’s go back to the message of Hope, Peace and Survival and bar the rest. After all Jesus was born to bring the same message year after year and let not the externals worry us. Two billion people worldwide go through this charade at this time so why take it on our shoulders?

**For a distraught Family:** True love demands sacrifice. Hence when one truly loves one is able to sacrifice one’s comforts for the others. Can we show our love by deeds? Can we keep the example of the holy Family before us? Seek help from friends whom we can trust.

**For those Mothers who are stressed at Christmas:** It was a story of Love. Mary the mother travelled a long way where she found no room for her precious one. How does a Mother look at her new born? How did Mary feel? She got the task of raising Jesus? Does that comfort us?

**For those who are unjustly treated:** There are times that we are constantly treated beyond our merits. His gifts are countless. Let us count our blessings.

**For those who are sad:** The heavy, choking feeling, the tears and the fear. Only Faith - the Faith that Jesus was born for us can lift the burden. Let us ask Him for comfort and mercy till we see the light again.

**For those who cannot forgive:** Can I rise above my anger without denying it and choose to forgive though I find it hard?

**For those who are frightened and nervous:** Paint the pictures of failure with less colour, concentrate on my strengths. How easily I lose sight of them.

**For those in pain and illness:** This sickness has shown me the need of others. Ask for strength in pain, misery, loneliness and anxiety at least there is someone to take care of me.

**For those who do not feel like praying:** What does this mean? Lord, show me what love is and how I ought to pray. Isn't it enough if I just talk to you?

**For the Teenager:** Do you find me boring? Do you like me? I want to be assured that I am likeable and need constant reassurance.

**For the Old:** We miss health and movements but at least there is no need of niceties before you Baby Jesus. I thank you for what I learn from my wisdom and serenity.

Last but not the least. We can change our own world and someone's world these 12 days of Christmas. We can make our life better. We can throw a rock into our own life and someone's pond that will leave lasting ripples. Be that person this Christmas. It gives so much satisfaction and a big thrill not just to that person but makes you feel who you really are. He can fill your Christmas with hope, He can fill your Christmas with peace and He, Jesus can help fill your Christmas with love. Isn't this comforting?

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## WELCOME TO NEW LIFE MEMBERS

We warmly welcome the following New Life Member

1. Mrs Amy Sequeira, Bangalore

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## MEMORIES OF DECEMBER 1970's MANGALORE

*Veronica Shearer, Morpeth - UK*

Kazaar! Kazaar! Kazaar! It was December 1974. Yes, wedding bells were pealing all over Mangalore. All my contemporaries were being caught in the net while the rest of us waited our turn (rather impatiently)! The wedding season in Mangalore is incomparable. Each wedding had a minimum of six 'functions'. A Roce for the bride and a separate Roce for the groom, the same night. So as invitees, we had two parties to attend and choices couldn't be made. Both had to be attended....what fun! Next was the actual wedding. The Nuptials in Church was followed by a Reception. The next two nights were dinner parties at the bride's parental home and then the groom's parental home! This was called 'Portopan' or in Konkani, 'PorthunApon', meaning call again. The bride must 'call again' at her parent's home, now as a married person.

These were the five main celebrations but a month or so before the wedding, there would be parties at various friends' homes to congratulate the bridal couple. The house parties were actually more interesting because the number of guests was smaller and the fun greater! So you can imagine the festivities in Mangalore if more than three couples were getting married. Since ours was a small community, everyone was invited to every function.....a never-ending party! Usually December was the favoured month for weddings so Christmas and New Year also had their fair share of fun and games! The result of all these parties was that young eligible people who came from far -off places got a chance to meet the 'eligibles' in Mangalore. This of course would lead to more engagements in the pipeline and then more weddings a year later! And so it went on!

The best part of the wedding season were the picnics on the beach! Since these were always in the daylight hours, I didn't have to be chaperoned! The frolic on the beach, the screams of delight when a wave toppled us and the thrill of being rescued by a knight in shining armour, if indeed a wave had engulfed one!

Unfortunately, I was usually one of the youngest in the crowd and no one paid much attention to me but I enjoyed myself nonetheless! I always lived in hope...even though I was often warned by the nuns in college that if one lives in hope, one dies in despair! News of the gambolling on the beach would soon reach college and we would have to face Sister's disapproving shake of the head. Words didn't have to be exchanged!

Preparations for the Roce and the Portapon were colossal! Since both were held in the bridal home, friends and neighbours would lend a hand in the cooking. A huge tent or 'Matov' would be erected where the aunts, mothers of would-be brides and brides in-waiting like myself, would sit and peel onions, garlic and ginger, chop the pork, slice the vegetables, scrape the coconuts etc For over 200 guests, this would mean a lot of chopping! Today, I believe, caterers cook for the thousand or more guests, so all the fun of 'lending a hand' is unheard of. It was in the 'Matov' that I learnt how garlic had to be sliced for the Sorpotel, how putting an onion skin in your hair would prevent your eyes watering, how the pork had to be 1/3 fat and the rest meat and each piece had to have a little fat and a little meat, so the pieces had to be longish and yet quite small. Quite an art in buying the pork and cutting it! I think it took me several attempts in later life to get it right! As for the 'blood'. One never got to see how it was cured but once again I learnt this from Auntie Maisie Sequeira in Delhi, many years later. Fortunately one doesn't need to do this in the West as a piece of 'black pudding' would suffice, if grated straight into the sorpotel! Green chillies were a must and had to be slit lengthwise, onions had to be diced and ginger minced fine so that it would blend with the gravy and not stand out. The unmistakable aroma of the sorpotel would fill the air as the gossip in the 'Matov' became more intense and interesting.

Once the marathon preparation for the cooking was over, it was time to get ready for the Roce! Since I was one of the last to get married among my classmates, I was usually asked to sit with other unmarried

girls on either side of the bride, on a long bench. The length of the bench depended on how many of us vestal virgins were around!! The bride would have to be adorned in all the jewellery belonging to the ladies in the family - usually heirlooms, gold rosaries, long gold chains and of course the mother's wedding sari tied around her waist with a frill in the front where the 'pallu' should have been. This 'KirgiBazu' was a sign that the bride too was in her virginal best! Her hair would be in a cap of 'Aabolis' pretty orange flowers - and she had to look sad while 'Voyos' were sung by the guests. These 'Voyos' were sung in a dirge-like manner and started by invoking God's blessings, then remembering the departed from the family and finally some good-natured teasing. While the voyos continued, in came the bridal group of ladies with little saucers containing coconut milk (signifying fertility and purification) and oil (blessing from God) The blessing was a sign of the cross made on the forehead with the coconut milk and a touch of blest oil. There was usually a shawl around the bride's shoulders to save her sari from being stained by the innumerable blessings with coconut milk and oil! Once the ceremonies, prayers and formalities were over, the fun would begin! Music, dancing, food and wine flowed non-stop till the wee hours of the morning.

In days gone by, the Roce had profound meaning. The entire village would be present, each family armed with something tangible for the parents of the bride/groom. It could be vegetables, a chicken, a goat, coconuts, rice etc called Voje to help the parents bear the cost of the wedding. So it became a village affair. There would be a brass band leading the procession of village folk, all making their way to the bridal home, bearing gifts in kind. In later years the gift or Voje was in the form of an envelope with money. Unfortunately this inner meaning has now been lost and the Roce is just another party. Parents of the bride / groom feel their pride is being belittled if anyone hands them 'Voje' at the Roce. So like many other traditions this one too has died out. What a pity!

Now for a few recipes of three dishes that I would make a bee line for, at the wedding festivities:

Sorpotel, Polov and Appams. Ofcourse this is the easy version so that it can be made in whichever part of the world you're in without much bother. I must emphasise that each person has their own recipe for Sorpotel and so in each home it tastes different! This particular recipe is mine! It has been tested in the UK and the US and proved to be quite good! The true Sorpotel was called 'Kaleezaankiti' ,which literally meant liver and offal. The sound of it isn't very attractive but the taste was to die for! Unfortunately mine is a less exotic version...Sorpotel - serves

Ingredients:  
1 kg pork (1/3 fat) I usually buy 300 grams of belly pork and 700 grams of leg or shoulder. Cut into small and long pieces as explained above

4 onions - chopped

10 flakes garlic - sliced in half

1 inch piece ginger minced

1 tablespoon Baffath powder

1 tablespoon Meet Mirsang

10 cloves

2 pieces cinnamon

1/4 cup vinegar

salt to taste

70 gms black pudding to be grated into the pork while it is cooking

2 bay leaves

2 - 4 green chillies - slit in half lengthwise

### **Method:**

Mix all the above and cook on a slow fire so that the onions give out their moisture and you don't need any extra water to be added. This way, the sorpotel will last for several days.

## POLOV- SERVES 6

### Ingredients and method

1 kg lamb cut into cubes - to be boiled till tender

1 kg ash pumpkin (kualo) peeled and cut into cubes - to be boiled separately till tender. The following ingredients to be dry roasted (each separately) on a hot 'thava' or heavy-bottomed pan. It sounds laborious but takes just 5 minutes!

1 big handful coriander seeds

2 tablespoons cumin seeds

10 pepper corns

15 Kashmir chillies

1 tablessoon raw rice

1 tsp urad dhal

1 tsp toor dhal

1 tsp methi seeds (fenugreek seeds)

1 sliced onion<sup>27</sup>

1 cup grated coconut

6 flakes garlic

Grind all the above roasted ingredients into a fine paste

Slice an onion and fry till golden brown

Add ground masala and previously boiled lamb and pumpkin

Add 1 can coconut milk and salt to taste

Enjoy with appams

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### CASK REUNION

**Date** : Saturday, 31st January, 2015 **Time** : 7 pm

**Venue** : Boat Club, Sultan Battery, Urwa

**Dinner** : Couple - ₹ 750/- / Single - ₹ 400/-

Children 10-15 years - ₹ 300/-/Below 10 years - free

*Please buy your tickets at the CASK Office or from any of the office bearers*

## **INNOVATION ON A PLATE FOR CHRISTMAS**

*We are pleased to reproduce Recipes from one of our STARRED Friends Mrs. Rita Saldanha as we continue our Culinary Journey*

### **DATE ROLL**

1 cup dates (without seeds)

1 cup sugar

2 cups milk

Cook all ingredients together till it becomes a mass. Dampen a muslin cloth and sprinkle scraped coconut on it . When the mass cools make it into a roll on the muslin cloth and leave it get firm. Cut the roll into circular pieces and wrap with butter paper.

### **SWEET PUFFS**

Nurie Form; 3 heaped cups maida; 1 egg; salt to taste; sufficient water to make chapathi like consistency

#### **Filling:**

½ cup white theel – roast on a pan

2 tbsps Kuskus – roast till it splits

5 heaped tbsps sugar

2 tbsps cashewnut bits

25 raisins

10 pods cardamoms- powder

A little grated nutmeg

Heat 1tbsp ghee or butter. Fry raisins. When they swell add gingerly, cuscus, cashewnuts, cardamom and nutmeg. Keep on fire for 2 minutes. Add sugar. Remove from fire when sugar melts. Keep stirring even after taken from the fir With the kneaded maida make small balls and roll out. Put this on the form and put about 1 ½ tsp. filling. Dampen the edge on one side with water and close the form. Press the edges to tighten the nurie. Heat oil in a pan and deep fry till golden brown.

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## STATUE OF POPE JOHN PAUL II INSTALLED IN BAJPE



6th February 1985 was a red-letter day in the history of Mangalore. On this day Pope John Paul II made a brief visit to our famous city, also known as the 'Rome of the East'. The Memories of the Papal visit are still fresh in the minds of the people who had gathered in large numbers at Bajpe just outside Mangalore airport.

On February 6, 2010, to mark the silver Jubilee, Bishop Dr Aloysius Paul D'Souza unveiled the bust of Pope John Paul II, at a function at the spot where the Pope had addressed the large gathering.

On November 23, 2014, a 6.5 feet statue of Pope John Paul II weighing 500 kgs was taken in a procession from Bishop's House, Mangalore to the Bajpe Parish in a vehicle rally. The Bishop flagged off the rally and handed over the flag to the parish priest of Bajpe Fr Leo Lobo.

On November 27, 2014, the Apostolic Nuncio of India and Nepal Archbishop Salvatore Pennacchio installed the statue of Pope John Paul II, (now declared a saint) in a shrine specially built in his honour at the place where the Pope stood 25 years ago.

Thus the historic visit of Pope St John Paul II to Bajpe back in 1986 has been immortalized. The Nuncio inaugurated and blessed the shrine and the statue at a beautiful Ceremony.

Soon after the inauguration, a solemn Mass was celebrated, led by the Nuncio, along with bishops - Aloysius Paul D'Souza of Mangalore, Gerald Isaac Lobo of Udupi, Francis Serrao of Shivamogga, Lawrence Mukkuzhy of Beltangady, Geevarghese Mar Divannasios of Puttur, Msgr Denis Moras Prabhu - vicar general of Mangalore and Fr Jayanathan, who represented the Archbishop of Bangalore Dr Bernard Moras. Several priests and nuns of Mangalore and Udupi dioceses were present.

In his homily, Bishop Francis Serrao spoke about the life and times of St John Paul II and said that he had suffered much during the German Nazi regime. "He was the first person from outside Italy to become the Pope. He even forgave his attacker Mehmet Ali Agca who had shot and injured him. He went to the jail and embraced Mehmet. We have to denounce the culture of death and embrace the culture of life," Bishop Serrao said.

The Mass was followed by a formal programme. A galaxy of VIP's were present - Ramanath Rai, District Incharge Minister, Abhayachandra Jain, Minister, MP Oscar Fernandes, MLAs J R Lobo and Mohiuddin Bava, MLC Ivan D'Souza, president of Bajpe panchayat Pradeep Suvarna, president of Kolambe panchayat Vijaya G Survarna and other local leaders.

In his address, Dr Salvatore Pennacchio said, "I feel very happy to be here to inaugurate my spiritual father's shrine. Everywhere St John Paul II visited, he spread the message of peace. I bring peace and greetings from Pope Francis to the people. This is the first shrine in India dedicated to Pope John Paul II".

In his address, Dr Gerald Isaac Lobo said, "John Paul II was canonized saint within 9 years of his death. As Pope, he made a number of journeys to various parts of the world. He was a messenger of peace and a guide to the youth of the world. I was first made bishop by him, I still have his sign of cross and rosary. I feel great devotion towards him. I considered him a saint even when he was alive."

Oscar Fernandes said, "It feels good to have this Shrine in my constituency. I had opportunities to meet John Paul II whenever he came to India. I was also one of the representative from India to attend his funeral. I had the chance to see the bullet that struck St John Paul II"

MLC Ivan D'Souza recalled the visit of St John Paul II and said, "I was involved in the preparations and tied the buntings and flags. I got into the crowd and was blessed by him. I decided to be his devotee all my life."

MLA Mohiuddin Bava, expressed happiness at being part of the event and stressed on living together with harmony and peace.



Dr Aloysius Paul D'Souza, Bishop of Mangalore welcomed the guests.

Simon, the car driver who had received St John Paul II from the airport and took him around during this visit to Mangaluru, and Sushma Malli, wife of the late Manmohan Malli, who donated the 7 cents of land to build the Shrine, were honoured.

Bible software 'Ephphatha' was launched on the occasion.

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## A SCULPTURE WAS BORN



Anthony Fernandes is his name. His father was a famous sculptor. A visit to Pietro Cement Concrete Works on Sylva Road, Mangalore is always a fascinating experience. His talent always grips me as he proudly takes me on the grand tour to view his exotic collection. Impassioned by the love for beauty, Anthony rock-like in faith worked on a request from a Parish carved out a 6 feet, 4 inches masterpiece of Pope John Paul .It took him 2 months during which he prayed to Pope John Paul II himself

for direction. When asked how he created this work of art, the great sculptor said, "Recalling feelings of emotions, I was inspired by the life of this great pope and chipped away this majestic figure with special emphasis on Facial expressions and proportions. My wife Muriel is always by my side and encouraged me. My Father Peter Fernandes who started Pietro Modern Cement Works in 1932 never really taught me this art for no Sculptor can really learn from another; each his own style but I watched him intently and was inspired and decided that this is my calling, This is my style , This is my passion.

**Editor's Note :** CASK is proud of you; keep up this great work of art. You have done Mangalore proud!

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## IT DOESN'T HAVE TO BE A MANGER

*Prof. Geralyn Pinto*

It doesn't have to be a manger  
With a single star glimmering  
in distant cosmic counterpoint  
to shepherds' lanterns  
or the lights of camel caravans.

You don't need palm trees  
nodding by lonely oases  
in oceans of desert sand  
or hillsides of cropped grass  
in Bethlehem.

Any place will do  
where He may be received:  
a shoe-box crib,  
hands cupped in the blessed act  
of giving or receiving.

But best of all  
is heart space  
cleared of all the  
odds and ends of past conflict,  
swept clean of shards of vanity.

You can bring Him whatever you like:  
It doesn't have to be gold, frankincense or myrrh;  
this Prince of Poverty chooses  
the broken,  
the wretched refuse of the Earth.

So bring Him  
the teeming homeless,  
the victims of Nature's rampages,  
the huddling ebola-stricken,  
the children of Gaza.

Bring them all to His manger  
there in your heart space  
and in your hands;  
and give Him whatever  
heart and hand can do or hold.

After all,  
what did He give us?  
Just three nails  
and two lengths of wood,  
placed cross-wise.

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## **HAVE THINGS CHANGED FOR THE INDIAN WOMEN SINCE INDEPENDENCE?**

*First Prize Winning Essay – Abigail Rego  
Class 10-B, Lourdes Central School, Mangalore*

15<sup>th</sup> August 1947 is a day cherished by all of us in India. Every man and woman in India celebrates this day when we attained independence. But is it the same for Women? Have women really got their freedom?

Many positive changes have taken place since 1947 – Life expectancy has risen to 67 years from 32 years at the time of independence, an indication of the advancement in health care. Literacy rates have increased from 16% in 1951 (the first census) to 74% in 2011. With a population of 1.2 billion, India is the world's largest democracy. As per the Constitution of India adopted in 1950, Men and Women have Equal Rights but sadly the ground realities are different for women. India is ranked 132 among 187 countries on its gender inequality index. All countries in South Asia, with the exception of Afghanistan are reported to be better for women than India! The sex ratio of our country is 927 females for every 1,000 men, though females are considered biologically stronger. The participation of women in the labour force in India is still low, particularly in skilled and professional jobs.

In ancient India, women enjoyed equal status with men in all aspects of life. This deteriorated in the Medieval period and it seems to have almost vanished in the present-day India. 'Sati' was abolished in India by the British in 1829 but there have been about 40 cases of 'sati' reported since independence – mostly forced. In 1987, there was the famous Roop Kanwar 'sati' case in Rajasthan. The female literacy rate in India is less than male literacy rate. In most Indian families, women do not own any property and usually do not get a share of parental property. Due to weak enforcement of laws, women continue to have little access to land and property. In fact some laws discriminate against women when it comes to land and property.

Police records show a high incidence of crimes against women. The National Crimes Record Bureau predicted in 1998 that by 2010, the growth rate of crimes against women would exceed the population growth rate and this has come true! India is the fourth most dangerous place in the world for women to live in. Women, regardless of their caste, class, creed or religion are victims of many atrocities like acid throwing, domestic violence, dowry harassment, rape, infanticides, sexual harassment and trafficking.

A society that does not respect women is under-utilizing half of its population. However, when compared to 1947, the life of upper class women in India today is considered better than Japan, which is otherwise a very advanced country. But on a population scale, things are vastly worse. A crime victimization survey of women conducted by India Today had scary results – it showed that 79.3% of men believe that marital rape is okay! Rape is one of the most common crimes in India. In the 1980s Women's Right Groups lobbied for marital rape to be declared unlawful because the law stated "Sex by a man with his own wife, the wife not being under 15 years of age, is not rape" Sources show that rape cases in India have doubled between 1998 and 2008. In the year 2011, 24,206 rape cases were registered, obviously many cases go unreported.

Acid attacks are a form of revenge against women if she rejects a proposal from a man. Such attacks are increasing since acid is cheap

and easily available and seems an easy way to destroy a woman's life. Domestic violence is common specially among the lower socio-economic classes. Men use this form of violence to prove that they are superior. Though dowry is banned by the Government since 1961, many cases of dowry harassment, violence, murders and suicides are constantly occurring. It is estimated that each year about 5,000 women died due to dowry demands and about a dozen died each day in so-called 'kitchen fires' thought to be intentional. This kind of abuse has also led to the increase in sex-selective abortions and female infanticides. Sex selection is banned but doctors and hospitals continue to do this leading to aborting females.

Some people blame the rising rates of sexual abuses on the influence of 'Western Culture' but this is just an excuse. Sexual misconduct happens across all sections. Many cases of trafficking of young girls and women are reported. These women are forced into prostitution, domestic work or child labour. There are men who believe that women who dress provocatively deserved to get raped or incite men to rape them. This is nothing but a true example of the devious and thoughtless mentality of men in India. We are a Free and democratic country and every citizen has a right to live the way they want but why should women be blamed for the mean and criminal mentality of men? Is this our freedom? Is this what we deserve?

I feel that in the early decades after independence we had a progressive elite who brought up sons and daughters equally and women made amazing strides in all spheres. However, this modern approach was limited to the elite upper classes. For the bulk of the population, ignorance, attitudes and male-dominated indoctrination resulted in violence against women which continues unabated till today.

**CASK Sponsored Essay Competition - Lourdes Central School, Mangalore. 107 students of class 10 participated.**

**WINNERS :** I<sup>st</sup>Prize : Abigail Rego  
II<sup>nd</sup>Prize : Sristi Rai  
III<sup>rd</sup>Prize : Nichole Joseph

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## **FACT OR FICTION?** **₹ 10000/- YEILDS ₹ 540 CRORES!**

*Norbert Shenoy*

An investment-of-₹ 10,000/-fetches-₹540-crores-in-34-years! This is fascinating but factual! ₹ 10000 invested in the listed company Wipro in 1980, would have yielded, yes, hold your breath, ₹ 540 crores in 2014!

R. Srinivasan an expert has said “If I had the technology to send a message back in time, I would tell my father in 1980 to “Use ₹ 10,000 to buy 100 shares of Wipro as an one-time investment and never sell it for the next 30-35 years.” If he had done that his investment would now be worth about ₹ 540 crores.

This is one of the common examples given when people come into investing in shares in India. Almost every Indian blog about investing in stock markets gives this example and I also post this here as requested by a reader. Many people think it is a lie and don't believe it, but it is possible and there are numbers to prove it.

Lets just assume that you bought 100 shares of Wipro each at a face value of ₹100 in the year 1980. Total investment: ₹ 10,000. You don't touch it at all, no profit booking or buying more shares. Occasionally companies provide benefits to its shareholders by way of corporate actions. They could provide bonus shares for shares that you hold, they could do a stock split where a high face value share would be broken down into smaller face value shares but number of shares increases proportionately, etc.

Wipro has done various such bonuses and stock splits in its history of 1980-2014. Lets now see the different corporate actions and how the number of stocks would've grown.

### **WIPRO Investment Growth**

Year	Action	Number of Shares
1980	Initial Investment	100
1981	1:1 Bonus	200
1985	1:1 Bonus	400

1986	Stock split to FV ₹ 10	4,000
1987	1:1 Bonus	8,000
1989	1:1 Bonus	16,000
1992	1:1 Bonus	32,000
1995	1:1 Bonus	64,000
1997	2:1 Bonus	1,92,000
1999	Stock split to FV ₹ 2	9,60,000
2004	2:1 Bonus	28,80,000
2005	1:1 Bonus	57,60,000
2010	2:3 Bonus	96,00,000

After the year 2010, there were no more bonuses or stock splits. But with just that initial investment of ₹10,000 (100 shares) you now would end up with 96,00,000 shares of the company because of all the stock splits and bonus shares. Current stock price of Wipro is about ₹ 563 per share, as of 31 st October 2014.

$₹ 563 \times 96,00,000 = ₹ 540,48,00,000$  or about ₹ 540 crores. And this is without reckoning with dividends the company has paid regularly. That is a CAGR (Compound Annual Growth Rate) of 47.39%. Which other asset class (land, gold, or bonds) gives this kind of return? If you immediately needed to liquidate this entire holding today (urgent need for >₹500 crores?), you can do it and you would have to pay a grand total of 0% tax on your profits, because long-term capital gains in equity is tax-free. But then, let us not be overtaken by euphoria. Following is a cautionary tale of the fragility of a brilliant mind when it comes to equity investment. We speak of no less a person than Sir Isaac Newton.

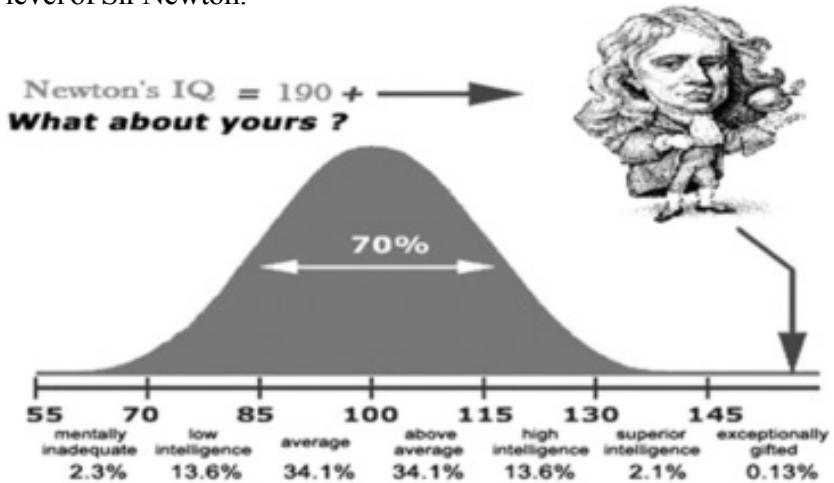
What matters more for investment success : IQ or EQ?

Having intelligence can only guide you about what the right course of action is, but it is EQ which determines whether we would act on the right course of action and stick to it or not.

There are many tests developed by various people to measure the IQ level, many of the tests are also available online. When it comes to measuring IQ level, world's renowned scientist Sir Isaac

Newton is believed to have had the IQ of 190 plus, which is very rare. As only 0.13% of the people have the IQ of 160 plus.

Sir Isaac Newton was considered to be having an IQ of 190 (Higher than Einstein's IQ of 160). Well this is an approximation gleaned from Google. There might be dispute among the scholars about the exact IQ level of Newton but there is no doubt about the high level of intelligence level of Sir Newton.



We all know about the great contribution of Sir Isaac Newton in the field of Physics, specially Laws of Motion he discovered in 1687. Without the laws which Newton discovered, we would not be where we are today in modern physics.

### **Sir Isaac Newton's investment in South Sea Company**

But very few people actually know the fact that Sir Isaac Newton lost his life's savings in 1720 in stock market because of his investment in the stock called South Sea Company, established in 18th century. The company had a monopoly on trade in the South Seas in exchange for assuming England's war debt.

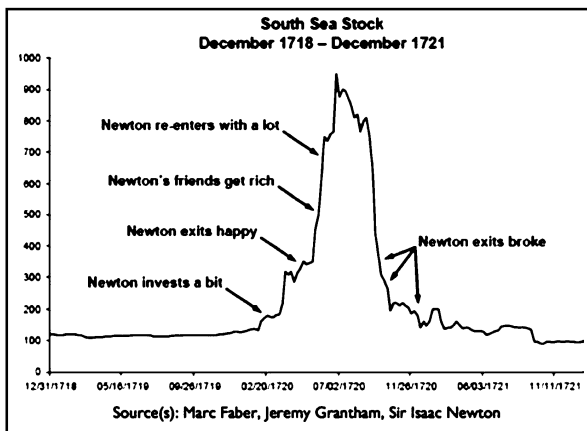
Being a high profile and intelligent investor he identified the bubble in the making, in this company's stock price and exited at the right time. He doubled his money and earned a handsome gain of approximately £7000. Newton then watched with some regret, as the price of the stock of the company continued to rise unabated.



Newton went on to re-enter with a even bigger amount and bought the stock of South Sea Company shares at more than three times the original price. In this venture of re-entering into the Stock of South Sea Company, Newton lost almost £20,000, which in 1920 was amounting to almost his entire savings. Converting the same into the today's worth would be approximately Rs 17 to 18 Cr in rupee terms.

Given below is the graphical representation of South sea company's stock price, and effectively of Newton's emotional journey from greed to satisfaction and then from then to envy and more greed, ending in despair.

After this crisis, he stated "I can calculate the motions of heavenly bodies, but not the madness of people."



We as investors (not as intelligent as Sir Isaac Newton for sure) could learn from this story of Sir Isaac Newton and South Sea company.

It's the logic (IQ) which tells us what is the ideal and logical step we should take in investing, but it's EQ which actually decides our final course of action. We need to learn to check whether our decision is based on emotional impulse or based purely on intelligent analysis.

Maybe we could ask ourselves, before any major investment related decision, the following questions: What goal do I want to fulfil, with this investment? Is it based on impulse, unverified news, recommendation of friend/broker/TV channel, or is it backed by a modicum of homework to validate claims and facts?

If you are investing into the stock just because your friends or relatives have, and made a fortune in a particular stock or fund, then chances of you losing may be as good as those of Newton.



Another important message from the story is - Newton lost his life's savings, because he invested all his savings in a single stock. Had he diversified his portfolio into multiple stocks, his loss might have been smaller. Proper diversifications mitigates risk.

Unfortunately, Newton didn't have the option to invest in the stock market through Mutual Funds, as the modern form of Mutual fund first started in 1822 in Belgium and then soon took root into Britain and France.

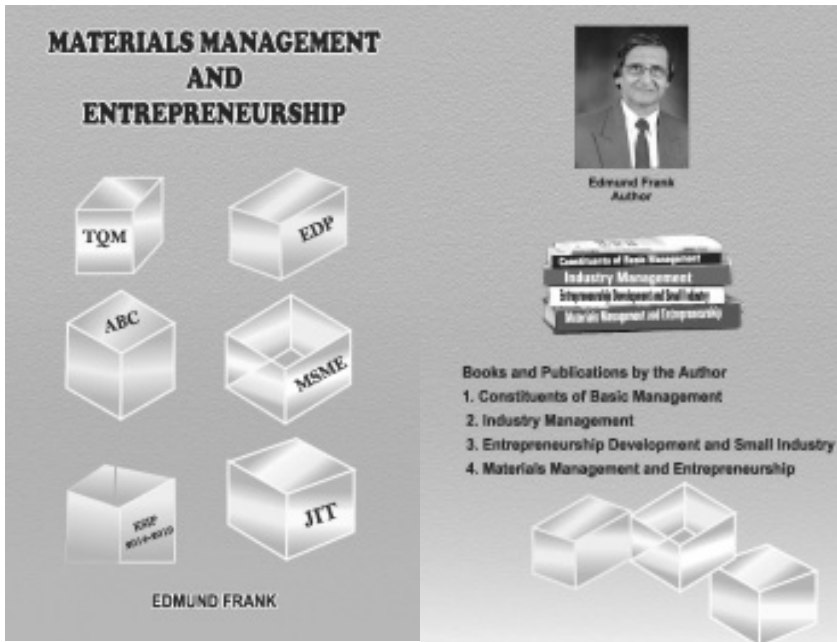
Fortunately, we have the option of diversifying our investment in stock market through Mutual Funds and ensuring that we don't get emotionally attached to a single stock and in turn create a big risk of losing life's saving.

**As Chanakya rightly said, "Learn from the mistakes of others..you can't live long enough to make them all yourselves."**

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	<b>WHITE DOVES</b> Presents for the 20th Year	
<b>THE 2014 YEAR OLD FACT IN A MOBILE ACT</b>		
<i>through song and act on the birth and life of Jesus Christ</i>		
<i>The mobile street shows will be held 11-14 December 2014</i>		
11-12-2014	Thursday	Fr. Muller's Grounds, Kankanady, Mangalore at 7.00 p.m.
12-12-2014	Friday	United Basel Mission Jubilee Church Grounds, Udupi at 6.30 p.m.
13-12-2014	Saturday	Kolalgiri Junction at 6.30 p.m.
14-12-2014	Sunday	Nehru Maidan, Mangalore at 6.00 p.m. Padua Grounds, Mangalore at 8.00 p.m.
<b><i>Please come with Family &amp; Friends at any venue</i></b>		

# NEW BOOK AUTHORED BY PROF. EDMUND FRANK RELEASED



The fourth book authored by Edmund Frank, Professor & Dean - PGDBM, St Aloysius College, Mangalore. titled 'Materials Management and Entrepreneurship' was recently released.

The book is meant for students of Commerce, Business Administration & Engineering and budding Entrepreneurs.

In his 'Preface' Prof. Edmund says "I have highlighted the needs and motivating factors that can draw persons into self employment and unfurled in detail the syllabus on - Inventory Control Entrepreneurship development & Industry Management.

The book is bound to be useful to students as well as budding Entrepreneurs.

The book is published by Sylvester Frank Foundation and is priced at ₹ 350/-

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## TRIBUTE TO NEIL D'SOUZA

*Capt. J. P. Menezes, President, CASK*



24-02-1952 to 17-11-2014

The Catholic Association of South Kanara places on record with deep gratitude the honorary services rendered by Neil D'Souza as Joint Secretary for the period 2004 to 2007 and as Hon. Secretary of the Association from 2007 to 2010. Neil's contribution as 'Editor' of Mangalore Magazine for two years is a cherished memory.

During his tenure as Hon. Secretary, Neil revamped the entire CASK Membership data base into digital form the first time in ninety three years. Neil was also instrumental in introducing the 'CASK REUNION' concept and the foundation laid then, has continued making the 'CASK REUNION' a happy and meaningful event.

On the personal front, I had an opportunity to serve under Neil as Joint Secretary of SAACA where he was then the Hon. Secretary. It was during this period the South India Jesuit Alumni meet was organised at St. Aloysius College in Mangalore.

Neil will always be remembered for his gentleman approach, pleasant mannerism and above all, as one who lived respected and has died regretted.

*May His Soul rest in peace.*

*CASK conveys its condolences to his wife Sybil, son Glen, brothers - Donald, Fr Clarence SJ, Kenneth and sisters - Cristobel, Mirabel, Anabel and other members of the family.*

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## NEWS & NOTES

### CASK HANDS OVER CHEQUE FOR EYE CARE AND ORGAN DONATION PROJECT TO FR MULLER HOSPITAL



A Cheque of USD - 10,000/- from the Fr Muller Charitable Foundation - USA was handed over to Fr Patrick Rodrigues, Director Fr Muller Charitable Institutions

(FMCI) by Mr Walter D'Sa, Treasurer CASK in the presence of representatives of FMCI Management and CASK office bearers.

This is the second installment of the donation made for the CASK - Fr Muller Hospital Collaborative project for Eye Care by Dr Vinaya and Dr Sameer Kapoor of USA. The total donation by the Kapoor family for this project so far comes to Indian Rupees - 10,50,000/- (USD - 17,500/-). The third installment of USD - 5,000/- is on its way.

**CASK is deeply grateful to Dr Vinaya & Dr Sameer Kapoor for this generous contribution towards the Eye Care project.**

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### IT'S X'MAS TIME IN THE CITY!

*Dr. Christopher Pais*

The staff, students and alumni of the Manipal University (Mangalore campus) organized the Christmas programme on Sunday, 9<sup>th</sup> November, 2014 at the St. Sebastian Platinum Jubilee Hall, Bendore, Mangalore. This represents a collaborative effort by staff and students of Kasturba Medical College and Manipal College of Dental Sciences, Mangalore for the 8<sup>th</sup> consecutive year. A play based on an adaptation of Oscar Wilde's "The Nightingale and the Rose" was ably directed by Hussain Karim, student of III year MBBS. The part where the nightingale underwent so much pain and ultimately sacrificed himself to fulfil the

yearning of the love-struck young man echoed the story of Jesus. Melodious choral singing and classical music played on the violin and keyboard was interspersed through the play. Dr. Thangam Joshua, Professor, Dept. of Surgery, KMC, delivered a poignant message in preparation for the Christmas season. She drew on the parallels between the story enacted and our own lives. Dr. Dilip Naik, Dean of MCOADS, Mangalore addressed the gathering and felicitated the efforts put into the programme and the message it conveyed. The mime by the Malaysian students that was themed on the birth of Jesus was a huge favourite with the audience. It was exciting to see the spirit of Christmas heralded in the city by music, mime, drama and festive décor.

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## **“KALLEM BHANGAAR” BAGS THE SECOND AWARD IN A ROW!**



Edwin JF DSouza's Novel "Kallem Bhangaar" (detailed write-up appeared in the August issue of Mangalore) has won another Award, **Smt.Vimala V. Pai Vishwa Konkani**

**Award for the Best Book of 2014.** The award was conferred on him at the T.V.Raman Pai Convention Hall on the 6th November 2014. This is the 12th Literary Award in Edwin's Konkani literary career spanning 50 years till date!

This same novel earlier won the Best Book of the Year 2014 from the Karnataka Konkani Sahitya Akademi, Mangaluru in June 2014. The other Vishwa Konkani Awardees included Fr. Mark Waldar, former editor of 'Rakno' for his life-time contribution to Konkani. The Awards were presented by Dr. N. Balasubramanya, Eminent Kannada Novelist.

**CASK congratulates Edwin D'Souza on this well deserved Award.**

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## RACHANA AWARDS 2014

The premier 'Rachana' awards were presented at a glittering function at Milagres Jubilee hall on November 16. Five distinguished Mangaloreans, under five categories - Agriculturist, Professional, Indian Entrepreneur, NRI Entrepreneur & Outstanding Women, were presented of the 'Rachana' awards, instituted by the Catholic Chamber of Commerce and Industry.



Jeanette Pinto, well-known educationist and professor of history from Mumbai received the 'Outstanding Woman of the Year' award, for her commendable work as a 'Pro-Life' activist in the Archdiocese of Mumbai for over 15 years. Over a long and successful academic career she has also authored the book 'Indian Widow- from Victim to Victor'.

The 'Agriculturist of the Year' award went to retired forest official Gabriel Stany Veigas, for his experiments with sustainable farming on his 37-acre farm where he cultivates coconut, mango, rambutan, cashew, jackfruit and breadfruit.



Raphael Sequeira, a Mumbai-based entrepreneur who runs a host of diversified companies that deal with garment export, real estate and information technology, bagged the 'Entrepreneur of the Year' award.

The 'Professional of the Year' award went to Dr. Anil Kieth D'Cruz, Director - Tata Memorial Hospital, Mumbai and a renowned Head and neck surgeon and oncologist for his distinguished medical career and his noteworthy contributions to Cancer research and Medical Education.



Oman-based Ligoury D'Mello was adjudged the 'NRI entrepreneur of the Year' for successfully running an engineering solutions company in the oil and gas sector in Oman and for his contribution to the promotion of Konkani arts and culture.

**CASK offers its congratulations to all the five Rachana Awardees and wishes them continued success.**

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## VALLIE D'SA AND LAWRENCE D'SOUZA OF KUWAIT RECEIVE PAPAL HONOUR

It was a moment of great joy for the Konkani community of Kuwait when prominent Mangalorean personalities Vallie M D'Sa and Lawrence D'Souza received the Papal Medal "Pro Ecclesia et Pontifice" (For the Church and the Pope) for their meritorious service to the church. The award was presented in a ceremony on November 27, 2014 at Holy Family Cathedral Hall in Kuwait.

The Papal Medal, is the highest award of the Catholic Church given to the laity by the Papacy. Also known as the "Cross of Honour", it was instituted by Pope Leo XII. Fr Lionel Braganza introduced the awardees in his popular humorous way along with a short biography of both.

It was a proud moment for the families and friends gathered when Archbishop Peter Rajic, in the presence of Bishop Camillo Ballin of Kuwait awarded the honour by fixing the medals on the lapel of Vallie D'Sa and Lawrence D'Souza and read out the certificate awarded by the Pope.

Advocate David Pais raised the toast and explained the meaning of the award and importance of dedication towards community and church. Lawrence D'Souza replied to the toast and thanked everyone including Bishop Camillo Ballin who recommended them to the Pope.

**About the Awardees:** Vallie Maxim D'Sa, was one of the first



Mangaloreans to come to Kuwait. He is a successful businessman and a kind-hearted, simple and humble person. He is an alumni of Milagres High School and College and gained further education in journalism, medical standardship and business management. Vallie D'Sa is married to

Louisa D'Sa nee Coelho and has seven children. He is the vice-president and partner of Khalil Bahman & Partners General Trading and Contracting Company in Kuwait.



**Lawrence D'Souza**, managing director of Caesers Group is a leading businessman hailing from Shirva, a dedicated, kind-hearted and very helpful personality in Kuwait. He did his schooling at Shirva and College at St Aloysius, Mangalore. He graduated in economics and accountancy and worked in the ministry of communication,



Kuwait for 5 years and for Kuwait Air force from 1961-1975 and then started a private business firm Caesars (a restaurant chain) under the partnership of Ghazi al-Abdulrazzak. He is married to Anne, and is blessed with 4 children. He is a great supporter of many associations. **CASK offers its congratulations to Vallie D'Sa & Lawrence D'Souza on this prestigious papal honour.**

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### **NIVEDITH ALVA APPOINTED CHAIRMAN OF COASTAL DEVELOPMENT AUTHORITY**



The government of Karnataka has appointed Mr Nivedith Alva as chairman of the Coastal Development Authority, with the rank of Minister of State.

Nivedith is the youngest son of Mr. Niranjan Alva & Mrs Margaret Alva, former Governor of Rajasthan.

**CASK congratulates Nivedith on this prestigious appointment and wishes him every success.**

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### **DR DAVID TAURO ELECTED PRESIDENT - ORAL & MAXILLO FACIAL SURGONS OF INDIA**



Dr David P. Tauro of True Smile at Whitefield, Bangalore, has been elected as the President of the Association of Oral & Maxillo Facial Surgeons of India, for the year 2015-2016.

Dr Tauro is the alumnus of St Aloysius College & Rajiv Gandhi University of Health Sciences. He is the son of John & Merlyn Tauro of Valencia, Mangalore, and husband of Dr Sushmita. **CASK congratulates Dr Tauro & wishes him a successful tenure.**

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**ALLWYN FERNANDES - VETERAN JOURNALIST,  
COMMUNICATION CONSULTANT AND LAY CATHOLIC  
ACTIVIST OF MUMBAI PASSES AWAY**



*Fr Cedric Prakash, SJ*

ALLWYN FERNANDES, veteran journalist, communication consultant and lay Catholic activist, expired on December 2, 2014 in Mumbai after a two year battle with cancer which he fought as tenaciously as he had fought many social ills in his long and distinguished career.

Allwyn Fernandes, born 1 June 1948, headed the Media Practice and conducted Media and Crisis Management Training for Edelman India Pvt. Ltd. Drawing on his 25 years of media experience with The Times of India - Mumbai, where he held several senior positions, he has been counseling a wide range of global clients on media strategy and sensitivity for almost 20 years. He headed the Communications Skills Training for company spokespersons, Crisis Management Training for senior management and media awareness sessions for key executives, helping them to understand what media is looking for and avoid needless conflict.

Allwyn conducted media training sessions for senior management of several global and Indian companies including the Tata Group, GE, Citibank, J&J, Wal-Mart, Audi, Mercedes-Benz and technology companies like Yahoo.

Besides media training, Allwyn was been involved in several crisis management situations and public affairs campaigns that involved spokespersons training. He was invited to share his experiences on "Biotechnology in Asian Agriculture – Generating Public Support" at the Asian Agriculture Congress at Manila in April 2001.

Allwyn majored in Physics-Mathematics from St Xavier's College (Bombay University) in 1969 and then did his journalism from Bhavan's College of Mass Communications and the International Institute for Journalism in Berlin.

He is survived by his wife Enid and children Rohini and Rohan.

**CASK offers its condolences to the bereaved family.**

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## Obituaries - November/December

**CASK offers its sincere condolences to the families of the following members of our community, who passed away recently:**

1. Sylvan Sanctis (78), UK, husband of late Doll Sanctis, father of Gavin Sanctis, on October 16, 2014 in Middlesex, UK.
2. Clement D'Souza (58), Jeppu, husband of Leena D'Souza, father of Carol Lyna & Cletus Clinton, on October 31, 2014.
3. Denis Lobo (73), Kulshekar, husband of Margaret (Ritty), father of Dr Melita/Talbert Frank, Reuben & Melroy, on November 5, 2014.
4. Joachim (Jock) Sequeira, (88), (ex - Belgaum), husband of Amy, father of Ashwini/Sydney D'Sa, Rohan/Gladoli, Bharan/Maryann, on November 6, 2014 in Bangalore.
5. Wilfred Joseph DSouza (46), Bondel, son of Veronica and late Thomas D'Souza, brother of Late Jerome, Bridget, Victor, Henry, Isidore, Gregory, Paul, Celine and Amrith, on November 8, 2014.
6. Alwyn Praveen D'souza (39), Bejai, husband of Susan dsouza, father of Dean Luke, and Craig Mark, on November 9, 2014.
7. Henry E Fernandes (75), Angelore/Mumbai, husband of Miliana, father of Reena/Valerian & Anil/Wilma, on November 12, 2014.
8. Fredrick Blasius D'Almeida (68), Valencia, husband of Feliciana, brother of Sr Ida (Srs. of Charity, Chennagiri), on November 13, 2014.
9. Josephine D'souza (Jessy) (73), Milagres, wife of late Gilbert, mother of Neela/Walter Roche, Anil/Wilma D'Souza, Brinston/Irene D'Souza, Linette/Jerald Pinto, Loveena/Oliver Lobo, Vinod/Veena D'Souza, on November 15, 2014.
10. Sennon Lionel Rebello (61), Dubai/Valencia, husband of Mettilda Jacintha Rebello, father of late Linda Swathi Rebello and Sanoj Leon Rebello, on November 15, 2014.
11. Neil J. M. D'Souza (62), Milagres, husband of Sybil, father of Glenn, brother of Fr Clarence SJ, on November 17, 2014.
12. Juliana Maria Pinto (85), Kuwait/Cascia, daughter of late Francis and late Christina Pinto, on November 20, 2014.
13. Aloysius (Loy) Mathias (74), Milagres, husband of late Rita Mathias nee Pinto, father of Lekha Mathias, on November 21, 2014.
14. Benedicta (Benny) D'Silva (64), Bondel, wife of late Alphonse

- D'Silva, mother of Molly/Lancy, Geetha/Jude Noronha and Praveen/Priya, on November 21, 2014.
15. Teresa D'Souza (79), Bejai, wife of late Alexander Aloysius D'Souza, mother of Ashley/Leticia & Avertano/Leena, on November 21, 2014.
  16. Ivan Nazareth (70), Marnamikatta, husband of Goldwyna, father of LJ and JB, 'Patience Corner', Marnamikatta, on November 22, 2014.
  17. Norbert Menezes (67), Shakthinagar, husband of Juliana Menezes, father of Deepak and Neha, on November 23, 2014.
  18. Pascal Saldanha (81), Valencia, father of Richard/Flavey, Archie/Felicia, James/Clara, Shalini/late Oswald, Cliffere/Wilma, Veena/Wilfred, on November 25, 2014.
  19. Fr Walter Crasto (60), Jamshedpur Diocese, son of the late Cyprian and late Mary Crasto, on November 26, 2014.
  20. Peter D'Souza (70), Angelore, husband of Agnes D'Souza, father of Fr Deepak Oswald D'Souza (Allahabad), Shamini Deepika and Aswita Shalet, on November 26, 2014.
  21. Philomena Pinto (86), Angelore, wife of late Salvadore Cyril Pinto, mother of Alice/Michael, Grace/Richard, Wilfred/Flavia, Joseph/Linet, Dolphy/Amilia Marina, Mable/Dolphi & late Stephen, on November 28, 2014.
  22. Louis D'Costa (79), Angelore, husband of late Asses Mary D'Costa, father of Nancy/Ronald, Jacintha/Urban, Flossy/Lancy & Maxim/Shalini, on November 28, 2014.
  23. Robert D'Silva (60), Urva, husband of Mallika D'Silva, father of of Ritesh/Joyce & Rakshit, on November 28, 2014.
  24. Ronald Isidore Pinto (60), Kulshekar, husband of Hilda Pinto, father of Rayan & Riya, on November 29, 2014.
  25. Rakesh S (20) Kulshekar, son of Damodhar Shetty & Leeta D'Souza, brother of Priyanka Poonam & Chaya Seethara, on November 29, 2014.
  26. Fr Grebert Vincent Pinto (Nagpur Diocese), Originally Mallikatte / Bendore, son of late Lawrence Pinto & Evelyn Pinto, brother of Egbert/Shanti, late Filbert, Harriet Maria/Vincent D'Costa, Ivan/Molly Pinto & Sr Janet (Sisters of Charity, Dharwad Province), on December 1, 2014.